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The contents of this publication are believed correct at the time of printing. Nevertheless, the publisher can accept no responsibility for errors or omissions, changes in the detail given, or for any expense or loss thereby caused. Printed April, 2016

# Forth Valley Alcohol & Drug Partnership

Administration Area 5, Stirling Community Hospital,  
Livilands, Stirling, FK8 2AU  
Tel: 01786 454787  
[www.forthvalleyadp.org.uk](http://www.forthvalleyadp.org.uk)



## Support Staff

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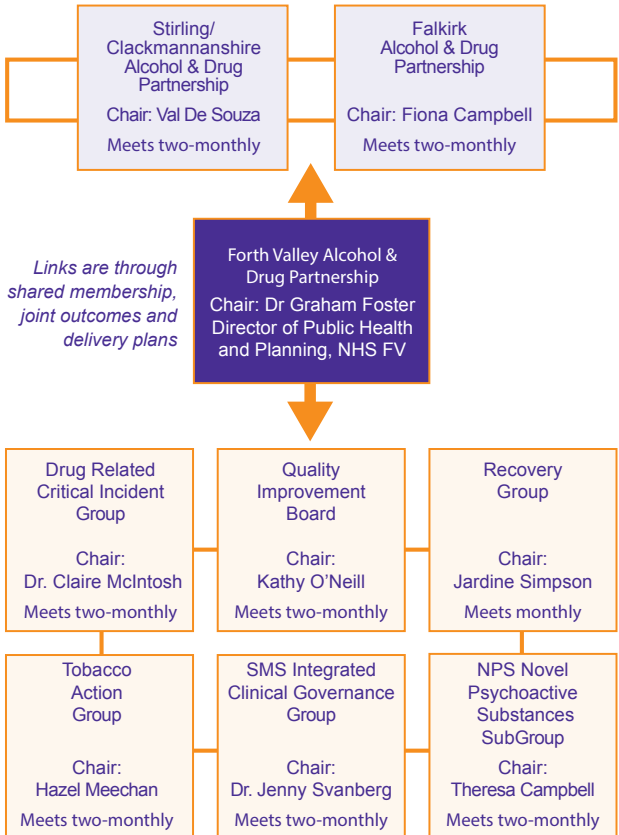
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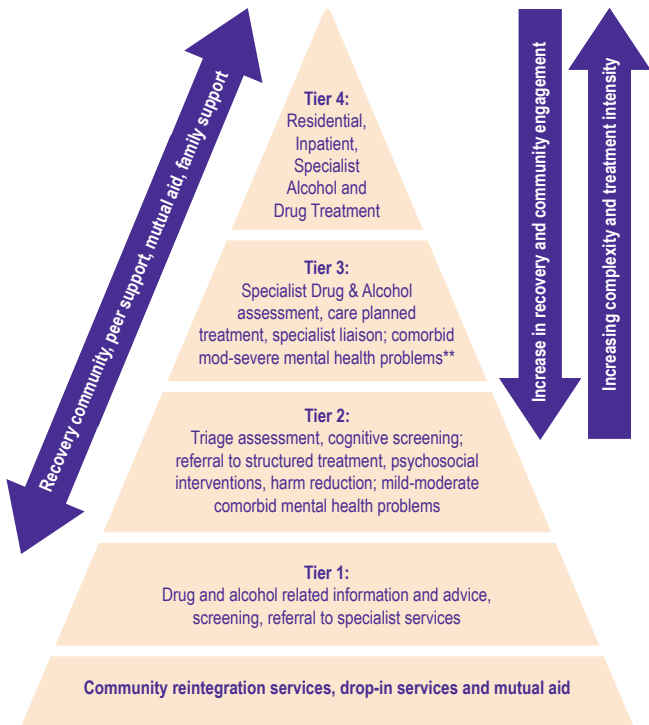
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# Forth Valley Alcohol & Drug Partnership - Structural Diagram



There are occasional short-life working groups

## Forth Valley Substance Misuse Services - Tiered Treatment and Intervention Modalities



## Background

Forth Valley ADP's (Alcohol & Drug Partnership's) have adopted a tiered approach to understanding and responding to substance related problems in Forth Valley. We include all illegal drugs; alcohol; tobacco; solvents & gases, over-the-counter medicines and those prescribed that are commonly used inappropriately.

Our definition of services and initiatives includes education and prevention work, support services, family support services, treatment and recovery services, mutual aid/self help support, rehabilitation and peer support services.

Each service / initiative has clarified its eligibility criteria and pathways of referral.

Consideration is given to workforce development requirements and the specific experience required for staff.

## Interventions Used

There are a limited number of interventions deemed effective within the substance field. The guiding principles in deciding what interventions should be made available to which clients and by what services should be based on a combination of:

- Evidence based practice
- Client need
- Service capacity
- Skills competencies and experience of staff

## Eligibility Criteria

Clear eligibility criteria not only make it easier for staff and potential clients to access the service, it aids staff employed within any service to understand where their contribution “fits”. By detailing the eligibility criteria for all services, an analysis of barriers to access and gaps in provision can be identified. A robust needs assessment is in place and can be found at [www.forthvalleyadp.org.uk](http://www.forthvalleyadp.org.uk)

## Referral Process

A single point of referral is in operation across Forth Valley.

It is to be understood that once an individual enters the Forth Valley pathway and an initial assessment is completed there should be no additional barriers to the individuals speedy referral to the most appropriate provider.

To make a referral please contact  
Signpost Recovery on **0845 673 1774**.



## Training & Qualifications of Staff

The ability of staff to deliver interventions and monitor outcomes is critical to the success of any service. Linked to this is the provision of appropriate and frequent clinical and managerial supervision.

Forth Valley ADP's recognise and prioritise workforce development for staff working in this field. The FV ADP's are committed to developing and implementing a comprehensive Workforce Development Strategy in line with the Strategic Workforce Statement from the Scottish Government. This will enable Forth Valley to deliver to the highest standards and develop a suitably trained confident, competent workforce to support the delivery of the National Quality Principles for Substance Services.

## Monitoring & Evaluation Processes

All services provide monthly outcomes and activity reports. For those services commissioned by FV ADP quarterly reports form part of the Service Contract. All services contribute information to the national data bases for SMR25 (Scottish Morbidity Record) and National Waiting Times for Drug and Alcohol Services.



# Recovery Support

Mutual Aid

Self Help

## Mutual Aid

### ► **Mutual Aid and Self Help for Substance Recovery in Forth Valley**

*If your alcohol or drug use has reached the point where it worries you, there are support organisations that are here to help.*

*If you want help, please see the services within this directory of available support across the Forth Valley area. Remember there are no fees or subscriptions for any of these services.*

*These services are open and welcoming to all.*

---

### **Alcohol Anonymous Helpline - 0800 917 7650**

#### **Clackmannanshire area - Alcoholics Anonymous Meetings**

##### **Alloa**

- Monday 8pm Alloa Town Hall
- Thursday 10.15am Alloa Town Hall
- Thursday 8pm Health Education Room, CCHC, Hall Park, Sauchie

##### **Menstrie**

- Thursday 7.30pm Dumyat Community Centre, Main Street East
- Big Book & Meditation**

##### **Tullibody**

- Friday 8pm Leisure Centre, Abercrombie Place
- Sunday 5pm Leisure Centre, Abercrombie Place **Big Book**

## **Alcohol Anonymous Helpline - 0800 917 7650**

### **Stirling area - Alcoholics Anonymous Meetings**

#### **Bannockburn**

Wednesday 8pm St Ninians Church, Quakerfield Rd, Stirling

#### **Bridge of Allan**

Monday 8pm Holy Trinity Church, Keir Street **12 Step**

#### **Callander**

Friday 8pm Kirk Hall, South Church Street

#### **Cambusbarron**

Saturday 6.30pm to 7.30pm Communiy Centre, St Ninians Road **WIR**

Sunday 6pm to 7pm Community Centre, St Ninians Road

#### **Dunblane**

Wednesday 8pm Cathedral Church Hall

Saturday 8pm Cathedral Church Hall

#### **Killin**

Sunday 8pm The Vestry, Church of Scotland, Main St  
7.30pm *in winter*

#### **Stirling**

Monday 12.30pm Mayfield Centre, St Ninians

Tuesday 2pm Mayfield Centre, St Ninians

Tuesday 8pm Methodist Church, Queen Street

Wednesday 7.30pm Allan Park South Church, Dumbarton Road **Big Book**

Thursday 8pm Methodist Church, Queen Street

Friday 1.30pm Mayfield Centre, St Ninians

Friday 8pm Hillview Community Centre, 13 Culthenove Place

Saturday 6.30pm to 7.30pm Salvation Army, Drip Road, Raploch

Sunday 8pm St Marks Church, Drip Road, Raploch

## Mutual Aid

### Alcohol Anonymous Helpline - 0800 917 7650

#### Falkirk area - Alcoholics Anonymous Meetings

##### Bo'ness

- Monday 8pm Old Kirk Brae, Panbrae Road  
Friday 8pm St Cathrine's Church, Cadzow Crescent

##### Carron

- Monday 7.30pm Free Kirk, Beaumont Drive - **Prayer & Meditation**  
Wednesday 2pm Free Kirk, Beaumont Drive

##### Denny

- Thursday 8pm Baptist Church, Herbertshire Street  
Sunday 8pm St Alexanders Church Hall, Stirling St

##### Falkirk

- Monday 7.30pm St Andrew's West Church, Upper Newmarket St  
*Door locked - ring bell*
- Tuesday 8pm St Andrew's West Church, Upper Newmarket St - **Big Book**
- Wednesday 8pm St Andrew's West Church, Upper Newmarket St  
*door locked - ring bell*
- Friday 10.30am Falkirk Trinity Church (off High Street - opposite M&S)
- Friday 8pm Falkirk Trinity Church **Big Book**  
(off High Street - opposite M&S) *door locked - ring bell*
- Saturday 8pm Falkirk Trinity Church,  
(off High Street - opposite M&S) *door locked - ring bell*
- Sunday 3pm to 4.30pm Falkirk Trinity Church,  
(off High Street - opposite M&S) *door locked - ring bell*

### Grangemouth

Thursday 8pm Swimming Pool Community Halls, Abbots Rd **Step & Trad**

Saturday 10am Swimming Pool Community Halls, Abbots Road

### Larbert

Thursday 8pm Old Parish Church, Larbert Cross

### Stenhousemuir

Monday 8pm Scout Hall, James Street, *door locked - ring bell*

Tuesday 8pm Larbert East Church, Kirk Avenue

Friday 8pm Larbert East Church, Kirk Avenue

## Mutual Aid

### **Al-Anon/Alateen Confidential Helpline - 0207 403 088**

***For friends, family and teenage children of alcoholics***

- Monday 8pm Grahamston United Church,  
Bute Street, Grahams Road, Falkirk FK2 7DH
- Wednesday 8pm Lornshill Academy, Tullibody Road, Alloa FK10 2EU
- Thursday 10.45am Methodist Church, Queen Street, Stirling FK8 1SL
- Friday 8pm Old Parish Church, Larbert Cross, Larbert FK5 4AF

### **Cocaine Anonymous Helpline - 0141 959 6363**

 [info@cascotland.org.uk](mailto:info@cascotland.org.uk)

 [www.cascotland.org.uk](http://www.cascotland.org.uk)

***For cocaine, alcohol and all mood/ mind-altering substances***

- Tuesday 8pm to 9.30pm The Sub, Dawson Campus,  
David's Loan, Falkirk FK2 7RG

### **Gamblers Anonymous Helpline - 0370 050 8881**

 [www.gascotland.org](http://www.gascotland.org)

- Tuesday 7.30pm Old St Monans Parish Church, Manse Place,  
Falkirk FK1 1JN (*opposite M&S*)
- Thursday 7.30pm Salvation Army, Main Street, Stenhousemuir FK5 4HB



## ***Narcotics Anonymous Helpline - 0300 999 1212***

 [www.ukna.org.uk](http://www.ukna.org.uk)

- Monday 7.30pm to 9pm Methodist Church,  
Queen Street, Stirling FK8 1SL
- Friday 7.30pm to 9pm Salvation Army,  
19 Drip Road, Raploch, Stirling FK8 1RA
- Friday 4pm to 5pm ASC, 32 Vicar St, Falkirk FK8 4HB

## ***Families Anonymous Helpline - 0845 1200 660***

### ***Feelings Meeting / Peer Support Group***

- Tuesday 11am to 12 midday Salvation Army Hall, Drip Rd, Stirling  
Contact Paul 07580 851 151 or Lynda 07730 387 474

### **Smart Recovery/Pop Up Recovery**

#### **Pop up Recovery**

Wednesday 2.30pm Tryst community Centre, Park Dr, Stenhousemuir

#### **SMART Recovery Meetings**

Wednesday 3.45pm Tryst Community Centre, Park Dr, Stenhousemuir

***Check the FV ADP Website for new dates***

# Recovery Support

## Health

Where to get a meal

Where to get accommodation

How to find a doctor

How to find a dentist

Domestic Abuse

Advocacy Services

## Social Care

Clacks & Stirling Council Services to People  
Social Services Adult Care

Falkirk Council - Criminal Justice Services

Clacks & Stirling Council Services to People  
Criminal Justice Services

## Employment

Job Centre Plus

Clackmannanshire Works - Employment Service

Falkirk Council, Community Services, Employment  
and Training Unit

Stirling Council Employability Service

Apex Scotland: Employment & Guidance

## *Where to get a meal*

### **CLACKMANNANSHIRE**

April to September, Tuesday, 12 mid-day to 1pm

October -to March, Tuesday & Thursday, 12 mid-day to 1pm

Alloa Soup Pot - Alloa North Church Hall, Tullibody Road, Alloa.

Serves soup and a roll, free.

### **FALKIRK**

Monday to Friday, 4pm to 5.15pm

Salvation Army Hall, 1 Woodside Court, High Station Road, Falkirk

Serves 2 course meal, free.

### **STIRLING**

Monday to Friday, 3pm to 4.45pm

Salvation Army Hall, 19, Drip Road, Stirling

Serves 3 course meal, free.

*The Salvation Army in Falkirk & Stirling can also provide:*

- *Sleeping Bags & Toiletries (when available), Clothing, Washing Facilities, Support, Chiropody Service, Advice & Help.*
- *Drop in Services - Falkirk & Stirling provide access to Sign Post*  
*Stirling also offers access to a Dentist, GP, In Touch & Open Secret*  
*Speak to the staff and they will give you details of when they are on.*

## *Where to get accommodation*

### **Homelessness**

If you are homeless or at risk of becoming homeless you should contact the Council's Homelessness Team in your area.

#### **CLACKMANNANSHIRE**

9am to 5pm: 01259 452397

Out of Hours: 01259 452000

#### **FALKIRK**

9am to 5pm: 01324 503600

Out of Hours: 0800 587 4440

#### **STIRLING**

9am to 5pm: 01786 432400

Out of Hours: 01786 470500

#### **THE BRIDGE: 53-57 Lower Bridge St, Stirling FK8 1AA - 01786 448633**

A drop in facility where young people in the Stirling area can meet, access the internet, get information, advice and practical support on a range of issues.

#### **FALKIRK ACCOMMODATION RESOURCE CENTRE**

Provides advice on homelessness and housing, health, welfare, benefits and debt advice.

Monday to Friday, 9am to 5pm, 01324 503600

## How to find a doctor

*Everyone is entitled to be registered with a GP even if you don't have a permanent address.*

*If you are trying to register with a GP you can use a care of address, such as a friend or relative's, or the GP Practice itself.*

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▶ ***If you have any problems getting registered call the registration helpline:***

**Telephone: 0845 300 1661**

**Opening Times: (By phone)**

Monday to Wednesday 8.30am to 5.30pm

Thursday & Friday 8.30am to 4.30pm

Saturday & Sunday Closed

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▶ ***General Practitioner (Doctor)***

In an emergency situation you can receive health care at the accident and emergency department at: **Forth Valley Royal Hospital, Larbert**

Or at the minor injuries department at:

**Stirling Community Hospital**, Livilands, Stirling

**Falkirk Community Hospital**, Westburn, Falkirk

For advice about your health call:

**NHS 24 FREEPHONE: 0800 224488**

## *How to find a dentist*

For information on finding a dentist or accessing emergency treatment phone  
**Forth Valley Dental Helpline: 0844 800 6886**

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### ▶ ***Emergency Dentist***

**Telephone: 0844 800 6886**

The above number is available 8.30am to 4.30pm Monday to Friday.

After 6pm and at weekends please call

**NHS 24 on 08454 242424**

## **Domestic Abuse**

*Women's Aid offers refuge accommodation, information, practical and emotional support for women and their children (if any) who are fleeing mental, physical or sexual abuse.*

**Clackmannanshire Women's Aid** - 01259 721407

**Falkirk & District Women's Aid** - 01324 635661

**Stirling Women's Aid** - 01786 470897

To report incidents of domestic abuse call Police HQs on 101 or dial 999 in an emergency. To speak to someone in the Public Protection Unit call 01324 574 905.

**Scottish Domestic Abuse Helpline** - 0800 027 1234

**Men's Advice Line** (for men experiencing domestic abuse) - 0808 801 0327

If you are using drink or drugs as an excuse for hurting your partner or ex-partner and want help to stop this behaviour, call the Respect helpline on 0800 802 4040.

Broken Rainbow is the UK's only national LGBT domestic abuse helpline.  
Tel: 0300 999 5428



### *Advocacy Services*

 01324 557070

 [fv-uhb.fvadvocacy@nhs.net](mailto:fv-uhb.fvadvocacy@nhs.net)

*Forth Valley Advocacy is an independent organisation that works across the Forth Valley area. Workers providing a service to older people and to mental health services are peripatetic and visit hospitals and other facilities, including home visits, as appropriate.*

 01324 633321

*Central Advocacy Partners provides independent advocacy for people with learning disabilities in Clackmannanshire, Falkirk and Stirling.*

# Clacks & Stirling Council Services to People Social Services Adult Care

 Clackmannanshire Community Hospital, Social Work,  
Hallpark Road, Sauchie FK10 3JQ

 01259 452498

 01259 720143

 [adultcare@clacks.gov.uk](mailto:adultcare@clacks.gov.uk) (general enquiries only)

 [www.clacksweb.org.uk/social/adultcare/](http://www.clacksweb.org.uk/social/adultcare/)

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### ► **Overall Aim of Service:**

*To provide community care information, advice and social work support for adults in need. The Clackmannanshire Community Care Teams are based in two offices (Listed above depending on the area you stay in):*

*Adult Care Services aim to support adults in need and to promote well-being and independence through the provision of a range of services; these include advice and support at home, day provisions, residential care and supported accommodation.*

*Adult Care services are for people who are vulnerable due to their age, mental or physical illness, addiction or disability. Support and respite is also provided for carers. Adult Care works closely with health and housing services to ensure that people get appropriate help when needed.*

*Anyone can request an assessment by contacting the Community Care Teams.*

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### ► **Opening Times**

**The Emergency Duty Team is available during out-of-office hours on  
01786 470500**

## Falkirk Council - Criminal Justice Services

 Criminal Justice Service, Brockville, Hope Street,  
Falkirk FK1 5RW

 01324 506400

 [swk.criminaljustice@falkirk.gov.uk](mailto:swk.criminaljustice@falkirk.gov.uk)

 [www.falkirk.gov.uk](http://www.falkirk.gov.uk)

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### ▶ **Overall Aim of Service:**

*Overall aim of service: The Criminal Justice Service aims to enhance community safety and public protection, reduce the risks associated with re-offending, improve outcomes for people with convictions, and assist prisoners to re-settle back into the community after release from custody.*

### ▶ **Catchment Area**

Falkirk Council

### ▶ **Opening Times**

Monday to Friday 9am to 5pm

**Emergency contact:** 01786 470500

### ▶ **Age Range:** 16+

### ▶ **Services Provided:**

- Reports to court to assist decisions on sentencing
- Court services to assist those attending court
- Bail information and supervision services
- Diversion from prosecution
- Supervising community sentences
- Delivering programmes of work to address needs and offending behaviour
- Organising and supervising unpaid work for the benefit of the community
- Delivering social work services to people whilst they are in prison
- Reports to the Parole Board
- Assisting people to re-settle back into the community after release from custody.

# Clacks & Stirling Council Services to People Criminal Justice Services

 **Clackmannanshire:** Glebe Hall, Burgh Mews, Alloa FK10 1HS

 01259 452200 / 450000

 [cjs@clacks.gov.uk](mailto:cjs@clacks.gov.uk)

 [clacksweb.org.uk/social/](http://clacksweb.org.uk/social/)

 **Stirling:** 8 - 10 Corn Exchange Road, Stirling FK8 2HU

 01786 233950 / 477177

 [criminaljustice@stirling.gov.uk](mailto:criminaljustice@stirling.gov.uk)

 [stirling.gov.uk](http://stirling.gov.uk)

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### ► Overall Aim of Service:

**Clackmannanshire** - Clients of 16 years + who are either subject to a statutory order (e.g. Probation, Community Service, Parole), or are the subject of a request for a social work report by the court are referred to this service. This service provides their clients with information & advice, risk assessment, counselling, groupwork, reports to the court, probation & aftercare supervision and home background reports.

**Stirling** - The service works with people aged 16+ who have been convicted of an offence. Services range from reports prepared for Courts and the Parole Board, assessments of need and risk to interventions designed to support change and encourage a pro-social lifestyle.

Interventions can include structured programmes delivered individually or in a group setting, 1-2-1 support, practical assistance and advice/ guidance.

The service works closely with a range of partners including Courts, Police, Prisons, Alcohol and Drugs services, voluntary agencies and Community Enterprises.

## *Job Centre Plus*

**CONTACTS:** See website for locations throughout Forth Valley



[www.gov.uk/contact-jobcentre-plus](http://www.gov.uk/contact-jobcentre-plus)

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► **Overall Aim of Service:**

*To provide careers information, advice, support and career planning for clients of all ages.*

*Key workers provide holistic support to assist young people to enter and sustain employment, training or Further Education.*

**Alloa** - 17 Mar Street, Alloa, Clackmannanshire FK10 1LX

Tel: 0845 604 3719

Textphone: 0845 608 8551

**Falkirk** - 10B Wellside Place, Falkirk FK1 5SE

Tel: 0845 601 2001

Textphone 0845 608 8551

[www.jobcentreplusoffices.co.uk/en.scotland/edinburgh/308-falkirk-job-centre-plus-office](http://www.jobcentreplusoffices.co.uk/en.scotland/edinburgh/308-falkirk-job-centre-plus-office)

**Grangemouth** - 13-15 Charlotte Dundas Court, Grangemouth FK3 9EA

Tel: 0845 604 3719

Textphone: 0845 608 8551

**Stirling Wallace House** - Maxwell Place, Stirling FK8 1JU

**Stirling South Lodge** - 2 St Ninians Road, Stirling FK8 2HF

Tel: 0845 604 3719

Textphone: 0845 608 8551

[www.jobcentreplusoffices.co.uk/en.scotland/](http://www.jobcentreplusoffices.co.uk/en.scotland/)

## **Clackmannanshire Works - Employment Service**

 Kilncraigs, Greenside Street, Alloa FK10 1EB

 01259 226699

 cworks@clacks.gov.uk

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### ▶ **Overall Aim of Service:**

*To help people progress into employment through personal development, confidence building, referral to agencies, work experience, training and/or employment advice.*

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### ▶ **Catchment Area**

Clackmannanshire Local Authority Area

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### ▶ **Opening Times**

Monday to Thursday 9am to 5pm (In person or by phone)

Friday 9am to 4pm (In person or by phone)

**Outwith the above hours:** None

- ▶ **Age Range:** 16 years plus
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes, but services should be accessed mainly through referrals.
- ▶ **Client Groups:** Must be Clackmannanshire residents. We can work with unemployed people who are not on the Work Programme. We can also work with people who are in employment if they are facing redundancy or need up skilling to remain in the workplace.
- ▶ **Services Provided:** Support to help unemployed people progress towards or into work. Also support to people in work to help them gain new skills or qualifications.
- ▶ **Any other relevant information:** This is a voluntary service. Client must meet eligibility criteria. Clients need to be referred by JCP, Careers Scotland or other Council services. Client must be able to work with adviser and show commitment to courses etc. that are organised.
- ▶ **Types of Substance Use Provided for:** Service is open to all but must be able to engage in service. Clackmannanshire Works does not provide support with substance misuse directly but is useful for those progressing from substance misuse into mainstream activities i.e. work and training.
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** Yes
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**  
We can provide support for mild disabilities such as dyslexia but we are not geared up for specialist areas such as autism.
- ▶ **Services are available for people with a visual impairment**  
See above statement
- ▶ **Services are available for people with a hearing impairment**  
See above statement
- ▶ **Services are available for people whose first language is not English** See above statement
- ▶ **Support is available to families of people who are current or prospective clients with the service:** No
- ▶ **Does the venue have accessible car parking spaces?** Yes

## **Falkirk Council, Community Services, Employment and Training Unit**

 Municipal Chambers, Bo'ness Road,  
Grangemouth FK3 8AF

 01324 504400 FREEPHONE 0800 028 0363

 01324 504401

 [etu@falkirk.gov.uk](mailto:etu@falkirk.gov.uk)

 [www.falkirk.gov.uk](http://www.falkirk.gov.uk)

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### ▶ **Overall Aim of Service:**

*"The Employment and Training Unit aims to help local people of working age to gain the skills and work experience they need to compete in the labour market and get jobs. As an inclusive organisation we believe that everyone has the right to be treated with respect and we are committed to the highest possible standards in everything we do."*

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### ▶ **Catchment Area**

Falkirk Local Authority Area

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### ▶ **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

**Outwith the above hours:** None



- ▶ **Age Range:** 15 to 65
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes

▶ **Client Groups:** Unemployed residents of Falkirk Council area.

Priority given to young people who fall within the NEET group and people who live in Regeneration areas.

▶ **Services Provided:**

- Positive Transition from School: alternative curriculum for pupils in their final year at school who are at risk of becoming NEET.
- Pre-Employment Support: 4 week, P/T programme including confidence building, employability planning, needs assessment.
- Work Based Training including Modern Apprenticeships: waged opportunities for individuals who want to develop work based skills and employability through work experience, vocational training, core skill development and personal skill development.

▶ **Types of Substance Use Provided for:** Where it is identified that a client is misusing substances, a referral will be made to the appropriate agency.

▶ **Is your building/service an accessible venue?** Yes

▶ **Provisions are in place to ensure those with a physical disability have access.** All buildings have wheelchair access. In certain circumstances outreach services can be provided.

▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes

▶ **Support is provided for people with learning difficulties**

- Materials in easy read format
- Carer/ PA provision

▶ **Services are available for people with a visual impairment**

- building/room accessibility
- room layout
- large print materials/colour tone contrast materials
- audio provision

▶ **Services are available for people with a hearing impairment**

- loop system available in the room consultations/events take place
- personal communicators
- BSL interpreter
- Lipspeaker
- Palantypist
- Deafblind Guide Communicator

▶ **Services are available for people whose first language is not English**

- Ethnic Minority interpreter

▶ **Support is available to families of people who are current or prospective clients with the service**


▶ **Does the venue have accessible car parking spaces?** Yes

## *Stirling Council Employability Service*

 1 - 5 Port Street, Stirling FK8 2EJ

 01786 233966

 employability@stirling.gov.uk

 [www.stirling.gov.uk/services/business-and-trade/advice-and-support-for-businesses/support-for-businesses-business-advice/employability](http://www.stirling.gov.uk/services/business-and-trade/advice-and-support-for-businesses/support-for-businesses-business-advice/employability)

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### ▶ **Overall Aim of Service:**

We give advice, guidance and organise assessments, training, work experience and employment opportunities. Everything is focused on the individual needs of our clients and supporting the clients to access work and sustain work.

**For more information, please email us or call 01786 233966.**

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### ▶ **Catchment Area**

Stirling Local Authority Area

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### ▶ **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

**Outwith the above hours:** We currently have no provision out with core hours.

- ▶ **Age Range:** 16+ no upper age limit
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes
- ▶ **Client Groups:** Learning Disabilities, Mental Health, Physical Impairments, Autistic Spectrum Disorders.  
All health conditions that inhibit clients progressing to employment are eligible for consideration in defining eligibility for this Service.
- ▶ **Services Provided:** The Services offered are delivered by a process of Case Management, clients can access vocational rehabilitation, training, assessment, job coaching, support with job matching, employer engagement, job retention. Access to Keep Well Forth Valley as and anticipatory care provision. If the client requires additional services we will endeavour to identify provision and support available. All clients have access to a full holistic health check through Keep Well Forth valley.
- ▶ **Types of Substance Use Provided for:** Provision is made for clients who are experiencing issues related to substance misuse if the client has a recognised health condition that is a barrier to employment. The clients must be capable of engaging with the service.
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** Yes
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties** Yes
- ▶ **Services are available for people with a visual impairment** Yes
- ▶ **Services are available for people with a hearing impairment** Yes
- ▶ **Services are available for people whose first language is not English** N/A
- ▶ **Support is available to families of people who are current or prospective clients with the service:** Yes
- ▶ **Does the venue have accessible car parking spaces?** Yes

## Apex Scotland: Employment & Guidance

 Unit 2, Block 1, Cooperage Business Village,  
Cooperage Way, Alloa FK10 3LP

 01259 725640

 [forthval@apexscotland.org.uk](mailto:forthval@apexscotland.org.uk)

 [apexscotland.org.uk](http://apexscotland.org.uk)

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### ► **Overall Aim of Service:**

*To assist individuals serving Criminal Justice Community Sentences who may have drug/alcohol, mental health, homelessness issues, to address their offending behaviour and move back into training, education or employment.*

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### ► **Catchment Area**

Forth Valley Wide

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### ► **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

**Outwith the above hours:** N/A

- ▶ **Age Range:** 16+
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Social Worker/ Criminal Justice Worker
- ▶ **Client Groups:** Individuals with a live Criminal Justice link in Forth Valley.
- ▶ **Services Provided:** Supported through the Disclosure process and assisted with work or training prospects including CV writing, mock interviews.
- ▶ **Any other relevant information:** Clients can be seen on an outreach basis at premises within their own area or from the Apex unit in Alloa.
- ▶ **Types of Substance Use Provided for:** Apex works with individuals involved in all types of substance misuse.
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** All buildings have wheelchair access.
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**
  - Materials in easy read format
  - Carer/ PA provision
- ▶ **Services are available for people with a visual impairment**
  - building/room accessibility
  - room layout
  - large print materials/colour tone contrast materials
  - audio provision
- ▶ **Services are available for people with a hearing impairment**

All individual support needs are addressed on a case by case basis to allow clients to access the service.
- ▶ **Services are available for people whose first language is not English** Translation, interpreter available if required.
 

All individual support needs are addressed on a case by case basis to allow clients to access the service.
- ▶ **Support is available to families of people who are current or prospective clients with the service:** No
- ▶ **Does the venue have accessible car parking spaces?** Yes



# Tier 1

**Community Pharmacy Services**

**Forth Valley Family Support Service**

**Forth Valley Hepatology Service**


**Signpost Recovery**

**Stop Smoking Services (SSS)**

# Tier 1

## Community Pharmacy Services

 Lead Pharmacist in Mental Health & Substance Misuse

 Administration Area 5, Stirling Community Hospital,  
Livilands, Stirling FK8 2AU

 01786 454798

 07920 711033

 jean.logan@nhs.net

 [www.nhsforthvalley.com/health-services/  
doctors,-dentists,opticians-and-pharmacies/](http://www.nhsforthvalley.com/health-services/doctors,-dentists,opticians-and-pharmacies/)

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### ► **Overall Aim of Service:**

*To provide supervised consumption and dispensing of methadone and buprenorphine.*

*To provide injecting equipment, harm reduction information and naloxone supply. Injecting Equipment Provision (IEP) Participating Pharmacies (see [www.forthvalleyadp.org.uk](http://www.forthvalleyadp.org.uk))*

*To provide advice on secure handling and safe storage of medicines.*

*To provide advice and prescribe for minor ailments for those registered with the Minor Ailment Services (MAS) within their community pharmacy.*

*To provide public health services including support with smoking cessation, advice on alcohol and safe drinking limits, sexual health services.*

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### ► **Catchment Area**

Forth Valley Wide

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### ► **Opening Times - Refer to individual community pharmacies.**

In general Monday to Friday 9am to 5pm or 6pm

Saturday 9am to 1pm Some open Saturday afternoon and Sunday



- ▶ **Age Range:** All
- ▶ **Charge:** Free advice, free prescriptions with the exception of minor ailment service outwith exemption categories.
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes
- ▶ **Client Groups:** All
- ▶ **Services Provided:**
  - Most provide substitute opioid dispensing services
  - Some provide injecting equipment, harm reduction advice and naloxone supply
  - All provide Public Health Services
  - All provide Minor Ailment Service (MAS)
- ▶ **Types of Substance Use Provided for:** All
- ▶ **Is your building/service an accessible venue?** Yes
  - ▶ **Provisions are in place to ensure those with a physical disability have access**  
Most buildings have wheelchair access.
  - ▶ **Does the venue the service is provided from have an accessible toilet/s?** No
  - ▶ **Support is provided for people with learning difficulties**
    - Materials in easy read format
    - Carer/ PA provision
- ▶ **Services are available for people with a visual impairment**
  - building/room accessibility
  - room layout
  - large print materials/colour tone contrast materials
  - audio provision
- ▶ **Services are available for people with a hearing impairment**
  - loop system available in the room consultations/events take place
  - personal communicators
  - BSL interpreter
  - Lipspeaker
  - Palantypist
  - Deafblind Guide Communicator
- ▶ **Services are available for people whose first language is not English**
  - Ethnic Minority interpreter
  - Other
- ▶ **Support is available to families of people who are current or prospective clients with the service**
- ▶ **Does the venue have accessible car parking spaces?**  
Variable

# Tier 1

## Forth Valley Family Support Service

 Head Office - Stirling House, 226 St Vincent Street,  
Glasgow G2 5RQ

 0141 221 0544

 [fvfamilies@sfad.org.uk](mailto:fvfamilies@sfad.org.uk)

 [www.fvfamilies.org.uk](http://www.fvfamilies.org.uk)

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### ► **Overall Aim of Service:**

*Forth Valley Family Support Service provides information and support to individuals, family members and friends affected by someone else's alcohol or drug use.*

*We aim to increase knowledge of addiction issues and help family members and friends cope better and influence positive change for themselves and loved ones.*

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### ► **Catchment Area**

Forth Valley Wide, Stirling Local Authority Area, Falkirk Local Authority Area, Clackmannanshire Local Authority Area, Specific area within one Local Authority Area, National

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### ► **Opening Times**

Monday to Friday 9am to 5pm (In person)

Saturday - Outwith hours by arrangement (By phone)

Sunday - Telephone Family Support Development Officer,  
Martha Buckingham 07484 024407

**Outwith the above hours:** Forth Valley Family Support Staff are generally available Monday - Friday, 9am to 5pm, however there is 1:1 evening support available and groups which run in the evening. Helpline available weekdays until 11pm, Saturday and Sunday, 5pm to 11pm **Helpline No 08080 10 10 11**

- ▶ **Age Range:** 18+
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes, Family members can self refer.
- ▶ **Client Groups:** Anyone from Forth Valley 18+ years, who is impacted by another's alcohol or drug use.
- ▶ **Services Provided:**
  - 1:1 Support
  - Advocacy
  - Family Support Group
  - CRAFT (Community Reinforcement & Family Training) Programme
  - Signposting to other relevant agencies
  - Alcohol & Drug Information
  
- ▶ ***Current Group Information:***

### **Falkirk Family Support Groups**

Grangemouth Education Unit,  
By Sports Complex,  
Abbots Road,  
Grangemouth  
FK3 8JE  
Mondays mornings 10am to 12 midday (weekly)

Greenpark Community Centre,  
Greenpark Drive,  
Polmont  
FK2 0PZ  
Wednesday evenings 6pm to 8pm (fortnightly from 23 March 2016)

## Stirling Family Support Group

Raploch Community Partnership (within Raploch community campus)

Drip Road

Stirling

FK8 1SD

Thursday evenings 6pm to 8pm (fortnightly from 17 March 2016)

## Clackmannanshire Family Support Group

Clackmannanshire Third Sector Interface

The Hub

Whins Road

Alloa

FK10 3SA

Thursday afternoons 2pm to 4pm (fortnightly from 10 March 2016)

### ► **Types of Substance Use Provided for:**

- Alcohol
- Illicit Drugs
- Prescription Drugs
- NPS (Novel Psychoactive Substances)

► **Is your building/service an accessible venue?** Yes. At most of our office locations.

► **Provisions are in place to ensure those with a physical disability have access** Yes. At most of our office locations.

► **Does the venue the service is provided from have an accessible toilet/s?** Yes. At most of our office locations.

► **Support is provided for people with learning difficulties**  
People with learning difficulties are welcome at the groups and can bring another person/support worker with them if preferred.

► **Services are available for people with a visual impairment**  
There is not specific provision, however locations are accessible.

▶ **Services are available for people with a hearing impairment**

No specific provision, however a BSL interpreter can be considered.

▶ **Services are available for people whose first language is not English**

No specific provision, however an interpreter can be considered.

▶ **Support is available to families of people who are current not clients with the service?**

Yes support available to family and friends whether client engaged with any service/treatment.

▶ **Support is available to families of clients?**

Yes family and friends who are impacted by another's substance use.

▶ **Does the venue have accessible car parking spaces?**

On street parking at sites.

▶ **Any other relevant information?**

Please call Family Support Development Officer, Martha Buckingham 07484 024407 for further information about the service.

# Tier 1

## Forth Valley Hepatology Service

### **(Blood Borne Virus Team)**

 Office Number / Patient Pathway Co-ordinator  
01786 434079

 FV-UHB.hepatology@nhs.net

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#### **▶ Overall Aim of Service:**

*To provide an advice, testing, care and treatment service for anyone who feels they have been at risk of contracting a viral hepatitis (Hepatitis B or C) or those who are aware of their diagnosis of viral hepatitis in a variety of friendly settings across Forth Valley.*

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#### **▶ Catchment Area**

Forth Valley Wide

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#### **▶ Opening Times**

Day	Hours	Location
Mon:	9am to 12 midday	Westbank Clinic in Falkirk
Mon:	9am to 11.30am	Out-patients, Stirling Community Hospital
Mon:	2pm to 5pm	Forth Valley Royal Hospital
Tue:	10am to 12 midday	CADS Drop In clinic – Stirling Community Hospital
Tue:	2pm to 4.30pm	Clackmannan Community Healthcare Centre, Sauchie
Thur:	9am to 12 midday	Stirling Community Hospital
Fri:	9am to 12 midday	Clackmannan Community Healthcare Centre, Sauchie

- ▶ **Age Range:** From 14 years
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes
- ▶ **Client Groups:** All clients
- ▶ **Services Provided:**
  - Testing for blood borne viruses (Hepatitis B, C and HIV)
  - Advice on harm reduction
  - Ongoing care and treatment of viral hepatitis (Hepatitis B & C)
  - Signposting to Alcohol & Drug Support services & Mental Health Services
  - Link to C4th – Patient support group for all patients with blood borne viruses
- ▶ **Types of Substance Use Provided for:** The service sees individuals with all types of substance misuse
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** All buildings have wheelchair access. Every effort is made to ensure clients are offered appointments as close to their own locale as possible in a variety of Outreach settings.
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**
  - Easy to understand and visual leaflets have been developed via close links with Speech and Language therapy to ensure that individual patients' needs are met.
  - Carer and personal assistant provision
- ▶ **Services are available for people with a visual impairment**
  - building/room accessibility
  - room layout
  - large print materials/colour tone contrast materials
  - audio provision
- ▶ **Services are available for people with a hearing impairment**
  - loop system available
  - personal communicators
  - BSL interpreter
  - Lipspeaker
  - Palantypist
  - Deafblind Guide Communicator
- ▶ **Services are available for people whose first language is not English**
  - Interpreters are arranged, as required, for each appointment
  - Ethnic Minority interpreter
- ▶ **With a client's consent, support and advice is available to families and other involved agencies of people who are currently or are likely to engage with the service**
- ▶ **Does the venue have accessible car parking spaces?** Spaces available in public car parks

# Tier 1

## Signpost Recovery

 **Alloa:** Primary Administrative Base, Unit 1 & 2,  
Block 7, Cooperage Business Village, Cooperage Way,  
Alloa FK10 3LP

 **Falkirk:** 9 Callendar Road, Falkirk FK1 1XS

 0845 673 1774

 01259 272033

 [info@signpostrecovery.org.uk](mailto:info@signpostrecovery.org.uk)

 [www.signpostrecovery.org.uk](http://www.signpostrecovery.org.uk)

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### ► Overall Aim of Service:

#### **Signpost Recovery**

*To provide a direct access and entry point for those with substance misuse problems and those affected by another's drug use. As a Tier 1 service we will begin support and where necessary refer to specialised services offering more intensive interventions and treatment.*

#### **Core Service**

*A comprehensive assessment will inform an appropriate care plan and treatment package. If necessary we will facilitate referral on to other services. Within Signpost Recovery there is a Drop-in Harm Reduction Service and relapse prevention for those with substance misuse issues. Where applicable Signpost offers recovery oriented key working for the GPPS service. Signpost also offers assessment and referral to those identified with substance misuse issues within Stirling and Falkirk Police Stations.*



### **Harm Reduction Service**

*Provides an outreach based injecting equipment provision service giving advice and information via dedicated workers on reducing drug related harm. Direct access to BBV vaccination and testing, and referral routes to specialist services. Drop in provision is available and the service caters to all needle exchange needs, including those of steroid users. All injecting equipment returns are actively welcomed whether used or unused.*

### **Time for Us**

*Time4Us work across Forth Valley to provide support to families where Parental Substance Use is impacting upon their children. With a dedicated Lead Children's Worker, Lead Family Worker and Senior Addiction Worker we will work with each family on a needs led, individual basis.*

### **Veterans Substance Misuse Service**

*The overarching aim of the new service is to improve outcomes for Veterans who require clinical interventions for substance misuse disorders in addition to treating symptoms of mental ill health.*

*To ensure that Veterans maximise their potential for engagement and retention to improve recovery outcomes.*

**All services offer out of hours service and helpline linked to the above telephone numbers.**

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### **► Catchment Area**

Forth Valley Wide

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### **► Opening Times**

Monday to Friday 9am to 9pm (In person or by phone)

Saturday 9am to 1pm (In person or by phone)

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**► Age Range:** 16+

**► Charge:** Free

**► Gender:** All

**► Can clients self refer?** Yes

**► Client Groups:** All those affected by substance misuse.

► **Services Provided:**

- Initial substance misuse assessment
- Referral service
- Time limited support (group work Problem solving, counselling)
- Support for self detox
- Access to housing and welfare advice
- Advice and support to access primary healthcare
- Veterans service
- Sexual health advice
- Comprehensive Injecting Equipment Provision and equipment exchange
- GP prescribing service
- Arrest referral service
- Referral on to specialist alcohol services.
- Time for Us

► **Any other relevant information:**

A Substance misuse counselling issues referred on to sister organisation ASC

► **Types of Substance Use Provided for:** All substances

► **Is your building/service an accessible venue? Yes**

► **Provisions are in place to ensure those with a physical disability have access**

All buildings have wheelchair access. In certain circumstances outreach services can be provided.

► **Does the venue the service is provided from have an accessible toilet/s? Yes**

► **Support is provided for people with learning difficulties**

- Materials in easy read format
- Carer/ PA provision

► **Services are available for people with a visual impairment**

- building/room accessibility
- room layout
- large print materials/colour tone contrast materials
- audio provision

► **Services are available for people with a hearing impairment**

- loop system available in the room consultations / events take place
- personal communicators
- BSL interpreter
- Lipspeaker
- Palantypist
- Deafblind Guide Communicator

► **Services are available for people whose first language is not English**

Translation services provided by prior arrangement

► **Support is available to families of people who are current or prospective clients with the service**

► **Does the venue have accessible car parking spaces?**

Yes, provision variable, Restrictive in town centre venues.

# Tier 1

## Stop Smoking Services (SSS)

 Health Promotion Department, Unit 2, Colquhoun Street,  
Stirling FK7 7PX

 01786 433293

 [fv-uhb.fvstopsmokingservice@nhs.net](mailto:fv-uhb.fvstopsmokingservice@nhs.net)

 [www.nhsforthvalley.com/stopsmoking](http://www.nhsforthvalley.com/stopsmoking)

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### ▶ **Overall Aim of Service:**

*To provide effective evidence based smoking cessation support to smokers motivated to quit.*

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### ▶ **Catchment Area**

Forth Valley Wide

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### ▶ **Opening Times**

Monday to Friday 9am to 5pm (by phone)

**Outwith the above hours:** SSS have an answerphone where messages may be left. In addition the message directs callers to Smokeline 0800 84 84 84 for quitting support.

- ▶ **Age Range:** Any
- ▶ **Charge:** Free
- ▶ **Gender:** Any
- ▶ **Can clients self refer?** Yes
- ▶ **Client Groups:** Any smokers looking for information. i.e. cutting down, quitting, using a nicotine containing device i.e. cigarettes or e-cig.
- ▶ **Services Provided:**  
Behaviour change support.  
Telephone, text, email, face to face
- ▶ **Types of Substance Use Provided for:** Nicotine containing devices. i.e. cigarettes or e-cig
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access**  
Yes. At most of our office locations
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes. At most of our office locations
- ▶ **Support is provided for people with learning difficulties**  
Only if required
- ▶ **Services are available for people with a visual impairment**  
No
- ▶ **Services are available for people with a hearing impairment**  
No
- ▶ **Services are available for people whose first language is not English**  
No
- ▶ **Support is available to families of people who are current or prospective clients with the service**  
Yes
- ▶ **Does the venue have accessible car parking spaces?**  
Yes

# Tier 2

**Addiction Recovery Services (ARS)**

**Addictions Support & Counselling / Community Rehabilitation (ASC)**

**Barnardos Axis Service (Falkirk)**


**Connect (Services for Young People Falkirk)**

**Freagarrach Alcohol and Drug Service  
(Stirling & Clackmannanshire)**


**General Practitioner Prescribing Service (GPPS)**

# Tier 2

## Addiction Recovery Services (ARS)

 **Falkirk:** Substance Misuse Services, Old MRI Suite,  
Falkirk Community Hospital, Westburn Avenue, Falkirk  
FK1 5QE

 01324 673669

 **Stirling & Clacks:** Substance Misuse Services Building,  
Stirling Community Hospital, Livilands Gate, Stirling  
FK8 2AU

 01786 434430

 [FV-UHB.CADSPrescribing@nhs.net](mailto:FV-UHB.CADSPrescribing@nhs.net)

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### ► **Overall Aim of Service:**

*To provide treatment services to individuals experiencing difficulties with substance misuse.*

*The service aims to encourage and support recovery for these individuals.*

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### ► **Catchment Area**

Forth Valley Wide

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### ► **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

**Outwith the above hours:** Voicemail for messages only. No out of hours service is currently provided.

- ▶ **Age Range:** 16-65 years
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Referral from partner services within FV ADP, (ASC, Signpost Recovery, FVCJDTs, CADs).
- ▶ **Client Groups:** Substance Misusers
- ▶ **Services Provided:**
  - Assessment
  - Dedicated Key-working Support for each individual
  - Care Planning (promotion of recovery)
  - Relapse Prevention
  - Management of Abstinence
  - Prescribing
- ▶ **Types of Substance Use Provided for:** Mainly opiate use and alcohol
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** Yes
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**
  - Materials in easy read format
  - Carer/ PA provision
- ▶ **Services are available for people with a visual impairment**
  - building/room accessibility
  - room layout
  - large print materials/colour tone contrast materials
  - audio provision
- ▶ **Services are available for people with a hearing impairment**
  - personal communicators
  - BSL interpreter
  - Lipspeaker
  - Palantypist
  - Deafblind Guide Communicator
- ▶ **Services are available for people whose first language is not English**
  - Ethnic Minority interpreter
  - Other
- ▶ **Support is available to families of people who are current or prospective clients with the service**
- ▶ **Does the venue have accessible car parking spaces?** Yes

# Tier 2

## Addictions Support & Counselling / Community Rehabilitation (ASC)

 **Falkirk:** 32 Vicar Street, Falkirk FK1 1JB

 01324 874969

 **Stirling:** 90 Drip Road, Raploch, Stirling FK8 1RN

 01786 450721

 enquiries@asc.me.uk

 www.asc.me.uk

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### ► Overall Aim of Service:

*To provide a range of support services for anyone living in Forth Valley who is affected by substance misuse. Services are available for people aged 16 years old and over although support can be provided to the parents and carers of children who are affected by substance misuse. Services that are currently provided include;*

#### **Counselling and support service**

*Advice, counselling and support services for people affected by substance misuse are provided by staff and accredited volunteer counsellors supervised by qualified staff. Referrals are accepted from various sources including self-referrals.*

#### **GP counselling service**

*Direct referrals are accepted from GPs and health centres across Forth Valley for people mainly affected by alcohol misuse and counselling is provided in different health care locations across Forth Valley.*



## Community Rehabilitation Service

*A community based, group structured rehabilitation and pre-employability service that helps people with substance misuse problems gain access to educational, training, volunteering and employment opportunities. Go Forth works in partnership with Forth Valley College who provide on site tutors and dedicated support for service users participating in Go Forth's group work programmes.*

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### ▶ **Catchment Area**

Forth Valley Wide

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### ▶ **Opening Times**

(In person or by phone)

#### **Falkirk Office**

Monday, Wednesday & Thursday 9am to 5pm

Tuesday 9am to 6pm

Friday 9am to 6pm

#### **Stirling Office**

Monday to Thursday 9am to 5pm with occasional Friday opening.

#### **Outwith the above hours:**

24 hr Answerphone on 01324 874969

▶ **Age Range:** 16+

▶ **Charge:** Free. However, charges may be made to third parties for reporting services.

▶ **Gender:** All

▶ **Can clients self refer?** Yes.

Also by GP's, Treatment and Rehabilitation Services, employment, criminal justice, social work and housing services.

▶ **Client Groups:** No restrictions  
Substance users. Recovering  
Substance Users (Alcohol & Drugs)

▶ **Services Provided:**

- structured counselling with qualified counsellors
- prevention and education
- advice and information
- therapeutic group work
- service user groups
- advocacy, employment referrals
- training and community rehabilitation/employability.
- Structured groupwork
- Employability skills
- Work experience in the community
- Counselling
- Activities
- Relapse prevention
- Job search
- Key working
- Advocacy

▶ **Types of Substance Use Provided for:** All substances.

▶ **Is your building/service an accessible venue?** We operate from 25 sites, most have disabled access. In certain circumstances outreach services can be provided.

▶ **Provisions are in place to ensure those with a physical disability have access.** Many sites have wheelchair access.

▶ **Does the venue the service is provided from have an accessible toilet/s?** Many sites have wheelchair access.

▶ **Support is provided for people with learning difficulties**

- Materials in easy read format
- Carer/ PA provision

▶ **Services are available for people with a visual impairment**

- building/room accessibility
- room layout
- large print materials/colour tone contrast materials
- audio provision

▶ **Services are available for people with a hearing impairment**

- loop system available in the room consultations/events take place
- personal communicators
- BSL interpreter
- Lipspeaker
- Palantypist
- Deafblind Guide Communicator

▶ **Services are available for people whose first language is not English** Interpreter can be arranged.

- Ethnic Minority interpreter
- Other

▶ **Support is available to families of people who are current or prospective clients with the service**

▶ **Does the venue have accessible car parking spaces?**  
Variable

# Tier 2

## **Barnardos Axis Service (Falkirk)**

 Watling Lodge, Tamfourhill Road, Falkirk FK1 4RE

 01324 718277

 [FalkirkAxisService@barnardos.org.uk](mailto:FalkirkAxisService@barnardos.org.uk)

 [www.barnardos.org.uk](http://www.barnardos.org.uk)

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### ▶ **Overall Aim of Service:**

*To provide substance service to under 18 year olds who live in the Falkirk Council area and are experiencing difficulties with substance misuse or are at risk of developing difficulties with alcohol/drugs/ volatile substances; thereby reducing the substance related harm to individuals, families and communities, enabling young people to reach their full potential.*

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### ▶ **Catchment Area**

Forth Local Authority Area

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### ▶ **Opening Times**

(In person or by phone)

Monday to Thursday 9am to 5.30pm

Friday 9am to 5pm

**Outwith the above hours:** Contact outwith working hours as agreed by the Young Person, the worker and parent carer (if applicable).

- ▶ **Age Range:** under 18 years
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes
- ▶ **Client Groups:** Under 18 year olds who have or who are at risk of developing substance related issues. Those who are putting themselves at risk of harm through substance misuse.
- ▶ **Services Provided:**  
Substance screening
  - comprehensive assessment
  - one to one with named worker
  - harm reduction & relapse prevention
  - motivational interviewing
  - support to access other services  
e.g. education, Skills Development Scotland, health, benefits
  - awareness raising to young people, professionals and community groups training (by request)
- ▶ **Any other relevant information:**  
All our service users are collected by the worker and brought to the project, they are then given a lift back following the session. Young people are seen a minimum of once a week for 1½ - 2 hours, however the average weekly contact is two sessions a week, there is the provision for being seen daily if required.
- ▶ **Types of Substance Use Provided for:** Alcohol, Drugs and Volatile Substances
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** Yes, lowered curb, wheelchair access and disabled toilet facilities.
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**
  - Materials in easy read format
  - Carer/ PA provision
  - Alternative ways of working through other media, such as clay, art, DVD's etc.
- ▶ **Services are available for people with a visual impairment**
  - building/room accessibility
  - room layout
  - large print materials/colour tone contrast materials
  - audio provision

▶ **Services are available for people with a hearing impairment**

- loop system available in the room consultations/events take place
- personal communicators
- BSL interpreter
- Lipspeaker
- Palantypist
- Deafblind Guide Communicator

▶ **Services are available for people whose first language is not English**

- Ethnic Minority interpreter

▶ **Support is available to families of people who are current or prospective clients with the service**

▶ **Does the venue have accessible car parking spaces?**

Yes

# Tier 2

## Connect (Services for Young People Falkirk)

 Bo'ness Children & Families Team, Kinglass Centre,  
Gauze Road, Bo'ness EH51 9UE

 01324 506400

 01506 778669

 [gayle.mcintyre@falkirk.gov.uk](mailto:gayle.mcintyre@falkirk.gov.uk)

 <http://www.falkirk.gov.uk/services/crime-antisocial/criminal-justice/youth-justice.aspx>

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### ► **Overall Aim of Service:**

*Connect Service is Falkirk Council's specialist Youth Justice Team who work with young people between 12-18 years of age who are assessed as being at high risk of re-offending. As a service we continue to offer a substance misuse service to young people ostensibly on offending issues but who have substance misuse concerns.*

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### ► **Catchment Area**

Falkirk Local Authority Area

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### ► **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

**Outwith the above hours:** Answering machine. Appointments can be arranged outwith office hours. Emergency Duty Team outwith office hours, including weekends - 01786 470500.

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► **Age Range:** 12-18 years

► **Charge:** Free

► **Gender:** All

► **Can clients self refer?** No, Referrals are made by contacting the Connect Team Manager.

▶ **Client Groups:** Young people aged 12-18 years who are assessed as high risk of re-offending and also present with substance misuse issues.

▶ **Services Provided:**

- One to one support with named worker
- Support to access other services including education, health and youth services
- Harm reduction and relapse prevention advice/support with a particular focus upon reducing offending behaviour.

▶ **Any other relevant information:**

Connect is a multi-disciplinary team consisting of Social Work and Community

Education. This allows the service to offer a range of services to meet the needs of each individual young person.

A consultancy service is available to other agencies and professionals.

▶ **Types of Substance Use Provided for:** Drugs, Alcohol, solvents and Tobacco.

▶ **Is your building/service an accessible venue?** Yes, the building has disabled access and appointments can be arranged at venues to suit each individual.

▶ **Provisions are in place to ensure those with a physical disability have access.** The building has disabled access and appointments can be arranged at venues to suit each individual.

▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes

▶ **Support is provided for people with learning difficulties**

- Materials in easy read format
- Carer/ PA provision

▶ **Services are available for people with a visual impairment**

- building/room accessibility
- room layout
- large print materials/colour tone contrast materials
- audio provision

▶ **Services are available for people with a hearing impairment**

- loop system available in the room consultations/events take place
- personal communicators
- BSL interpreter
- Lipspeaker
- Palantypist
- Deafblind Guide Communicator

▶ **Services are available for people whose first language is not English**

- Ethnic Minority interpreter
- Other

▶ **Support is available to families of people who are current or prospective clients with the service:** Connect run a parenting skills and support group, also families are involved in the work undertaken with each young person.

▶ **Does the venue have accessible car parking spaces?** Yes, free

# Tier 2

## **Freagarrach Alcohol and Drug Service (Stirling & Clackmannanshire)**

 Braehead House, 14 Calton Crescent, Braehead,  
Stirling FK7 0BB

 01786 450963

 01786 430451

 jane.mcdonnell@barnardos.org.uk  
FreagarrachStirling@barnardos.org.uk

 [www.barnardos.org.uk](http://www.barnardos.org.uk)

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### ▶ **Overall Aim of Service:**

*To provide support to young people with their substance misuse issues to help minimise risks and maximise opportunities for well-being, education and/or employment and social inclusion.*

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### ▶ **Catchment Area**

Stirling & Clackmannanshire Local Authority Area

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### ▶ **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

**Outwith the above hours:** Answering machine on 01786 450 963.

Pre-arranged appointments can be given out with these times to suit work and educational commitments.



▶ **Age Range:** 12-18 year olds (18-24 year olds who are working with COMPASS)

▶ **Charge:** Free

▶ **Gender:** All

▶ **Can clients self refer?** Yes, Referrals come through; GP, Adolescent and Child Psychiatric Services, A&E, Children and Families Social work, Youth Justice, Adult Criminal Justice, COMPASS and Youth Support, Freagarrach Offenders Service, Education, Police, Princes Trust, Quarriers.

Self Referral will be considered by service, but generally assessment requested that identifies suitability for the service.

Self referral within school service settings encouraged.

▶ **Client Groups:** Young people who are experiencing difficulties within a community setting, with education and/or employment due to drug and/or alcohol issues.

▶ **Services Provided:**

- The service provides one-to-one assessment, support and counselling programmes for young people
- Groupwork for young people is provided on a needs led basis.
- Parent support group and sibling support group available on a fortnightly basis.

- Individual family support available.
- Individual appointments or group work currently in Bannockburn High, Wallace High or Secondary School Support Service.

▶ **Any other relevant information:** Arrangements can be made to either meet young people at a venue of their choice or, offer transport or, provide refund for travel expenses to service base.

▶ **Types of Substance Use Provided for:** All illegal substances and alcohol. Under 16 heroin users would be worked with in partnership with other agencies.

▶ **Is your building/service an accessible venue?** Yes, service access and service provision is on the ground floor.

▶ **Provisions are in place to ensure those with a physical disability have access.** Arrangements can be made to meet outwith our premises or in the lower part of the building which has disabled access.

▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes

▶ **Support is provided for people with learning difficulties**

- Materials in easy read format
- Carer/ PA provision

▶ **Services are available for people with a visual impairment**

- building/room accessibility
- room layout
- large print materials/colour tone contrast materials
- audio provision

▶ **Services are available for people with a hearing impairment**

- loop system available in the room consultations/events take place
- personal communicators
- BSL interpreter
- Lipspeaker
- Palantypist
- Deafblind Guide Communicator

▶ **Services are available for people whose first language is not English**

- Ethnic Minority interpreter
- Other

▶ **Support is available to families of people who are current or prospective clients with the service**

▶ **Does the venue have accessible car parking spaces?**

Parking available at front and rear of building.

# Tier 2

## General Practitioner Prescribing Service (GPPS)

Staff & Administration bases

 **Alloa:** Signpost Recovery, Unit 1 & 2, Block 7,  
Cooperage Way, Alloa FK10 3LP

 **Falkirk:** 9 Callendar Road, Falkirk FK1 1XS.

 0845 673 1774

 [Info@signpostrecovery.org.uk](mailto:Info@signpostrecovery.org.uk)

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### ▶ **Overall Aim of Service:**

*To promote & encourage General Practitioner (GP) involvement in the support and treatment of opiate dependency and provide support for this within Primary Care and provide support and training to GPs and Community Pharmacists. To provide movement towards a reduction of use.*

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### ▶ **Catchment Area**

Forth Valley Wide

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### ▶ **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

**Outwith the above hours:** Mobile and voicemail

- ▶ **Age Range:** 16+
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes, by direct access to Signpost Recovery.
- ▶ **Client Groups:** Opiate misusers.
- ▶ **Services Provided:**
  - Keyworking for clients
  - Ongoing support and face-to-face support
  - Local training and support for GP's
  - Training and support for Community pharmacists and keyworkers
  - Co-ordinate provision of keyworking to ensure national quality standards are met.
- ▶ **Types of Substance Use Provided for:** Opiates
- ▶ **Is your building/service an accessible venue?** Yes
  - ▶ **Provisions are in place to ensure those with a physical disability have access.** Arrangements can be made to meet outwith our premises or in the lower part of the building which has disabled access.
  - ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
  - ▶ **Support is provided for people with learning difficulties**
    - Materials in easy read format
    - Carer/ PA provision
- ▶ **Services are available for people with a visual impairment**
  - building/room accessibility
  - room layout
  - large print materials/colour tone contrast materials
  - audio provision
- ▶ **Services are available for people with a hearing impairment**
  - loop system available in the room consultations/events take place
  - personal communicators
  - BSL interpreter
  - Lipspeaker
  - Palantypist
  - Deafblind Guide Communicator
- ▶ **Services are available for people whose first language is not English**
  - Ethnic Minority interpreter
  - Other
- ▶ **Support is available to families of people who are current or prospective clients with the service** This service will give advice and guidance with consent from the client.
- ▶ **Does the venue have accessible car parking spaces?** Yes

# Tier 3

Community Alcohol and Drug Service (CADS)

Forth Valley Substance Treatment Service  
(DTTO/CPO)

# Tier 3

## Community Alcohol and Drug Service (CADS)

 **Falkirk:** Substance Misuse Services, Old MRI Suite,  
Falkirk Community Hospital, Westburn Avenue,  
Falkirk FK1 5QE

 South Team: 01324 673670

 **Stirling:** Substance Misuse Services, SMS Building, Stirling  
Community Hospital, Livilands Gate, Stirling FK8 2AU

 North Team: 01786 434430

 [FV-UHB.CADSPrescribing@nhs.net](mailto:FV-UHB.CADSPrescribing@nhs.net)

 [www.nhsforthvalley.com/health-services/az-of-services/  
substance-misuse-service](http://www.nhsforthvalley.com/health-services/az-of-services/substance-misuse-service)

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### ► **Overall Aim of Service:**

*To provide specialist assessment and treatment services for people in Forth Valley experiencing drug and alcohol problems. Staffed by nursing, medical and administration staff the service is delivered through a network of clinics and on a domiciliary basis.*

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### ► **Catchment Area**

Forth Valley Wide

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### ► **Opening Times**


Monday to Friday 8.30am to 5pm (In person or by phone)

**Outwith the above hours:** Voicemail for messages only. No emergency out of hours service is currently provided. \*Clinical staff available from 9.00am.

- ▶ **Age Range:** 16 - 65 (flexibility regarding upper age)
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Referral by General Practitioner, Adult Mental Health Services and ASC to the Alcohol Service. Referral by Signpost Recovery to Drug Service.
- ▶ **Client Groups:** Individuals with addiction issues.
- ▶ **Services Provided:**
  - Assessment
  - Care Planning
  - Cognitive Behavioural Therapeutic interventions
  - Detoxification
  - Relapse Prevention
  - Prescribing
  - Outpatient follow-up
  - Case Review
  - BBV pre and post test counselling and testing.
- ▶ **Types of Substance Use Provided for:** Mainly opiate use and alcohol.
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** All buildings have wheelchair access. In certain circumstances outreach services can be provided.
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**
  - Materials in easy read format
  - Carer/ PA provision
- ▶ **Services are available for people with a visual impairment**
  - building/room accessibility
  - room layout
  - large print materials/colour tone contrast materials
  - audio provision
- ▶ **Services are available for people with a hearing impairment**
  - loop system available in the room consultations/events take place
  - personal communicators
  - BSL interpreter
  - Lipspeaker
  - Palantypist
  - Deafblind Guide Communicator
- ▶ **Services are available for people whose first language is not English** Translation, interpreter available if required.
  - Ethnic Minority interpreter
  - Other
- ▶ **Support is available to families of people who are current or prospective clients with the service:** With client consent will give advice & guidance.
- ▶ **Does the venue have accessible car parking spaces?** Yes, free

# Tier 3

## **Forth Valley Substance Treatment Service (DTTO/CPO)**

 Administration Area 5, Stirling Community Hospital,  
Livilands, Stirling FK8 2AU

 01786 434165 / 434166

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### ▶ **Overall Aim of Service:**

*To provide an exclusive specialist assessment and treatment service for the Courts in the Forth Valley area either through a Drug Treatment and Testing Order, or through a Community Payback Order with a drug or alcohol treatment requirement.*

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### ▶ **Catchment Area**

Forth Valley Wide

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### ▶ **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

**Outwith the above hours:** No emergency service. Voicemail is available out of hours.

\* Although service is not national, we do take transfers from other council areas if already on court order and moving to Forth Valley.



- ▶ **Age Range:** 18+
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** No
- ▶ **Client Groups:** Clients attend through the Criminal Justice System (Courts, Criminal Justice Social Work Services), and undertake treatment subject to a Drug Treatment and Testing Order, a condition of a Probation Order or a Community Payback Order with a drug or alcohol treatment requirement .
- ▶ **Services Provided:**
  - Assessment:
  - Prescribed Medication
  - Cognitive Behavioural Therapy
  - One-to-one Counselling and Support
  - Joint working with Criminal Justice Social Workers
  - Reports for Court.
- ▶ **Types of Substance Use Provided for:** Heroin is main dependency issue.
- ▶ **Venue:** Clients seen in various venues across Falkirk, Stirling and Clackmannanshire.
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** All buildings have wheelchair access. In certain circumstances outreach services can be provided.
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**
  - Materials in easy read format
  - Carer/ PA provision
- ▶ **Services are available for people with a visual impairment**
  - building/room accessibility
  - room layout
  - large print materials/colour tone contrast materials
  - audio provision
- ▶ **Services are available for people with a hearing impairment**
  - loop system available in the room consultations/events take place
  - personal communicators
  - BSL interpreter
  - Lipspeaker
  - Palantypist
  - Deafblind Guide Communicator
- ▶ **Services are available for people whose first language is not English** Translation, interpreter available if required.
  - Ethnic Minority interpreter
  - Other
- ▶ **Support is available to families of people who are current or prospective clients with the service:** With client's consent.
- ▶ **Does the venue have accessible car parking spaces?** None



# Tier 4

Hospital Addiction Team (HAT)

# Tier 4

## Hospital Addiction Team (HAT)

 Forth Valley Royal Hospital, Stirling Road,  
Larbert FK5 4WR

 01324 566231

 Hospitaladdictionteam@nhs.net

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### ▶ **Overall Aim of Service:**

*Overall aim of service is to support individuals with an alcohol and/or drug problem who present within the hospital setting, offering health education/ withdrawal management and an opportunity to engage with community services.*

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### ▶ **Catchment Area**

Forth Valley Wide

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### ▶ **Opening Times**

Monday to Friday 9am to 5pm (In person)

Saturday - Outwith hours by arrangement

**Outwith the above hours:** 24hr confidential answer machine

Policies, procedures and guidance on NHS intranet

Liaison Psychiatry contact for complex care patients.

- ▶ **Age Range:** 16 and over
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Referral via professional pathways.
- ▶ **Client Groups:** Patients with a drug and/or alcohol problem who require support whilst in hospital.
- ▶ **Services Provided:**
  - Alcohol Brief Intervention
  - Alcohol/drug withdrawal management
  - Harm Reduction
  - BBV advice and support / Naloxone
  - Health Education
  - Staff Training
  - Link with community services advising of admission
  - Support substitute prescribing and titration
- ▶ **Types of Substance Use Provided for:** Illicit and over the counter medication. Drug use/ alcohol
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** Yes. At most of our office locations.
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes. At most of our office locations.
- ▶ **Support is provided for people with learning difficulties**  
Yes
- ▶ **Services are available for people with a visual impairment**  
Yes
- ▶ **Services are available for people with a hearing impairment**  
Yes
- ▶ **Services are available for people whose first language is not English** Interpreters available for all languages.
- ▶ **Support is available to families of people who are current or prospective clients with the service:** Yes
- ▶ **Does the venue have accessible car parking spaces?** Yes



# Generic Support Services

## **Mental Health Services**

**Forth Valley Royal Hospital**

**Child Protection Contact Numbers**

**Forth Valley Sexual Health Service**

**Citizens Advice Bureaux (CAB)**

**Police Scotland**

**Health Promotion NHS Forth Valley**

**Young Carers**

**Stirling Council Youth Services**

**Scottish Prison Service Establishments**

**Skills Development Scotland**

## Mental Health Services

*Many people experience mental health or related problems during their lives. These can be caused by stressful life events such as being homeless, loss of job, break up of families or bereavement. This can leave you feeling very distressed, sad or isolated.*

*Your doctor will refer you to a specialist psychiatric service if they feel this is necessary. If you want to talk to someone, help is available at the numbers below.*


### **Stirling & District Association for Mental Health**

 01786 475333


### **Falkirk & District Association for Mental Health**

 01324 671600


### **Scottish Association for Mental Health**

 0800 917 3466

### **Saneline, South & East Alloa, Clackmannanshire**

 0845 767 8000  
12 midday to 2am  
every day of the year.

### **Samaritans**

 01324 622066  
24 hour confidential helplines  
to talk over personal and  
emotional problems.

### **Moodjuice**

 [moodjuice.scot.nhs.uk](http://moodjuice.scot.nhs.uk)

### **Breathing Space**

 0800 838 587  
 [breathingspacescotland.co.uk](http://breathingspacescotland.co.uk)



Generic Support Services

## *Forth Valley Royal Hospital*



Stirling Road, Larbert FK5 4WR



01324 566 000



nhsforthvalley.com

### **Minor Injuries Unit**

Stirling Community Hospital, Livilands,  
(Bellfield Road entrance), Stirling FK8 2AU

Tel: 01786 434036

Open 7 days from 9am to 9pm

### **Out of Hours GP Service**

Open 6pm to 8am

Contact NHS 24 on 111

textphone users: 18001 111

## Child Protection Contact Numbers

All agencies have a responsibility to consider the needs of children. Where these needs are not being met, agencies have a duty to share their concerns in order to protect them. Below is a list of contact numbers that can be used to share your concerns.

**Emergency Duty Team (out of hours): 01786 470500**

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### Social Work Services:

#### CLACKMANNANSHIRE COUNCIL

 Alloa Limetree House  
 01259 225000

#### FALKIRK COUNCIL

 Social Work Headquarters, ....  
Denny Town House,  
Glasgow Road, Denny  
 01324 506400

#### STIRLING COUNCIL

 Viewforth  
 0845 277000

 Drummond House  
 01786 471177

 St Ninians, Bannockburn & .  
Eastern Villages  
 01786 816515

 Stirling, Highland,  
Endrick & Blane Valley  
 01786 821821

 Child Protection Support  
Co-ordinators  
 01786 471177

## **Social Work Services:** EMERGENCY DUTY TEAM (OUT OF HOURS)

 01786 470500

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### **POLICE FAMILY UNIT**

 01324 574948

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### **AUTHORITY REPORTERS**

Clackmannanshire / Falkirk / Stirling

 0300 200 1700

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### **NHS SERVICES**

#### **Nurse Advisor (Child Protection)**

 01324 574915

 07787 152107

#### **Women and Children**

 01324 567300

#### **Forth Valley Royal Hospital**

 01324 566000

#### **Falkirk Community Hospital**

 01324 624000

#### **Stirling Community Hospital**

 01786 434000

#### **Clinical Co-ordinator (Paediatrics)**

 01786 434000

#### **Falkirk & District Royal Infirmary**

 01324 624000

#### **Stirling Royal Infirmary (Consultant paediatrician)**

 01786 434000

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## **Young People**

**CHILDLINE** - 0800 1111

**CHILDLINE SCOTLAND** - 0870 336 2910

Childline Scotland is a 24 hour helpline for children and young people.

You can phone free for confidential help.

## **Forth Valley Sexual Health Service**



Clinic Information Line 01786 433697

Sexual Health Advice Line 01324 613944



[www.centralsexualhealth.org](http://www.centralsexualhealth.org)

Forth Valley Sexual Health is an NHS service providing FREE sexual health care in Forth Valley. We offer testing and treatment for sexually transmitted infections (STI's), free condom supplies, pregnancy tests, all forms of contraception and emergency contraception and general advice and support. We have separate clinics for adults and young people aged 13-21. Visit the Central Sexual Health Website for details.

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### ► **Overall Aim of Service:**

*To provide confidential non-judgemental sexual health service for young people and adults across Forth Valley.*

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### ► **Catchment Area**

Forth Valley Wide

- ▶ **Age Range:** All ages
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes, no appointment required
- ▶ **Client Groups:** All
- ▶ **Services Provided:**
  - Emergency Contraception
  - Contraception including long acting contraception such as implants and coils
  - Free condoms
  - Testing for sexually transmitted infections including chlamydia, gonorrhoea, HIV and syphilis
  - Hepatitis B vaccination for those at increased risk form sexual exposure
  - HIV post exposure prophylaxis
  - Pregnancy testing
  - Termination of pregnancy referral
- ▶ **Types of Substance Use Provided for:** N/A
- ▶ **Venue:** Clients seen in various venues across Falkirk, Stirling and Clackmannanshire.
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** All buildings have wheelchair access. In certain circumstances outreach services can be provided.
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**  
Nurse will give careful explanation
  - Materials in easy read format
  - Carer/ PA provision
  - Specific clinic on Monday afternoons at Falkirk Community Hospital
- ▶ **Services are available for people with a visual impairment**
  - building/room accessibility
  - room layout
  - large print materials/colour tone contrast materials
  - audio provision
- ▶ **Services are available for people with a hearing impairment**
  - loop system available in the room consultations/events take place
  - personal communicators
  - BSL interpreter
  - Lipspeaker
  - Palantypist
  - Deafblind Guide Communicator

▶ **Services are available for people whose first language is not English** Interpreter can be arranged by appointment.

- Ethnic Minority interpreter
- Other

▶ **Support is available to families of people who are current or prospective clients with the service:** Yes

▶ **Does the venue have accessible car parking spaces?**  
Available in hospital/ health centre premises.

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### ▶ ***Family Planning Services***

Free advice on contraception and pregnancy.

**Alloa Health Centre** - 01259 215333

**Grangemouth Health Centre** - 01324 482354

**For other clinics see:** [www.centalsexualhealth.org](http://www.centalsexualhealth.org)

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### ▶ ***Sexual Health Information Line***

0800 567123

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### ▶ ***Lesbian, Gay, Bisexual & Transgender***

0300 123 2523

Helpline open Tuesdays & Wednesdays 12.00pm to 9.00pm

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### ▶ ***Lesbian, Gay, Bisexual & Transgender Youthline***

01324 504440

Thursday 6.30pm to 8.30pm, [www.lgbtyouth.org.uk](http://www.lgbtyouth.org.uk)

### ▶ ***Open Secret***

Offers support and a safe place to people of all ages who have been affected by abuse.

**Alloa** - 01259 729981

**Falkirk** - 01324 630100

**Stirling** - 01786 448504

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### ▶ ***Central Scotland Rape Crisis and Sexual Abuse Centre***

**Helpline** - 01786 471771

**Male Helpline** - 07733 964478

Provides free, confidential support and practical information on legal and medical issues, to Survivors of rape, sexual assault and child sexual abuse throughout Forth Valley.

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### ▶ ***Sexually Transmitted Infections (STI's)***

For testing and treatment of STI's or if you are worried about any sexually-related problems phone:

**Falkirk Royal Infirmary** - 01324 616159 (direct line)

**Orchard House, Stirling** - 01786 463448 (direct line)

## **Citizens Advice Bureaux (CAB)**

 **ALLOA**, 47 Drysdale Street

 01259 723880

 **DENNY**, 24 Duke Street

 01324 823118

 **FALKIRK**, Old Sheriff Court, Hope Street

 01324 611244

 **GRANGEMOUTH**, 3 Kerse Road

 01324 486343

 **STIRLING**, Cameronian Street

 01786 470239

 **TULLIBODY**, 5 Tron Court

 01259 725690



## **Police Scotland**

 **FALKIRK:** West Bridge Street, Falkirk FK1 5AP

 **ALLOA:** 73 Menstrie Road, Tullibody, Alloa FK10 2RF

 **STIRLING:** Randolphfield, St Ninians Road,  
Stirling FK8 2HD

 101

 <http://www.scotland.police.uk/your-community/forth-valley/>

 Follow @policescotland

## Health Promotion NHS Forth Valley

 CSD, Unit 2, Colquhoun Street, Stirling FK7 7PX

 01786 433295

 Health programmes: [ann.mcarthur@nhs.net](mailto:ann.mcarthur@nhs.net)

 [www.nhsforthvalley.com](http://www.nhsforthvalley.com)

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### ▶ **Overall Aim of Service:**

*Our goal is to improve health in Forth Valley and to reduce inequalities in health by concentrating on specific issues such as smoking, alcohol and drugs that have a direct effect on health.*

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### ▶ **Catchment Area**

Forth Valley Wide

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### ▶ **Opening Times**

Monday to Thursday 8.30am to 5pm (By phone)

Friday 8.30am to 4pm (By phone)

**Outwith the above hours:** N/A

## Health Improvement Resource Service (HIRS)

### **The HIRS Team are now based at various sites throughout Forth Valley**

Orders for resources, including leaflets, posters, condoms and borrowable resources, can be placed through your local HIRS contact (see contact details below).

If you wish to meet with a member of the team to discuss resource requirements or view resource samples, you can arrange an appointment at the times listed below. The borrowable resources (books, teaching kits, DVDs, etc.) are now based at the Education and Conference Centre, Stirling Community Hospital and can be viewed, by appointment only, by all registered HIRS clients in the Forth Valley area.

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#### Local Contact Details

##### Clackmannanshire Area



Margaret Smith



Clackmannanshire Community Healthcare Centre,  
Hallpark Road, Sauchie FK10 3JQ.



01259 290194 (Monday, Wednesday, Thursday & Friday)  
01786 433867 (Tuesday)



m.smith7@nhs.net

Available visit times: Monday 10am to 2pm (by appointment only)

## Falkirk and Stirling Areas and Forth Valley Library



Scott Findlay



Health Improvement Resource Library, CSD, Unit 2,  
Colquhoun Street, Stirling FK7 7PX



01786 454589 (Monday to Thursday)  
01786 433867 (Friday)



scottfindlay@nhs.net

Available visit times: Tuesday to Thursday, 10am to 3pm  
(by appointment only)

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## Orders

### Post



Health Improvement Resource Service, NHS Forth Valley,  
Central Supplies Department, Unit 2, Colquhoun St,  
Stirling FK7 7PX



01786 451156



FV-UHB.HIRS-group-mailbox@nhs.net

## *Young Carers*

### **Clackmannanshire / Falkirk**

 01324 611510

 [centre@centralcarers.co.uk](mailto:centre@centralcarers.co.uk)

### **Stirling**

 01786 447003

 [info@stirlingcarers.co.uk](mailto:info@stirlingcarers.co.uk)

## Stirling Council Youth Services

 3rd Floor Municipal Buildings,  
8-10 Corn Exchange Road, Stirling FK8 2HU

 01786 233562

 YouthServices@stirling.gov.uk

 [www.stirling.gov.uk/youth](http://www.stirling.gov.uk/youth)

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### ▶ **Overall Aim of Service:**

*Youth Services aims to work in partnership with a range of other agencies to address the needs of vulnerable young people and provide the highest level of co-ordinated services and support to enable young people to achieve their potential.*

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### ▶ **Catchment Area**

Stirling Local Authority Area

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### ▶ **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

**Outwith the above hours:** None

## Scottish Prison Service Establishments

 Generic email for all SPS Healthcare Staff in Forth Valley  
FV-UHB.AllHMPHealthcareStaff@nhs.net

 [www.sps.gov.uk](http://www.sps.gov.uk)  
[www.familiesoutside.org.uk](http://www.familiesoutside.org.uk)

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### HMP & YOI Cornton Vale

 Health Care Manager: Darline Reekie

 Cornton Road, Stirling FK9 5NU

 01786 833951

 FV-UHB.HMPCorntonValeLineManagers@nhs.net  
FV-UHB.HMPCorntonValeAllHealthcareStaff@nhs.net

### HM YOI Polmont

 Health Care Manager: Darline Reekie

 Brightons, Falkirk FK2 0AB

 01324 722233

 FV-UHB.HMPPolmontYOILineManagers@nhs.net  
FV-UHB.HMPPolmontYOIAllHealthcareStaff@nhs.net

### HMP Glenochil

 Health Care Manager: Leona Gilhooley

 Tullibody, Clackmannanshire FK10 3AD

 01259 767308

 FV-UHB.HMPGlenochilLineManagers@nhs.net  
FV-UHB.HMPGlenochilAllHealthcareStaff@nhs.net

## Skills Development Scotland

**CONTACTS:** See Careers Centres below

 **Stirling:** 66 Upper Craigs, Stirling FK8 2DS  
 01786 462036

**Opening Hours:** Monday to Friday 9am to 5pm

 **Alloa:** 39 - 43 Bank Street, Alloa FK10 1HP  
 01259 215214

**Opening Hours:** Monday 10am to 5pm, Tuesday to Friday 9am to 5pm

 **Falkirk:** 100 Manor Street, Falkirk FK1 1NU  
 01324 620311

**Opening Hours:** Monday to Friday 9am to 5pm

**\*Outwith the above hours:** By arrangement

 [www.skillsdevelopmentscotland.co.uk](http://www.skillsdevelopmentscotland.co.uk)







Forth Valley Alcohol & Drug Partnership  
Administration Area 5, Stirling Community Hospital,  
Livilands, Stirling, FK8 2AU  
Tel: 01786 454787  
[www.forthvalleyadp.org.uk](http://www.forthvalleyadp.org.uk)