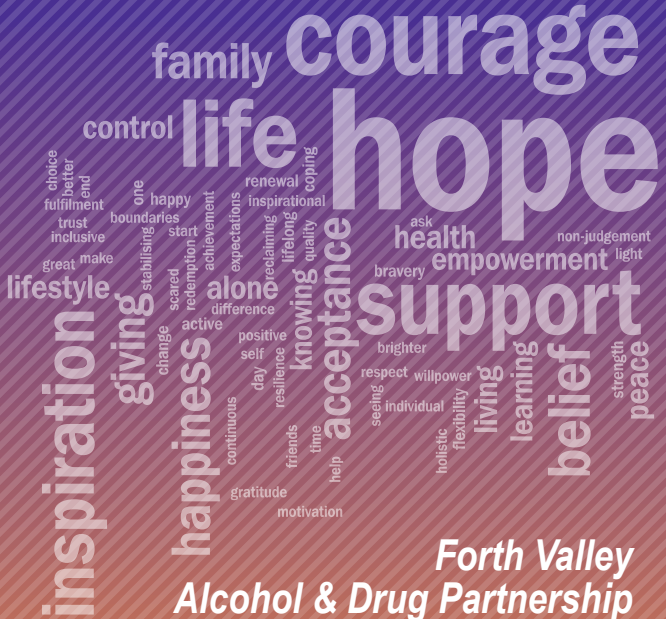


Forth Valley

Alcohol & Drug Partnership



**Forth Valley
Alcohol & Drug Partnership
Treatment & Recovery
Service Directory
2018/2019**

www.forthvalleyadp.org.uk

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The contents of this publication are believed correct at the time of printing. Nevertheless, the publisher can accept no responsibility for errors or omissions, changes in the detail given, or for any expense or loss thereby caused.
Printed January 2018

Forth Valley Alcohol & Drug Partnership

Administration Area 5, Stirling Community Hospital,
Livilands, Stirling, FK8 2AU
Tel: 01786 454787
www.forthvalleyadp.org.uk



Support Staff

FV ADP Co-ordinator

Elaine Lawlor (Forth Valley Wide Role)
Office: 01786 454764
Mob: 07810 630618
Email: elainelawlor@nhs.net

FV ADP Administration

Anita Dufton / Heather Jolly (Job Share)
Office: 01786 454787
Email: FV-UHB.FVADP@nhs.net

ADP Lead Officer (Falkirk)

Ruth McDonald
Falkirk Council, Municipal Buildings, Falkirk FK1 5RS
Office: 01324 506045
Mob: 07921 942214
Email: ruth.mcdonald@falkirk.gov.uk

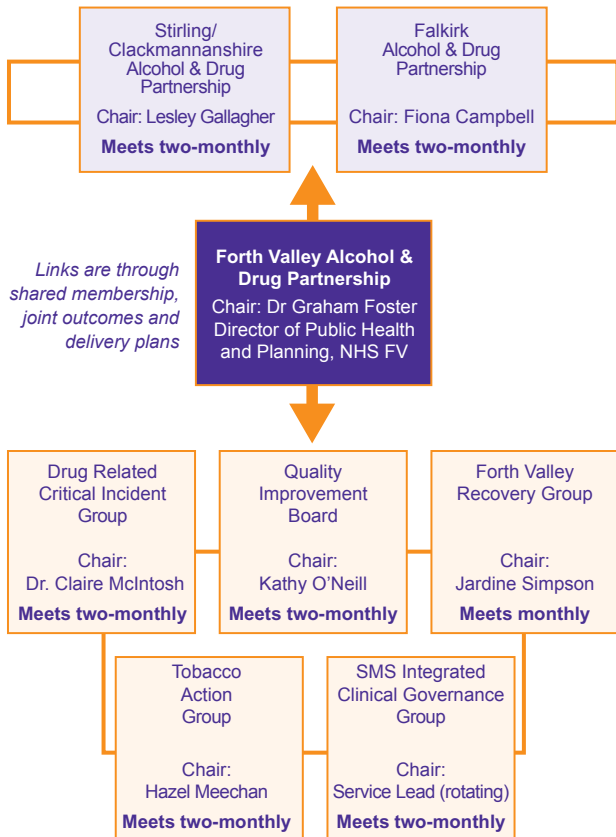
ADP Lead Officer (Stirling/Clacks)

Elaine Brown
Tel: 01786 233542
Mob: 0771 754 5434
Email: browne@stirling.gov.uk

Lead Pharmacist in Mental Health & Substance Misuse

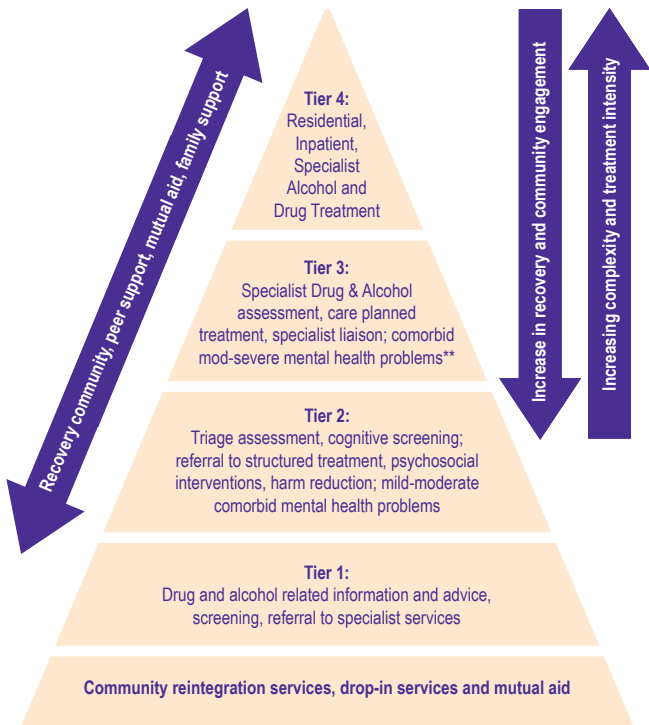
Jean Logan
Office: 01786 454798
Mob: 07920 711033
Email: jean.logan@nhs.net

Forth Valley Alcohol & Drug Partnership - Structural Diagram



There are occasional short-life working groups

Forth Valley Substance Misuse Services - Tiered Treatment and Intervention Modalities



Background

Forth Valley ADP's (Alcohol & Drug Partnership's) have adopted a tiered approach to understanding and responding to substance related problems in Forth Valley. We include all illegal drugs; alcohol; tobacco; solvents & gases, over-the-counter medicines and those prescribed that are commonly used inappropriately.

Our definition of services and initiatives includes education and prevention work, support services, family support services, treatment and recovery services, mutual aid/self help support, rehabilitation and peer support services.

Each service / initiative has clarified its eligibility criteria and pathways of referral.

Consideration is given to workforce development requirements and the specific experience required for staff in order to support recovery.

Interventions Used

There are a limited number of interventions deemed effective within the substance field. The guiding principles in deciding what interventions should be made available to which clients and by what services should be based on a combination of:

- Evidence based practice
- Client need
- Service capacity
- Skills competencies and experience of staff

Eligibility Criteria

Clear eligibility criteria not only make it easier for staff and potential clients to access the service, it aids staff employed within any service to understand where their contribution “fits”. By detailing the eligibility criteria for all services, an analysis of barriers to access and gaps in provision can be identified. A robust needs assessment is in place and can be found at www.forthvalleyadp.org.uk

Referral Process

A single point of referral is in operation across Forth Valley.

It is to be understood that once an individual enters the Forth Valley pathway and an initial assessment is completed there should be no additional barriers to the individuals speedy referral to the most appropriate provider.

To make a referral please contact
Signpost Recovery on **0845 673 1774**.

Training & Qualifications of Staff

The ability of staff to deliver interventions and monitor outcomes is critical to the success of any service. Linked to this is the provision of appropriate and frequent clinical and managerial supervision.

Forth Valley ADP's recognise and prioritise workforce development for staff working in this field. The FV ADP's are committed to developing and implementing a comprehensive Workforce Development Plan in line with the Strategic Workforce Statement from the Scottish Government. This will enable Forth Valley to deliver to the highest standards and develop a suitably trained confident, competent workforce to support the delivery of the National Quality Principles for Substance Use Services.

Monitoring & Evaluation Processes

All services provide monthly outcomes and activity reports. For those services commissioned by FV ADP quarterly reports form part of the Service Contract. All services will contribute information to the national data base DAISy (Drug and Alcohol Information System).

Recovery Support

Mutual Aid

Recovery Cafes

Self Help

Mutual Aid

► **Mutual Aid and Self Help for Substance Recovery in Forth Valley**

If your alcohol or drug use has reached the point where it worries you, there are support organisations that are here to help.

If you want help, please see the services within this directory of available support across the Forth Valley area. Remember there are no fees or subscriptions for any of these services.

These services are open and welcoming to all.

Alcohol Anonymous Helpline - 0800 917 7650

Clackmannanshire area - Alcoholics Anonymous Meetings

Alloa

- Monday 8pm Alloa Town Hall
- Thursday 10.15am Alloa Town Hall
- Thursday 8pm Health Education Room, CCHC, Hall Park, Sauchie

Menstrie

- Thursday 7.30pm Dumyat Community Centre, Main Street East
- Big Book & Meditation**

Tullibody

- Friday 8pm Leisure Centre, Abercrombie Place
- Sunday 5pm Leisure Centre, Abercrombie Place **Big Book**

Alcohol Anonymous Helpline - 0800 917 7650

Stirling area - Alcoholics Anonymous Meetings

Bannockburn

Wednesday 8pm St Ninians Church, Quakerfield Rd, Stirling

Bridge of Allan

Monday 8pm Holy Trinity Church, Keir Street **12 Step**

Callander

Friday 8pm Kirk Hall, South Church Street

Cambusbarron

Saturday 6.30pm to 7.30pm Communiy Centre, St Ninians Road **WIR**

Sunday 6pm to 7pm Community Centre, St Ninians Road

Dunblane

Wednesday 8pm Cathedral Church Hall

Saturday 8pm Cathedral Church Hall

Killin

Sunday 8pm The Vestry, Church of Scotland, Main St
7.30pm *in winter*

Stirling

Monday 12.30pm Mayfield Centre, St Ninians

Tuesday 2pm Mayfield Centre, St Ninians

Tuesday 8pm Methodist Church, Queen Street

Wednesday 7.30pm Allan Park South Church, Dumbarton Road **Big Book**

Thursday 8pm Methodist Church, Queen Street

Friday 1.30pm Mayfield Centre, St Ninians

Friday 8pm Hillview Community Centre, 13 Culthenove Place

Saturday 6.30pm to 7.30pm Salvation Army, Drip Road, Raploch

Sunday 8pm St Marks Church, Drip Road, Raploch

Mutual Aid

Alcohol Anonymous Helpline - 0800 917 7650

Falkirk area - Alcoholics Anonymous Meetings

Bo'ness

- Monday 8pm Old Kirk Brae, Panbrae Road
Friday 8pm St Cathrine's Church, Cadzow Crescent

Carron

- Monday 7.30pm Free Kirk, Beaumont Drive - **Prayer & Meditation**
Wednesday 2pm Free Kirk, Beaumont Drive

Denny

- Thursday 8pm Baptist Church, Herbertshire Street
Sunday 8pm St Alexanders Church Hall, Stirling St

Falkirk

- Monday 7.30pm St Andrew's West Church, Upper Newmarket St
Door locked - ring bell
- Tuesday 8pm St Andrew's West Church, Upper Newmarket St - **Big Book**
- Wednesday 8pm St Andrew's West Church, Upper Newmarket St
door locked - ring bell
- Friday 10.30am Falkirk Trinity Church (off High Street - opposite M&S)
- Friday 8pm Falkirk Trinity Church **Big Book**
(off High Street - opposite M&S) *door locked - ring bell*
- Saturday 8pm Falkirk Trinity Church,
(off High Street - opposite M&S) *door locked - ring bell*
- Sunday 3pm to 4.30pm Falkirk Trinity Church,
(off High Street - opposite M&S) *door locked - ring bell*

Grangemouth

Thursday 8pm Swimming Pool Community Halls, Abbots Rd **Step & Trad**

Saturday 10am Swimming Pool Community Halls, Abbots Road

Larbert

Thursday 8pm Old Parish Church, Larbert Cross

Stenhousemuir

Monday 8pm Scout Hall, James Street, *door locked - ring bell*

Tuesday 8pm Larbert East Church, Kirk Avenue

Friday 8pm Larbert East Church, Kirk Avenue

Mutual Aid

Al-Anon/Alateen Confidential Helpline - 0207 403 0888

For friends, family and teenage children of alcoholics

- Monday 8pm Grahamston United Church,
Bute Street, Grahams Road, Falkirk FK2 7DH
- Wednesday 8pm Lornshill Academy, Tullibody Road, Alloa FK10 2EU
- Thursday 10.30am Raploch Community Campus, Drip Road,
Raploch, Striling, FK8 1RD
- Friday 8pm Old Parish Church, Larbert Cross, Larbert FK5 4AF

Cocaine Anonymous Helpline - 0141 959 6363

 info@cascotland.org.uk

 www.cascotland.org.uk

For cocaine, alcohol and all mood/ mind-altering substances

Gamblers Anonymous Helpline - 0370 050 8881

 www.gascotland.org

- Tuesday 7.30pm Old St Monans Parish Church, Manse Place,
Falkirk FK1 1JN (*opposite M&S*)
- Thursday 7.30pm Salvation Army, Main Street, Stenhousemuir FK5 4HB

Narcotics Anonymous Helpline - 0300 999 1212

 www.ukna.org.uk

Monday 7.30pm to 9pm Methodist Church,
Queen Street, Stirling FK8 1SL
Friday 7.30pm to 9pm Salvation Army,
19 Drip Road, Raploch, Stirling FK8 1RA
Saturday 1.30pm to 3pm ASC, 32 Vicar St, Falkirk FK8 4HB

Families Anonymous Helpline - 0845 1200 660

Feelings Meeting / Peer Support Group

Tuesday 11am to 12 midday Salvation Army Hall, Drip Rd, Stirling
Contact Paul 07580 851 151 or Lynda 07730 387 474

Recovery Cafes

Come along to one of our Forth Valley Recovery Community recovery cafes. Recovery Cafe's are drug and alcohol free environments where you can come for recovery support in an informal setting.

Our cafes are open four days per week throughout Forth Valley. Have a cup of tea or coffee, enjoy some home baking or excellent food cooked by our recovery volunteers. Learn how to play an instrument or get fit! We have a variety of options available for all abilities and desires.

Monday

4pm to 9pm

2 The Gate, Ludgate, Alloa FK10 2DR

Tea/coffee/food/12 Step meeting/SMART Recovery/ arts & crafts activities recovery films and discussion.

Wednesday

1pm to 4.30pm

The Tryst Community Centre, Stenhousemuir

Wii Sports, pool, board games, Yoga and Meditation, circuit training, five-a-side football, SMART Recovery, meet our recovery volunteers and peer supporters.

Friday

1pm to 6pm

Stirling Cafe, Ochil Community Centre, Raploch, Stirling

Great food, home baking, learn to play an instrument, meet our recovery volunteers, SMART recovery.

Saturday

10.00am to 3pm

Weekend Recovery Cafe, ASC Falkirk, 32 Vicar Street, Falkirk

Live music and entertainment monthly, home made food, NA meeting, SMART, recovery speakers, Complimentary Therapy Spa-Relax

Forth Valley Recovery Community

Forth Valley Recovery Community is YOUR community. Why not drop in to your local cafe, get involved or chat to our volunteers about how we can help you move on. FVRC is all about making recovery accessible to everybody in Forth Valley who has experienced substance dependency.

Contact

Jardine: 07920 234 694 jsimpson@asc.me.uk

or

Becky: 07920 576 375 BWood@asc.me.uk

Smart Recovery Meetings

Monday

Alloa Recovery Cafe, The Gate, Alloa.
7.00pm to 8.30pm

Tuesday ASC Falkirk, 32 Vicar Street

4.30pm to 6.00pm

Wednesday

Signpost Alloa, Cooperage Way,
1.30pm to 3.00pm

Stenhousemuir Recovery Cafe , Tryst Community Centre, Stenhousemuir
3.00pm to 4.30pm

Thursday

ASC Stirling 90 Drip Road, Raploch
4.30pm to 6.00pm

Friday

Stirling Recovery Cafe, Ochil Community Centre, Raploch
3.00pm to 4.30pm

Saturday

Weekend Recovery Cafe, ASC Vicar Street, Falkirk
11.30am to 1.00pm

SMART Recovery is a mutual aid organisation that provides self-help meetings designed to help you understand and use evidence based techniques to help you recover from any type of addictive behaviour. Try one of the many meetings throughout Forth Valley, or train to be a SMART Recovery meeting Facilitator. You could be running a meeting! For more info about SMART Recovery, or to take part in an online meeting, go to <http://www.smartrecovery.org.uk/>

Recovery Support

Health

Where to get a meal
How to find a doctor
How to find a dentist
Domestic Abuse
Advocacy Services
Survivors Support
Relationship Scotland

Housing

Where to get accommodation

Social Care

Falkirk, Clackmannanshire and Stirling Council
Services to People - Social Services Adult Care
Falkirk Council - Criminal Justice Services
Clacks & Stirling Council Services to People
Criminal Justice Services

Employment

Job Centre Plus
Clackmannanshire Works - Employment Service
Falkirk Council, Community Services, Employment
and Training Unit
Stirling Council Employability Service
Apex Scotland: Employment & Guidance

Where to get a meal

CLACKMANNANSHIRE

Every Tuesday, 12 mid-day to 1pm

November to March, Tuesday & Thursday, 12 mid-day to 1pm

Alloa Soup Pot - Alloa North Church Hall, Tullibody Road, Alloa.

Serves soup and a roll, free.

FALKIRK

Monday to Friday, 12.30pm to 2.30pm

Salvation Army Hall, 1 Woodside Court, High Station Road, Falkirk

Serves 2 course meal, free.

STIRLING

Monday to Friday, 3pm to 4.45pm

Salvation Army Hall, 19, Drip Road, Stirling

Serves 3 course meal, free.

The Salvation Army in Falkirk & Stirling can also provide:

- *Sleeping Bags & Toiletries (when available), Clothing, Washing Facilities, Support, Chiropody Service, Advice & Help.*
- *Drop in Services - Falkirk & Stirling provide access to Sign Post*
Stirling also offers access to a Dentist, GP, In Touch & Open Secret
Speak to the staff and they will give you details of when they are on.

How to find a doctor

Everyone is entitled to be registered with a GP even if you don't have a permanent address.

If you are trying to register with a GP you can use a care of address, such as a friend or relative's, or the GP Practice itself.

▶ ***If you have any problems getting registered call the registration helpline:***

Telephone: 0800 22 44 88

Opening Times: (By phone)

Monday to Friday 8.00am to 10.00pm

Saturday and Sunday 9.00am to 5.00pm

▶ ***General Practitioner (Doctor)***

In an emergency situation you can receive health care at the accident and emergency department at: **Forth Valley Royal Hospital, Larbert**

Or at the minor injuries department at:

Stirling Community Hospital, Livilands, Stirling

9.00am to 9.00pm, 7 days

For advice about your health call:

NHS 24: 111

How to find a dentist

For information on finding a dentist or accessing emergency treatment phone
Forth Valley Dental Helpline: 0844 800 6886

▶ ***Emergency Dentist***

Telephone: 0844 800 6886

The above number is available 8.30am to 4.30pm Monday to Friday.

After 6pm to 8am and at weekends please call

NHS 24 on 111

Domestic Abuse

Women's Aid offers refuge accommodation, information, practical and emotional support for women and their children (if any) who are fleeing mental, physical or sexual abuse.

Clackmannanshire Women's Aid - 01259 721407

Mon - Fri 9.30am to 4pm

www.Clackswomensaid.org.uk

Falkirk & District Women's Aid - 01324 635661

www.falkirkwomensaid.org.uk

Stirling Women's Aid - 01786 470897

www.stirlingwomensaid.org.uk

To report incidents of domestic abuse call Police HQs on 101 or dial 999 in an emergency. To speak to someone in the Public Protection Unit call 01324 574 905.

Scottish Domestic Abuse and Forced Marriage Helpline - 0800 027 1234

Men's Advice Line (for men experiencing domestic abuse) - 0808 801 0327
or email: info@mensadviceline.org.uk

If you are using drink or drugs as an excuse for hurting your partner or ex-partner and want help to stop this behaviour, call the Respect helpline on 0800 802 4040. www.respect.uk.net

Broken Rainbow is the UK's only national LGBT domestic abuse helpline.
Tel: 0300 999 5428 or email: help@galop.org.uk

Advocacy Services

 01324 557070

 fv-uhb.fvadvocacy@nhs.net

Forth Valley Advocacy is an independent organisation that works across the Forth Valley area. Workers providing a service to older people and to mental health services are peripatetic and visit hospitals and other facilities, including home visits, as appropriate.






 01324 633321

 info@centraladvocacypartners.org.uk

 www.centraladvocacypartners.org.uk

Central Advocacy Partners provides independent advocacy for people with learning disabilities in Clackmannanshire, Falkirk and Stirling.

Survivors Support

-  Wellbeing Scotland, Main Office, 98 Thornhill Road, Falkirk, FK2 7AB
 -  Stirling Office, Unit 7, Stirling Arcade, King Street, FK8 1AX
 -  01324 630 100
 -  info@wellbeingscotland.org
 -  www.wellbeingscotland.org
-

Wellbeing Scotland is a voluntary organisation with services across Scotland. They provide a wide range of holistic services for individuals and families whose life experiences have impacted negatively on their wellbeing. Since 1994 they have offered client centred, holistic, trauma informed therapeutic services and have specialised in abuse and trauma work.

They work with both children and adults and have services in various areas of Scotland and are working towards providing support to individuals in all areas of Scotland.

Wellbeing Scotland, offers a diverse range of support services in recognition of the wide range of experiences which may impact on an individual or their family in different ways, at different stages of their lives. The range of support offered ensures that they can offer individuals a support pathway which suits their individual needs.

Their services are open ended, in recognition of the fact that every individual's experience is different and unique to them as is their journey to recovery.

 Information Line: 0345 119 2020

 www.relationships-scotland.org.uk

▶ **Overall Aim of Service:**

Relationships Scotland's network provide relationship counselling, family mediation, child contact centres and other family support services across all of mainland and island Scotland. Their work supports individuals, couples and families experiencing relationship difficulties.

▶ **Opening Times**

Monday to Friday 9.30am to 4.30pm

Where to get accommodation

Homelessness

If you are homeless or at risk of becoming homeless you should contact the Council's Homelessness Team in your area.

CLACKMANNANSHIRE

9am to 5pm: 01259 452397 or 0845 055 7070

Out of Hours: 01259 452000

Emergency: 0800 027 6566

FALKIRK

9am to 5pm: 01324 503600

Out of Hours: 0800 587 4440

STIRLING

9am to 5pm: 01786 237900

Out of Hours: 01786 404040

THE BRIDGE: 55-57 Lower Bridge St, Stirling FK8 1AA - 01786 448633

A drop in facility where young people in the Stirling area can meet, access the internet, get information, advice and practical support on a range of issues.

FALKIRK ACCOMMODATION RESOURCE CENTRE

Provides advice on homelessness and housing, health, welfare, benefits and debt advice.

Monday to Friday, 9am to 5pm, 01324 503600

Recovery Support - Social Care

Falkirk, Clackmannanshire and Stirling Council Services to People - Social Services Adult Care

Clackmannanshire -

Clackmannanshire Social Work,
Kilncraigs, Greenside Street
Alloa FK10 1EB

Tel: 01259 452498

Fax: 01259 720143

Email: adultcare@clacks.gov.uk
(general enquiries only)

Web: www.clacksweb.org.uk/social/adultcare/

Falkirk - Health and Social

Care, Denny Town House, Glasgow
Road, Denny FK6 5DL

Tel: 01324 506 070

Web: www.Falkirk.gov.uk/services/social-care

Stirling - Stirling Social Work,

Municipal Buildings, 8-10 Corn
Exchange Road, Stirling FK8 2HU

Tel: 01786 233759

► **Overall Aim of Service:**

To provide community care information, advice and social work support for adults in need.

Adult Care Services aim to support adults in need and to promote well-being and independence through the provision of a range of services; these include advice and support at home, day provisions, residential care and supported accommodation.

Adult Care services are for people who are vulnerable due to their age, mental or physical illness, addiction or disability. Support and respite is also provided for carers. Adult Care works closely with health and housing services to ensure that people get appropriate help when needed.

Anyone can request an assessment by contacting the Community Care Teams.

► **Opening Times**

The Emergency Duty Team is available during out-of-office hours on 01786 470500

Falkirk Council - Criminal Justice Services

 Criminal Justice Service, Brockville, Hope Street,
Falkirk FK1 5RW

 01324 506400

 swk.criminaljustice@falkirk.gov.uk

 www.falkirk.gov.uk

▶ **Overall Aim of Service:**

Overall aim of service: The Criminal Justice Service aims to enhance community safety and public protection, reduce the risks associated with re-offending, improve outcomes for people with convictions, and assist prisoners to re-settle back into the community after release from custody.

▶ **Catchment Area**

Falkirk Council

▶ **Opening Times**

Monday to Friday 9am to 5pm

Emergency contact: 01786 470500

▶ **Age Range:** 16+

▶ **Services Provided:**

- Reports to court to assist decisions on sentencing
- Court services to assist those attending court
- Bail information and supervision services
- Diversion from prosecution
- Supervising community sentences
- Delivering programmes of work to address needs and offending behaviour
- Organising and supervising unpaid work for the benefit of the community
- Delivering social work services to people whilst they are in prison
- Reports to the Parole Board
- Assisting people to re-settle back into the community after release from custody.

Clacks & Stirling Council Services to People Criminal Justice Services

 **Clackmannanshire:** Glebe Hall, Burgh Mews, Alloa FK10 1HS

 01259 452200 / 450000

 cjs@clacks.gov.uk

 clacksweb.org.uk/social/

 **Stirling:** Stirling Council, Wolfcraig, Dumbarton Road,
Stirling, FK8 2LJ

 01786 477177

 criminaljustice@stirling.gov.uk

 stirling.gov.uk

► Overall Aim of Service:

Clackmannanshire - Clients of 16 years + who are either subject to a statutory order (e.g. Probation, Community Service, Parole), or are the subject of a request for a social work report by the court are referred to this service. This service provides their clients with information & advice, risk assessment, counselling, groupwork, reports to the court, probation & aftercare supervision and home background reports.

Stirling - The service works with people aged 16+ who have been convicted of an offence. Services range from reports prepared for Courts and the Parole Board, assessments of need and risk to interventions designed to support change and encourage a pro-social lifestyle.

Interventions can include structured programmes delivered individually or in a group setting, 1-2-1 support, practical assistance and advice/ guidance.

The service works closely with a range of partners including Courts, Police, Prisons, Alcohol and Drugs services, voluntary agencies and Community Enterprises.

Job Centre Plus

CONTACTS: See website for locations throughout Forth Valley

 www.gov.uk/contact-jobcentre-plus

► **Overall Aim of Service:**

To provide careers information, advice, support and career planning for clients of all ages.

Key workers provide holistic support to assist young people to enter and sustain employment, training or Further Education.

Alloa - 17 Mar Street, Alloa, Clackmannanshire FK10 1LX

Tel: 0345 604 3719

Textphone: 0345 608 8551

Falkirk - 10B Wellside Place, Falkirk FK1 5SE

Tel: 0345 604 3719

Textphone 0345 608 8551

www.jobcentreplusoffices.co.uk/en.scotland/edinburgh/308-falkirk-job-centre-plus-office

Grangemouth - 13-15 Charlotte Dundas Court, Grangemouth FK3 9EA

Tel: 0345 604 3719

Textphone: 0345 608 8551

Stirling Wallace House - Maxwell Place, Stirling FK8 1JU

Stirling South Lodge - 2 St Ninians Road, Stirling FK8 2HF

Tel: 0345 604 3719

Textphone: 0345 608 8551

www.jobcentreplusoffices.co.uk/en.scotland/

Recovery Support - Employment

Clackmannanshire Works - Employment Service

 Kilncraigs, Greenside Street, Alloa FK10 1EB

 01259 450 000

 customerservice@clacks.gov.uk

▶ **Overall Aim of Service:**

To help people progress into employment through personal development, confidence building, referral to agencies, work experience, training and/or employment advice.

▶ **Catchment Area**

Clackmannanshire Local Authority Area

▶ **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

Outwith the above hours: None

- ▶ **Age Range:** 16 years plus
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes, but services should be accessed mainly through referrals.
- ▶ **Client Groups:** Must be Clackmannanshire residents. We can work with unemployed people who are not on the Work Programme. We can also work with people who are in employment if they are facing redundancy or need up skilling to remain in the workplace.
- ▶ **Services Provided:** Support to help unemployed people progress towards or into work. Also support to people in work to help them gain new skills or qualifications.
- ▶ **Any other relevant information:** This is a voluntary service. Client must meet eligibility criteria. Clients need to be referred by JCP, Careers Scotland or other Council services. Client must be able to work with adviser and show commitment to courses etc. that are organised.
- ▶ **Types of Substance Use Provided for:** Service is open to all but must be able to engage in service. Clackmannanshire Works does not provide support with substance misuse directly but is useful for those progressing from substance misuse into mainstream activities i.e. work and training.
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** Yes
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**
We can provide support for mild disabilities such as dyslexia but we are not geared up for specialist areas such as autism.
- ▶ **Services are available for people with a visual impairment**
See above statement
- ▶ **Services are available for people with a hearing impairment**
See above statement
- ▶ **Services are available for people whose first language is not English** See above statement
- ▶ **Support is available to families of people who are current or prospective clients with the service:** No
- ▶ **Does the venue have accessible car parking spaces?** Yes

Recovery Support - Employment

Falkirk Council, Community Services, Employment and Training Unit

 Municipal Chambers, Bo'ness Road,
Grangemouth FK3 8AF

 01324 504400 FREEPHONE 0800 028 0363

 etu@falkirk.gov.uk

 www.falkirk.gov.uk

► Overall Aim of Service:

"The Employment and Training Unit aims to help local people of working age to gain the skills and work experience they need to compete in the labour market and get jobs. As an inclusive organisation we believe that everyone has the right to be treated with respect and we are committed to the highest possible standards in everything we do."

► Catchment Area

Falkirk Local Authority Area

► Opening Times

Monday to Friday 9am to 5pm (In person or by phone)

Outwith the above hours: None

- ▶ **Age Range:** 15 to 65
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes

▶ **Client Groups:** Unemployed residents of Falkirk Council area.

Priority given to young people who fall within the NEET group and people who live in Regeneration areas.

▶ **Services Provided:**

- Positive Transition from School: alternative curriculum for pupils in their final year at school who are at risk of becoming NEET.
- Pre-Employment Support: 4 week, P/T programme including confidence building, employability planning, needs assessment.
- Work Based Training including Modern Apprenticeships: waged opportunities for individuals who want to develop work based skills and employability through work experience, vocational training, core skill development and personal skill development.

▶ **Types of Substance Use Provided for:** Where it is identified that a client is misusing substances, a referral will be made to the appropriate agency.

▶ **Is your building/service an accessible venue?** Yes

▶ **Provisions are in place to ensure those with a physical disability have access.** All buildings have wheelchair access. In certain circumstances outreach services can be provided.

▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes

▶ **Support is provided for people with learning difficulties**

- Materials in easy read format
- Carer/ PA provision

▶ **Services are available for people with a visual impairment**

- building/room accessibility
- room layout
- large print materials/colour tone contrast materials
- audio provision

▶ **Services are available for people with a hearing impairment**

- loop system available in the room consultations/events take place
- personal communicators
- BSL interpreter
- Lipspeaker
- Palantypist
- Deafblind Guide Communicator

▶ **Services are available for people whose first language is not English**

- Ethnic Minority interpreter

▶ **Support is available to families of people who are current or prospective clients with the service**

▶ **Does the venue have accessible car parking spaces?** Yes

Stirling Council Employability Service

 1 - 5 Port Street, Stirling FK8 2EJ

 01786 233966

 employability@stirling.gov.uk

 www.stirling.gov.uk/community-life-and-leisure/adult-education-and-community-learning/employability

▶ **Overall Aim of Service:**

We give advice, guidance and organise assessments, training, work experience and employment opportunities. Everything is focused on the individual needs of our clients and supporting the clients to access work and sustain work.

For more information, please email us or call 01786 233966.

▶ **Catchment Area**

Stirling Local Authority Area

▶ **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

Outwith the above hours: We currently have no provision out with core hours.

▶ **Age Range:** 16+ no upper age limit

▶ **Charge:** Free

▶ **Gender:** All

▶ **Can clients self refer?** Yes

▶ **Client Groups:** Learning Disabilities, Mental Health, Physical Impairments, Autistic Spectrum Disorders.

All health conditions that inhibit clients progressing to employment are eligible for consideration in defining eligibility for this Service.

▶ **Services Provided:** The Services offered are delivered by a process of Case Management, clients can access vocational rehabilitation, training, assessment, job coaching, support with job matching, employer engagement, job retention. Access to Keep Well Forth Valley as and anticipatory care provision. If the client requires additional services we will endeavour to identify provision and support available. All clients have access to a full holistic health check through Keep Well Forth valley.

▶ **Types of Substance Use**

Provided for: Provision is made for clients who are experiencing issues related to substance misuse if the client has a recognised health condition that is a barrier to employment. The clients must be capable of engaging with the service.

▶ **Is your building/service an accessible venue?** Yes

▶ **Provisions are in place to ensure those with a physical disability have access.** Yes

▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes

▶ **Support is provided for people with learning difficulties** Yes

▶ **Services are available for people with a visual impairment** Yes

▶ **Services are available for people with a hearing impairment** Yes

▶ **Services are available for people whose first language is not English** N/A

▶ **Support is available to families of people who are current or prospective clients with the service:** Yes

▶ **Does the venue have accessible car parking spaces?** Yes

Apex Scotland: Employment & Guidance

 Suite 3, 1st Floor, 14 Bank Street,
Alloa, FK10 1HP

 01259 725640

 forthval@apexscotland.org.uk

 apexscotland.org.uk

► **Overall Aim of Service:**

To assist individuals serving Criminal Justice Community Sentences who may have drug/alcohol, mental health, homelessness issues, to address their offending behaviour and move back into training, education or employment.

► **Catchment Area**

Forth Valley Wide

► **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

Outwith the above hours: N/A

- ▶ **Age Range:** 16+
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Social Worker/ Criminal Justice Worker
- ▶ **Client Groups:** Individuals with a live Criminal Justice link in Forth Valley.
- ▶ **Services Provided:** Supported through the Disclosure process and assisted with work or training prospects including CV writing, mock interviews.
- ▶ **Any other relevant information:** Clients can be seen on an outreach basis at premises within their own area or from the Apex unit in Alloa.
- ▶ **Types of Substance Use Provided for:** Apex works with individuals involved in all types of substance misuse.
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** All buildings have wheelchair access.
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**
 - Materials in easy read format
 - Carer/ PA provision
- ▶ **Services are available for people with a visual impairment**
 - building/room accessibility
 - room layout
 - large print materials/colour tone contrast materials
 - audio provision
- ▶ **Services are available for people with a hearing impairment**

All individual support needs are addressed on a case by case basis to allow clients to access the service.
- ▶ **Services are available for people whose first language is not English** Translation, interpreter available if required.

All individual support needs are addressed on a case by case basis to allow clients to access the service.
- ▶ **Support is available to families of people who are current or prospective clients with the service:** No
- ▶ **Does the venue have accessible car parking spaces?** Yes

Tier 1

Community Pharmacy Services

Forth Valley Family Support Service

Forth Valley Hepatology Service


Signpost Recovery

Stop Smoking Services (SSS)

Tier 1

Community Pharmacy Services

 Lead Pharmacist in Mental Health & Substance Misuse

 Administration Area 5, Stirling Community Hospital,
Livilands, Stirling FK8 2AU

 01786 454798

 07920 711033

 jean.logan@nhs.net

 [www.nhsforthvalley.com/health-services/
doctors,-dentists,opticians-and-pharmacies/](http://www.nhsforthvalley.com/health-services/doctors,-dentists,opticians-and-pharmacies/)

► **Overall Aim of Service:**

To provide supervised consumption and dispensing of methadone and buprenorphine.

To provide injecting equipment, harm reduction information and naloxone supply. Injecting Equipment Provision (IEP) Participating Pharmacies (see www.forthvalleyadp.org.uk)

To provide advice on secure handling and safe storage of medicines.

To provide advice and prescribe for minor ailments for those registered with the Minor Ailment Services (MAS) within their community pharmacy.

To provide public health services including support with smoking cessation, advice on alcohol and safe drinking limits, sexual health services.

► **Catchment Area**

Forth Valley Wide

► **Opening Times - Refer to individual community pharmacies.**

In general Monday to Friday 9am to 5pm or 6pm

Saturday 9am to 1pm Some open Saturday afternoon and Sunday

- ▶ **Age Range:** All
- ▶ **Charge:** Free advice, free prescriptions with the exception of minor ailment service outwith exemption categories.
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes
- ▶ **Client Groups:** All
- ▶ **Services Provided:**
 - Most provide substitute opioid dispensing services
 - Some provide injecting equipment, harm reduction advice and naloxone supply
 - All provide Public Health Services
 - All provide Minor Ailment Service (MAS)
- ▶ **Types of Substance Use Provided for:** All
- ▶ **Is your building/service an accessible venue?** Yes
 - ▶ **Provisions are in place to ensure those with a physical disability have access**
Most buildings have wheelchair access.
 - ▶ **Does the venue the service is provided from have an accessible toilet/s?** No
 - ▶ **Support is provided for people with learning difficulties**
 - Materials in easy read format
 - Carer/ PA provision
- ▶ **Services are available for people with a visual impairment**
 - building/room accessibility
 - room layout
 - large print materials/colour tone contrast materials
 - audio provision
- ▶ **Services are available for people with a hearing impairment**
 - loop system available in the room consultations/events take place
 - personal communicators
 - BSL interpreter
 - Lipspeaker
 - Palantypist
 - Deafblind Guide Communicator
- ▶ **Services are available for people whose first language is not English**
 - Ethnic Minority interpreter
 - Other
- ▶ **Support is available to families of people who are current or prospective clients with the service**
- ▶ **Does the venue have accessible car parking spaces?**
Variable

Tier 1

Forth Valley Family Support Service

► **Current Group Information:**

Stirling Family Support Group

Every 2nd Thursday 6pm to 8pm

Raploch Community Campus, Drip Road, Raploch, Stirling FK8 1RD

Alloa Family Support Group

Every Tuesday 1.30pm to 3.30pm

CTSI/ACE Recycling Building, The Whins, Whins Road, Alloa FK10 3TA

Falkirk Family Support Group

Every Tuesday 5pm to 6.30pm (with 4pm to 5pm being a drop in for group members looking for 1-2-1 support)

Addiction Support and Counselling, 32 Vicar Street, Falkirk FK1 1JB

Grangemouth Family Support Group

Every Monday 10am to 12 noon

Grangemouth Education Unit, 69-71 Abbots Road, Grangemouth FK3 8JE

 Head Office - Stirling House, 226 St Vincent Street,
Glasgow G2 5RQ

 0141 221 0544

 fvfamilies@sfad.org.uk

 www.sfad.org.uk

► **Opening Times**

Monday to Friday 9am to 5pm (In person)

Saturday - Outwith hours by arrangement (By phone)

Sunday - Telephone Family Support Development Officer,

Outwith the above hours: Forth Valley Family Support Staff are generally available Monday - Friday, 9am to 5pm, however there is 1:1 evening support available and groups which run in the evening. Helpline available weekdays until 11pm, Saturday and Sunday, 5pm to 11pm **Helpline No 08080 10 10 11**

▶ **Overall Aim of Service:**

Forth Valley Family Support Service provides information and support to individuals, family members and friends affected by someone else's alcohol or drug use.

We aim to increase knowledge of addiction issues and help family members and friends cope better and influence positive change for themselves and loved ones.

▶ **Catchment Area**

Forth Valley Wide, Stirling Local Authority Area, Falkirk Local Authority Area, Clackmannanshire Local Authority Area, Specific area within one Local Authority Area, National

▶ **Age Range:** 18+

▶ **Charge:** Free

▶ **Gender:** All

▶ **Can clients self refer?** Yes, Family members can self refer.

▶ **Client Groups:** Anyone from Forth Valley 18+ years, who is impacted by another's alcohol or drug use.

▶ **Services Provided:**

- 1:1 Support
- Advocacy
- Family Support Group
- CRAFT (Community Reinforcement & Family Training) Programme
- Signposting to other relevant agencies
- Alcohol & Drug Information

Tier 1

Forth Valley Hepatology Service

(Blood Borne Virus Team)

 Office Number / Patient Pathway Co-ordinator
01786 434079

 FV-UHB.hepatology@nhs.net

▶ **Overall Aim of Service:**

To provide an advice, testing, care and treatment service for anyone who feels they have been at risk of contracting a viral hepatitis (Hepatitis B or C) or those who are aware of their diagnosis of viral hepatitis in a variety of friendly settings across Forth Valley.

▶ **Catchment Area**

Forth Valley Wide

▶ **Opening Times**

Day	Hours	Location
Mon:	9am to 12 midday	SMS Building, Falkirk Community Hospital
Mon:	9am to 11.30am	Out-patients, Area 2, Stirling Community Hospital
Mon:	2pm to 5pm	Out-patients, Area 4, Forth Valley Royal Hospital
Tues:	10am to 12 midday	CADS Drop In Clinic - SMS Building, Stirling Community Hospital
Tues:	2pm to 4.30pm	(every 1st and 3rd Tuesday) Clackmannan Community Healthcare Centre, Sauchie
Thus:	9am to 12 midday	Out-patients, Area 2 Stirling Community Hospital
Fri:	9am to 12 midday	Clackmannan Community Healthcare Centre, Sauchie

- ▶ **Age Range:** From 14 years
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes
- ▶ **Client Groups:** All clients
- ▶ **Services Provided:**
 - Testing for blood borne viruses (Hepatitis B, C and HIV)
 - Advice on harm reduction
 - Ongoing care and treatment of viral hepatitis (Hepatitis B & C)
 - Signposting to Alcohol & Drug Support services & Mental Health Services
 - Link to C4th – Patient support group for all patients with blood borne viruses
- ▶ **Types of Substance Use Provided for:** The service sees individuals with all types of substance misuse
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** All buildings have wheelchair access. Every effort is made to ensure clients are offered appointments as close to their own locale as possible in a variety of Outreach settings.
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**
 - Easy to understand and visual leaflets have been developed via close links with Speech and Language therapy to ensure that individual patients' needs are met.
 - Carer and personal assistant provision
- ▶ **Services are available for people with a visual impairment**
 - building/room accessibility
 - room layout
 - large print materials/colour tone contrast materials
 - audio provision
- ▶ **Services are available for people with a hearing impairment**
 - loop system available
 - personal communicators
 - BSL interpreter
 - Lipspeaker
 - Palantypist
 - Deafblind Guide Communicator
- ▶ **Services are available for people whose first language is not English**
 - Interpreters are arranged, as required, for each appointment
 - Ethnic Minority interpreter
- ▶ **With a client's consent, support and advice is available to families and other involved agencies of people who are currently or are likely to engage with the service**
- ▶ **Does the venue have accessible car parking spaces?** Spaces available in public car parks

Tier 1

Signpost Recovery

 **Alloa:** Primary Administrative Base, Unit 1 & 2,
Block 7, Cooperage Business Village, Cooperage Way,
Alloa FK10 3LP

 **Falkirk:** 9 Callendar Road, Falkirk FK1 1XS

 0845 673 1774

 01259 272033

 info@signpostrecovery.org.uk

 www.signpostrecovery.org.uk

► Overall Aim of Service:

Signpost Recovery

To provide a direct access and entry point for those with substance misuse problems and those affected by another's drug use. As a Tier 1 service we will begin support and where necessary refer to specialised services offering more intensive interventions and treatment.

Core Service

A comprehensive assessment will inform an appropriate care plan and treatment package. If necessary we will facilitate referral on to other services. Within Signpost Recovery there is a Drop-in Harm Reduction Service and relapse prevention for those with substance misuse issues. Where applicable Signpost offers recovery oriented key working for the GPPS service. Signpost also offers assessment and referral to those identified with substance misuse issues within Stirling and Falkirk Police Stations.

Harm Reduction Service

Provides an outreach based injecting equipment provision service giving advice and information via dedicated workers on reducing drug related harm. Direct access to BBV vaccination and testing, and referral routes to specialist services. Drop in provision is available and the service caters to all needle exchange needs, including those of steroid users. All injecting equipment returns are actively welcomed whether used or unused.

Time for Us

Time4Us work across Forth Valley to provide support to families where Parental Substance Use is impacting upon their children. With a dedicated Lead Children's Worker, Lead Family Worker and Senior Addiction Worker we will work with each family on a needs led, individual basis.

All services offer out of hours service and helpline linked to the above telephone numbers.

▶ Catchment Area

Forth Valley Wide

▶ Opening Times

Monday to Friday 9am to 9pm (In person or by phone)

Saturday 9am to 1pm (In person or by phone)

▶ Age Range: 16+

▶ Charge: Free

▶ Gender: All

▶ Can clients self refer? Yes

▶ Client Groups: All those affected by substance misuse.

► **Services Provided:**

- Initial substance misuse assessment
- Referral service
- Time limited support (group work Problem solving, counselling)
- Support for self detox
- Access to housing and welfare advice
- Advice and support to access primary healthcare
- Veterans service
- Sexual health advice
- Comprehensive Injecting Equipment Provision and equipment exchange
- GP prescribing service
- Arrest referral service
- Referral on to specialist alcohol services.
- Time for Us

► **Any other relevant information:**

A Substance misuse counselling issues referred on to sister organisation ASC

► **Types of Substance Use Provided for:** All substances

► **Is your building/service an accessible venue? Yes**

► **Provisions are in place to ensure those with a physical disability have access**

All buildings have wheelchair access. In certain circumstances outreach services can be provided.

► **Does the venue the service is provided from have an accessible toilet/s? Yes**

► **Support is provided for people with learning difficulties**

- Materials in easy read format
- Carer/ PA provision

► **Services are available for people with a visual impairment**

- building/room accessibility
- room layout
- large print materials/colour tone contrast materials
- audio provision

► **Services are available for people with a hearing impairment**

- loop system available in the room consultations / events take place
- personal communicators
- BSL interpreter
- Lipspeaker
- Palantypist
- Deafblind Guide Communicator

► **Services are available for people whose first language is not English**

Translation services provided by prior arrangement

► **Support is available to families of people who are current or prospective clients with the service**

► **Does the venue have accessible car parking spaces?**

Yes, provision variable, Restrictive in town centre venues.

Tier 1

Stop Smoking Services (SSS)

 Health Promotion Department, Unit 2, Colquhoun Street,
Stirling FK7 7PX

 01786 433293

 fv-uhb.fvstopsmokingservice@nhs.net

 www.nhsforthvalley.com/stopsmoking

▶ **Overall Aim of Service:**

To provide effective evidence based smoking cessation support to smokers motivated to quit.

▶ **Catchment Area**

Forth Valley Wide

▶ **Opening Times**

Monday to Friday 9am to 5pm (by phone)

Outwith the above hours: SSS have an answerphone where messages may be left. In addition the message directs callers to Smokeline 0800 84 84 84 for quitting support.

- ▶ **Age Range:** Any
- ▶ **Charge:** Free
- ▶ **Gender:** Any
- ▶ **Can clients self refer?** Yes
- ▶ **Client Groups:** Any smokers looking for information. i.e. cutting down, quitting, using a nicotine containing device i.e. cigarettes or e-cig.
- ▶ **Services Provided:**
Behaviour change support.
Telephone, text, email, face to face
- ▶ **Types of Substance Use Provided for:** Nicotine containing devices. i.e. cigarettes or e-cig
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access**
Yes. At most of our office locations
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes. At most of our office locations
- ▶ **Support is provided for people with learning difficulties**
Only if required
- ▶ **Services are available for people with a visual impairment**
No
- ▶ **Services are available for people with a hearing impairment**
No
- ▶ **Services are available for people whose first language is not English**
No
- ▶ **Support is available to families of people who are current or prospective clients with the service**
Yes
- ▶ **Does the venue have accessible car parking spaces?**
Yes

Tier 2

Addiction Recovery Services (ARS)

Addictions Support & Counselling / Community Rehabilitation (ASC)

General Practitioner Prescribing Service (GPPS)

Young People's Alcohol & Drug Services

Tier 2

Addiction Recovery Services (ARS)

 **Falkirk:** Signpost Recovery,
9 Callendar Road, Falkirk FK1 1XS

 01324 673670

 **Clacks:** Signpost Recovery
Unit 1&2, Block 7, Cooperage Business Village,
Cooperage Way, Alloa FK10 3LP

 01786 434430

 **Stirling:** Signpost Recovery,
SMS Building, Stirling Community Hospital,
Livilands Gate, Stirling FK8 2AU

 01786 434430

 FV-UHB.CADSPrescribing@nhs.net

► **Overall Aim of Service:**

To provide treatment services to individuals experiencing difficulties with substance misuse.

The service aims to encourage and support recovery for these individuals.

► **Catchment Area**

Forth Valley Wide

► **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

Outwith the above hours: Voicemail for messages only. No out of hours service is currently provided.

- ▶ **Age Range:** 16-65 years
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Referral from partner services within FV ADP, (ASC, Signpost Recovery, FVCJDTs, CADs).
- ▶ **Client Groups:** Substance Misusers
- ▶ **Services Provided:**
 - Assessment
 - Dedicated Key-working Support for each individual
 - Care Planning (promotion of recovery)
 - Relapse Prevention
 - Management of Abstinence
 - Prescribing
- ▶ **Types of Substance Use Provided for:** Mainly opiate use and alcohol
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** Yes
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**
 - Materials in easy read format
 - Carer/ PA provision
- ▶ **Services are available for people with a visual impairment**
 - building/room accessibility
 - room layout
 - large print materials/colour tone contrast materials
 - audio provision
- ▶ **Services are available for people with a hearing impairment**
 - personal communicators
 - BSL interpreter
 - Lipspeaker
 - Palantypist
 - Deafblind Guide Communicator
- ▶ **Services are available for people whose first language is not English**
 - Ethnic Minority interpreter
 - Other
- ▶ **Support is available to families of people who are current or prospective clients with the service**
- ▶ **Does the venue have accessible car parking spaces?** Yes

Tier 2

Addictions Support & Counselling / Community Rehabilitation (ASC)

 **Falkirk:** 32 Vicar Street, Falkirk FK1 1JB

 **Stirling:** Old Kildean Hospital, 146 Drip Road,
Raploch, Stirling FK8 1RW

 01786 450721

 enquiries@asc.me.uk

 www.asc.me.uk

► **Overall Aim of Service:**

To provide a range of support services for anyone living in Forth Valley who is affected by substance misuse. Services are available for people aged 16 years old and over although support can be provided to the parents and carers of children who are affected by substance misuse. Services that are currently provided include;

Counselling and support service

Advice, counselling and support services for people affected by substance misuse are provided by staff and accredited volunteer counsellors supervised by qualified staff. Referrals are accepted from various sources including self-referrals.

GP counselling service

Direct referrals are accepted from GPs and health centres across Forth Valley for people mainly affected by alcohol misuse and counselling is provided in different health care locations across Forth Valley.

Community Rehabilitation Service

A community based, group structured rehabilitation and pre-employability service that helps people with substance misuse problems gain access to educational, training, volunteering and employment opportunities. Go Forth works in partnership with Forth Valley College who provide on site tutors and dedicated support for service users participating in Go Forth's group work programmes.

▶ **Catchment Area**

Forth Valley Wide

▶ **Opening Times**

(In person or by phone)

Falkirk Office

Monday, Wednesday & Thursday 9am to 5pm

Tuesday 9am to 6pm

Friday 9am to 6pm

Stirling Office

Monday to Thursday 9am to 5pm

Outwith the above hours:

24 hr Answerphone on 01324 874969

▶ **Age Range:** 16+

▶ **Charge:** Free. However, charges may be made to third parties for reporting services.

▶ **Gender:** All

▶ **Can clients self refer?** Yes.

Also by GP's, Treatment and Rehabilitation Services, employment, criminal justice, social work and housing services.

▶ **Client Groups:** No restrictions
Substance users. Recovering
Substance Users (Alcohol & Drugs)

▶ **Services Provided:**

- structured counselling with qualified counsellors
- prevention and education
- advice and information
- therapeutic group work
- service user groups
- advocacy, employment referrals
- training and community rehabilitation/employability.
- Structured groupwork
- Employability skills
- Work experience in the community
- Counselling
- Activities
- Relapse prevention
- Job search
- Key working
- Advocacy

▶ **Types of Substance Use Provided for:** All substances.

▶ **Is your building/service an accessible venue?** We operate from 25 sites, most have disabled access. In certain circumstances outreach services can be provided.

▶ **Provisions are in place to ensure those with a physical disability have access.** Many sites have wheelchair access.

▶ **Does the venue the service is provided from have an accessible toilet/s?** Many sites have wheelchair access.

▶ **Support is provided for people with learning difficulties**

- Materials in easy read format
- Carer/ PA provision

▶ **Services are available for people with a visual impairment**

- building/room accessibility
- room layout
- large print materials/colour tone contrast materials
- audio provision

▶ **Services are available for people with a hearing impairment**

- loop system available in the room consultations/events take place
- personal communicators
- BSL interpreter
- Lipspeaker
- Palantypist
- Deafblind Guide Communicator

▶ **Services are available for people whose first language is not English** Interpreter can be arranged.

- Ethnic Minority interpreter
- Other

▶ **Support is available to families of people who are current or prospective clients with the service**

▶ **Does the venue have accessible car parking spaces?**
Variable

Tier 2

General Practitioner Prescribing Service (GPPS)

Staff & Administration bases

 **Alloa:** Signpost Recovery, Unit 1 & 2, Block 7,
Cooperage Way, Alloa FK10 3LP

 **Falkirk:** 9 Callendar Road, Falkirk FK1 1XS.

 0845 673 1774

 Info@signpostrecovery.org.uk

▶ **Overall Aim of Service:**

To promote & encourage General Practitioner (GP) involvement in the support and treatment of opiate dependency and provide support for this within Primary Care and provide support and training to GPs and Community Pharmacists. To provide movement towards a reduction of use.

▶ **Catchment Area**

Forth Valley Wide

▶ **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

Outwith the above hours: Mobile and voicemail

- ▶ **Age Range:** 16+
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes, by direct access to Signpost Recovery.
- ▶ **Client Groups:** Opiate misusers.
- ▶ **Services Provided:**
 - Keyworking for clients
 - Ongoing support and face-to-face support
 - Local training and support for GP's
 - Training and support for Community pharmacists and keyworkers
 - Co-ordinate provision of keyworking to ensure national quality standards are met.
- ▶ **Types of Substance Use Provided for:** Opiates
- ▶ **Is your building/service an accessible venue?** Yes
 - ▶ **Provisions are in place to ensure those with a physical disability have access.** Arrangements can be made to meet outwith our premises or in the lower part of the building which has disabled access.
 - ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
 - ▶ **Support is provided for people with learning difficulties**
 - Materials in easy read format
 - Carer/ PA provision
- ▶ **Services are available for people with a visual impairment**
 - building/room accessibility
 - room layout
 - large print materials/colour tone contrast materials
 - audio provision
- ▶ **Services are available for people with a hearing impairment**
 - loop system available in the room consultations/events take place
 - personal communicators
 - BSL interpreter
 - Lipspeaker
 - Palantypist
 - Deafblind Guide Communicator
- ▶ **Services are available for people whose first language is not English**
 - Ethnic Minority interpreter
 - Other
- ▶ **Support is available to families of people who are current or prospective clients with the service** This service will give advice and guidance with consent from the client.
- ▶ **Does the venue have accessible car parking spaces?** Yes

Tier 2

Young People's Alcohol & Drug Services

-  Barnardos Axis Service (Falkirk)
Watling Lodge, Tamfourhill Road, Falkirk FK1 4RE
 -  01324 718277
 -  FalkirkAxisService@barnardos.org.uk
 -  www.barnardos.org.uk
-

► **Overall Aim of Service:**

To provide substance service to under 18 year olds who live in the Falkirk Council area and are experiencing difficulties with substance misuse or are at risk of developing difficulties with alcohol/drugs/ volatile substances; thereby reducing the substance related harm to individuals, families and communities, enabling young people to reach their full potential.

► **Catchment Area**

Falkirk Local Authority Area

► **Opening Times**

(In person or by phone)

Monday to Thursday 9am to 5.30pm

Friday 9am to 5pm

Outwith the above hours: Contact outwith working hours as agreed by the Young Person, the worker and parent carer (if applicable).

- ▶ **Age Range:** 12-18 year olds
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes
- Referrals come through;** Social Work, Education, Health and Self/ Parental referral.
- ▶ **Client Groups:** Young people aged 12-18 years (up to 25 years, if care experienced) living within the Falkirk Council area whose substance use is having a detrimental impact on their lives.
- ▶ **Services Provided:**
 - The service operates from a holistic perspective and recognises that whilst for many of our young people substance use may be the presenting problem; in order to effect change the underlying issues must also be addressed.
 - The number of contacts offered per week is needs led and can vary from 1 to 4
 - Each young person works closely with an allocated worker who will also work with the family (where appropriate) in order to support any changes that are required to maximise positive outcomes for the young person.
- ▶ **Support** is offered to parents/ carers. This support can include providing information to parents regarding specific substances and the signs and symptoms and involve working with the whole family or on a 1-1 basis.
 - Axis Falkirk also offers an early intervention service providing 6 to 8 targeted sessions.
- ▶ **Any other relevant information:** Arrangements can be made to meet young people at an appropriate venue of their choosing providing transport if appropriate.
- ▶ **Types of Substance Use Provided for:** All illegal substances and alcohol. Under 18 heroin users would be worked with in partnership with other agencies.
- ▶ **Is your building/service an accessible venue?** Yes, service access and service provision is on the ground floor.
- ▶ **Provisions are in place to ensure those with a physical disability have access.** Arrangements can be made to meet out with our premises or in the lower part of the building which has disabled access.

▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes

▶ **Support is provided for people with learning difficulties**

- Materials in easy read format
- Carer/ PA provision

▶ **Services are available for people with a visual impairment**

- building/room accessibility
- room layout
- large print materials/colour tone contrast materials
- audio provision

▶ **Services are available for people with a hearing impairment**

- loop system available in the room consultations/events take place
- personal communicators
- BSL interpreter
- Lipspeaker
- Deafblind Guide Communicator


▶ **Services are available for people whose first language is not English**

- Ethnic Minority interpreter

▶ **Support is available to families of people who are current or prospective clients with the service** Yes

▶ **Does the venue have accessible car parking spaces?**

Disabled space available at front of building, by arrangement.

 Barnardos Alcohol and Drug Service (Stirling & Clackmannanshire) Braehead House, 14 Calton Crescent, Braehead, Stirling FK7 0BB

 01786 450963

 01786 430451

 mary.boyd@barnardos.org.uk

 www.barnardos.org.uk

► **Overall Aim of Service:**

To provide support to young people with their substance misuse issues to help minimise risks and maximise opportunities for well-being, education and/or employment and social inclusion.

► **Catchment Area**

Stirling & Clackmannanshire Local Authority Area

► **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

Outwith the above hours: Answering machine on 01786 450 963.

Pre-arranged appointments can be given out with these times to suit work and educational commitments.

- ▶ **Age Range:** 12-18 year olds
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes, **Referrals come through;** Social Work, Education, Health and Self/ Parental referral.
- ▶ **Client Groups:** Young people, 12-18 year olds across Stirling and Clackmannanshire whose substance misuse is having a detrimental impact on their health, relationships and/or education and employment.
- ▶ **Services Provided:**
 - The service operates from a holistic perspective and recognises that whilst for many of our young people substance may be the presenting problem , in order to effect change the underlying issues which have contributed to the substance misuse must be addressed also. This may include systematic family work and or parenting work.
 - The average number of contacts offered per week is two, however this is needs led.
 - Support is offered to parents/ carers. This support is needs led and can include providing information to parents regarding substance misuse and what to look for.
 - Each young person works closely with an allocated worker who will also work with the family.
- ▶ **Any other relevant information:** Arrangements can be made to either meet young people at a venue of their choice or, offer transport or, provide refund for travel expense.
- ▶ **Types of Substance Use Provided for:** All illegal substances and alcohol. Under 18 heroin users would be worked with in partnership with other agencies.
- ▶ **Is your building/service an accessible venue?** Yes, service access and service provision is on the ground floor.
- ▶ **Provisions are in place to ensure those with a physical disability have access.** Arrangements can be made to meet outwith our premises or in the lower part of the building which has disabled access.
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**
 - Materials in easy read format
 - Carer/ PA provision
- ▶ **Services are available for people with a visual impairment**
 - building/room accessibility
 - room layout
 - large print materials/colour tone contrast materials
 - audio provision

▶ **Services are available for people with a hearing impairment**

- loop system available in the room consultations/events take place
- personal communicators
- BSL interpreter
- Lipspeaker
- Deafblind Guide Communicator

▶ **Services are available for people whose first language is not English**

- Ethnic Minority interpreter
- Other

▶ **Support is available to families of people who are current or prospective clients with the service**

▶ **Does the venue have accessible car parking spaces?**

Parking available at front and rear of building.

Tier 3

Community Alcohol and Drug Service (CADS)

**Forth Valley Substance Treatment Service
(DTTO/CPO)**

Tier 3

Community Alcohol and Drug Service (CADS)

 **Falkirk:** Substance Misuse Services, Old MRI Suite,
Falkirk Community Hospital, Westburn Avenue,
Falkirk FK1 5QE

 South Team: 01324 673670

 **Stirling:** Substance Misuse Services, SMS Building, Stirling
Community Hospital, Livilands Gate, Stirling FK8 2AU

 North Team: 01786 434430

 FV-UHB.CADSPrescribing@nhs.net

 [www.nhsforthvalley.com/health-services/az-of-services/
substance-misuse-service](http://www.nhsforthvalley.com/health-services/az-of-services/substance-misuse-service)

► **Overall Aim of Service:**

To provide specialist assessment and treatment services for people in Forth Valley experiencing drug and alcohol problems. Staffed by nursing, medical and administration staff the service is delivered through a network of clinics and on a domiciliary basis.

► **Catchment Area**

Forth Valley Wide

► **Opening Times**


Monday to Friday 8.30am to 5pm (In person or by phone)

Outwith the above hours: Voicemail for messages only. No emergency out of hours service is currently provided. *Clinical staff available from 9.00am.

- ▶ **Age Range:** 16 - 65 (flexibility regarding upper age)
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Referral by General Practitioner, Adult Mental Health Services and ASC to the Alcohol Service. Referral by Signpost Recovery to Drug Service.
- ▶ **Client Groups:** Individuals with addiction issues.
- ▶ **Services Provided:**
 - Assessment
 - Care Planning
 - Cognitive Behavioural Therapeutic interventions
 - Detoxification
 - Relapse Prevention
 - Prescribing
 - Outpatient follow-up
 - Case Review
 - BBV pre and post test counselling and testing.
- ▶ **Types of Substance Use Provided for:** Mainly opiate use and alcohol.
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** All buildings have wheelchair access. In certain circumstances outreach services can be provided.
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**
 - Materials in easy read format
 - Carer/ PA provision
- ▶ **Services are available for people with a visual impairment**
 - building/room accessibility
 - room layout
 - large print materials/colour tone contrast materials
 - audio provision
- ▶ **Services are available for people with a hearing impairment**
 - loop system available in the room consultations/events take place
 - personal communicators
 - BSL interpreter
 - Lipspeaker
 - Palantypist
 - Deafblind Guide Communicator
- ▶ **Services are available for people whose first language is not English** Translation, interpreter available if required.
 - Ethnic Minority interpreter
 - Other
- ▶ **Support is available to families of people who are current or prospective clients with the service:** With client consent will give advice & guidance.
- ▶ **Does the venue have accessible car parking spaces?** Yes, free

Tier 3

Forth Valley Substance Treatment Service (DTTO/CPO)

 Administration Area 5, Stirling Community Hospital,
Livilands, Stirling FK8 2AU

 01786 434165 / 434166

▶ **Overall Aim of Service:**

To provide an exclusive specialist assessment and treatment service for the Courts in the Forth Valley area either through a Drug Treatment and Testing Order, or through a Community Payback Order with a drug or alcohol treatment requirement.

▶ **Catchment Area**

Forth Valley Wide

▶ **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

Outwith the above hours: No emergency service. Voicemail is available out of hours.

* Although service is not national, we do take transfers from other council areas if already on court order and moving to Forth Valley.

- ▶ **Age Range:** 18+
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** No
- ▶ **Client Groups:** Clients attend through the Criminal Justice System (Courts, Criminal Justice Social Work Services), and undertake treatment subject to a Drug Treatment and Testing Order, a condition of a Probation Order or a Community Payback Order with a drug or alcohol treatment requirement .
- ▶ **Services Provided:**
 - Assessment:
 - Prescribed Medication
 - Cognitive Behavioural Therapy
 - One-to-one Counselling and Support
 - Joint working with Criminal Justice Social Workers
 - Reports for Court.
- ▶ **Types of Substance Use Provided for:** Heroin is main dependency issue.
- ▶ **Venue:** Clients seen in various venues across Falkirk, Stirling and Clackmannanshire.
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** All buildings have wheelchair access. In certain circumstances outreach services can be provided.
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**
 - Materials in easy read format
 - Carer/ PA provision
- ▶ **Services are available for people with a visual impairment**
 - building/room accessibility
 - room layout
 - large print materials/colour tone contrast materials
 - audio provision
- ▶ **Services are available for people with a hearing impairment**
 - loop system available in the room consultations/events take place
 - personal communicators
 - BSL interpreter
 - Lipspeaker
 - Palantypist
 - Deafblind Guide Communicator
- ▶ **Services are available for people whose first language is not English** Translation, interpreter available if required.
 - Ethnic Minority interpreter
 - Other
- ▶ **Support is available to families of people who are current or prospective clients with the service:** With client's consent.
- ▶ **Does the venue have accessible car parking spaces?** None

Tier 4

Hospital Addiction Team (HAT)

Tier 4

Hospital Addiction Team (HAT)

 Forth Valley Royal Hospital, Stirling Road,
Larbert FK5 4WR

 01324 566231

 Hospitaladdictionteam@nhs.net

▶ **Overall Aim of Service:**

Overall aim of service is to support individuals with an alcohol and/or drug problem who present within the hospital setting, offering health education/ withdrawal management and an opportunity to engage with community services.

▶ **Catchment Area**

Forth Valley Wide

▶ **Opening Times**

Monday to Friday 9am to 5pm (In person)

Saturday - Outwith hours by arrangement

Outwith the above hours: 24hr confidential answer machine

Policies, procedures and guidance on NHS intranet

Liaison Psychiatry contact for complex care patients.

- ▶ **Age Range:** 16 and over
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Referral via professional pathways.
- ▶ **Client Groups:** Patients with a drug and/or alcohol problem who require support whilst in hospital.
- ▶ **Services Provided:**
 - Alcohol Brief Intervention
 - Alcohol/drug withdrawal management
 - Harm Reduction
 - BBV advice and support / Naloxone
 - Health Education
 - Staff Training
 - Link with community services advising of admission
 - Support substitute prescribing and titration
- ▶ **Types of Substance Use Provided for:** Illicit and over the counter medication. Drug use/ alcohol
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** Yes. At most of our office locations.
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes. At most of our office locations.
- ▶ **Support is provided for people with learning difficulties**
Yes
- ▶ **Services are available for people with a visual impairment**
Yes
- ▶ **Services are available for people with a hearing impairment**
Yes
- ▶ **Services are available for people whose first language is not English** Interpreters available for all languages.
- ▶ **Support is available to families of people who are current or prospective clients with the service:** Yes
- ▶ **Does the venue have accessible car parking spaces?** Yes

Generic Support Services

Mental Health Services

Forth Valley Royal Hospital

Child Protection Contact Numbers

Forth Valley Sexual Health Service

Citizens Advice Bureaux (CAB)

Police Scotland

Health Promotion NHS Forth Valley

Young Carers

Stirling Council Youth Services

Falkirk Community Trust

Scottish Prison Service Establishments

Skills Development Scotland

Mental Health Services

Many people experience mental health or related problems during their lives. These can be caused by stressful life events such as being homeless, loss of job, break up of families or bereavement. This can leave you feeling very distressed, sad or isolated.

Your doctor will refer you to a specialist psychiatric service if they feel this is necessary. If you want to talk to someone, help is available at the numbers below.

Stirling & District Association for Mental Health

 01786 475333


Falkirk & District Association for Mental Health

 01324 671600


Scottish Association for Mental Health

 0800 917 3466

Saneline, South & East Alloa, Clackmannanshire

 0845 767 8000
12 midday to 2am
every day of the year.

Samaritans

 01324 622066
24 hour confidential helplines
to talk over personal and
emotional problems.

Moodjuice

 moodjuice.scot.nhs.uk

Breathing Space

 0800 838 587
Mon to Thurs 6pm to 2am
Fri to Mon 6pm to 6am
 breathingspacescotland.co.uk

Generic Support Services

Forth Valley Royal Hospital



Stirling Road, Larbert FK5 4WR



01324 566 000



nhsforthvalley.com

Minor Injuries Unit

Stirling Community Hospital, Livilands,
(Bellfield Road entrance), Stirling FK8 2AU

Tel: 01786 434036

Open 7 days from 9am to 9pm

Out of Hours GP Service

Open 6pm to 8am

Contact NHS 24 on 111

textphone users: 18001 111

Child Protection Contact Numbers

All agencies have a responsibility to consider the needs of children. Where these needs are not being met, agencies have a duty to share their concerns in order to protect them. Below is a list of contact numbers that can be used to share your concerns.

Emergency Duty Team (out of hours): 01786 470500

Social Work Services:

CLACKMANNANSHIRE COUNCIL

 Alloa Limetree House
 01259 225000

FALKIRK COUNCIL

 Social Work Headquarters,
Denny Town House,
Glasgow Road, Denny
 01324 506400

STIRLING COUNCIL

 Viewforth
 0845 277000

 Drummond House
 01786 471177

 St Ninians, Bannockburn & .
Eastern Villages
 01786 816515

 Stirling, Highland,
Endrick & Blane Valley
 01786 821821

 Child Protection Support
Co-ordinators
 01786 471177

Social Work Services: EMERGENCY DUTY TEAM (OUT OF HOURS)

 01786 470500

POLICE FAMILY UNIT

 01324 574948

AUTHORITY REPORTERS

Clackmannanshire / Falkirk / Stirling

 0300 200 1700

NHS SERVICES

Nurse Advisor (Child Protection)

 01324 574915

 07787 152107

Women and Children

 01324 567300

Forth Valley Royal Hospital

 01324 566000

Falkirk Community Hospital

 01324 624000

Stirling Community Hospital

 01786 434000

Clinical Co-ordinator (Paediatrics)

 01786 434000

Falkirk & District Royal Infirmary

 01324 624000


Stirling Royal Infirmary (Consultant paediatrician)

 01786 434000

Young People

CHILDLINE - 0800 1111

Forth Valley Sexual Health Service

 Clinic Information Line 01324 673 554
Sexual Health Advice Line 01324 673 563
Mon - Fri 2pm to 5pm

 www.centralsexualhealth.org

Forth Valley Sexual Health is an NHS service providing FREE sexual health care in Forth Valley. We offer testing and treatment for sexually transmitted infections (STI's), free condom supplies, pregnancy tests, all forms of contraception and emergency contraception and general advice and support. We have separate clinics for adults and young people aged 13-21. Visit the Central Sexual Health Website for details.

▶ **Overall Aim of Service:**

To provide confidential non-judgemental sexual health service for young people and adults across Forth Valley.

▶ **Catchment Area**

Forth Valley Wide

- ▶ **Age Range:** All ages
- ▶ **Charge:** Free
- ▶ **Gender:** All
- ▶ **Can clients self refer?** Yes, no appointment required
- ▶ **Client Groups:** All
- ▶ **Services Provided:**
 - Emergency Contraception
 - Contraception including long acting contraception such as implants and coils
 - Free condoms
 - Testing for sexually transmitted infections including chlamydia, gonorrhoea, HIV and syphilis
 - Hepatitis B vaccination for those at increased risk form sexual exposure
 - HIV post exposure prophylaxis
 - Pregnancy testing
 - Termination of pregnancy referral
- ▶ **Types of Substance Use Provided for:** N/A
- ▶ **Venue:** Clients seen in various venues across Falkirk, Stirling and Clackmannanshire.
- ▶ **Is your building/service an accessible venue?** Yes
- ▶ **Provisions are in place to ensure those with a physical disability have access.** All buildings have wheelchair access. In certain circumstances outreach services can be provided.
- ▶ **Does the venue the service is provided from have an accessible toilet/s?** Yes
- ▶ **Support is provided for people with learning difficulties**
Nurse will give careful explanation
 - Materials in easy read format
 - Carer/ PA provision
 - Specific clinic on Monday afternoons at Falkirk Community Hospital
- ▶ **Services are available for people with a visual impairment**
 - building/room accessibility
 - room layout
 - large print materials/colour tone contrast materials
 - audio provision
- ▶ **Services are available for people with a hearing impairment**
 - loop system available in the room consultations/events take place
 - personal communicators
 - BSL interpreter
 - Lipspeaker
 - Palantypist
 - Deafblind Guide Communicator

▶ **Services are available for people whose first language is not English**
Interpreter can be arranged by appointment.

- Ethnic Minority interpreter
- Other

▶ **Support is available to families of people who are current or prospective clients with the service:** Yes

▶ **Does the venue have accessible car parking spaces?** Available in hospital/ health centre premises.

▶ ***Family Planning Services***

Free advice on contraception and pregnancy.

Alloa Health Centre - 01259 215333

Grangemouth Health Centre - 01324 482354

For other clinics see: www.centalsexualhealth.org

▶ ***Sexual Health Information Line***

0300 123 7123

▶ ***Lesbian, Gay, Bisexual & Transgender***

LGBT Youth Scotland - 0141 552 7425

Helpline open Tuesdays & Wednesdays 12.00pm to 9.00pm

▶ ***Lesbian, Gay, Bisexual & Transgender Youthline***

01324 504440

www.lgbtyouth.org.uk

Falkirk - Thursday 6pm to 8pm

Park Street Community Education Base, Park Street, Falkirk FK1 1RE

Clackmannanshire - (Fortnightly) Monday 6.30pm to 8.30pm

Bowmar Centre, Scott Crescent, Alloa, FK10 1BT

Stirling - Monday 6pm to 8pm

Raploch Community Campus, Drip Road, Raploch, Stirling, FK8 1RD

► **Forth Valley Rape Crisis Centre**

Helpline - 08088 01 03 02

Office Number - 01786 439 244

www.forthvalleyrapecrisis.org.uk or www.rapecrisisScotland.org.uk

Provides free, confidential support and practical information on legal and anyone over the age of 13 who has experienced sexual abuse.

► **Sexually Transmitted Infections (STI's)**

Central Sexual Health

Clinic Booking Line - 01324 673 554

Sexual Health Advice Line - 01324 673563 (Mon to Fri, 2pm to 5pm)

Clinic Locations

Clackmannanshire

Clackmannan Community Healthcare Centre,
Hallpark Road, Sauchie FK10 3JQ

Stirling

Stirling Sexual Health Clinic, Area 1, Stirling Community Hospital,
Livilands Gate, Stirling FK8 2AU

Falkirk

Falkirk Community Hospital Sexual Health and Contraception Clinic,
Suite D, Falkirk Community Hospital, Major's Loan, Falkirk FK1 5QE

SOS Stirling - Sexual Health Clinic for under 21's

Drop In, no appointment needed.

01324 673554

Available at all 3 clinics at

Clackmananshire Health Centre, Sauchie

Stirling Community Hospital, Area 1

Falkirk Community Hospital, Suite D

Generic Support Services

Citizens Advice Bureaux (CAB)

 **ALLOA**, 47 Drysdale Street

 01259 219404

 **DENNY**, 24 Duke Street

 01324 823118

 **FALKIRK**, 27-29 Vicar Street, Falkirk, FK1 1LL

 01324 626070

 **GRANGEMOUTH**, 1 Kerse Road

 01324 666 935

 **STIRLING**, Cameronian Street

 01786 470239

CAB National Number:

 0808 800 9060

Generic Support Services

Police Scotland

 **FALKIRK:** West Bridge Street, Falkirk FK1 5AP

 **ALLOA:** 73 Menstrie Road, Tullibody, Alloa FK10 2RF

 **STIRLING:** Randolphfield, St Ninians Road,
Stirling FK8 2HD

 101

 <http://www.scotland.police.uk/your-community/forth-valley/>

 Follow @policescotland

Health Promotion NHS Forth Valley

 CSD, Unit 2, Colquhoun Street, Stirling FK7 7PX

 01786 433295

 Health programmes: ann.mcarthur@nhs.net

 www.nhsforthvalley.com

▶ **Overall Aim of Service:**

Our goal is to improve health in Forth Valley and to reduce inequalities in health by concentrating on specific issues such as smoking, alcohol and drugs that have a direct effect on health.

▶ **Catchment Area**

Forth Valley Wide

▶ **Opening Times**

Monday to Thursday 8.30am to 5pm (By phone)

Friday 8.30am to 4pm (By phone)

Outwith the above hours: N/A

Health Improvement Resource Service (HIRS)

The HIRS Team are now based at various sites throughout Forth Valley

Orders for resources, including leaflets, posters, condoms and borrowable resources, can be placed through your local HIRS contact (see contact details below).

If you wish to meet with a member of the team to discuss resource requirements or view resource samples, you can arrange an appointment at the times listed below. The borrowable resources (books, teaching kits, DVDs, etc.) are now based at the Education and Conference Centre, Stirling Community Hospital and can be viewed, by appointment only, by all registered HIRS clients in the Forth Valley area.

Local Contact Details

Clackmannanshire Area



Margaret Smith



Clackmannanshire Community Healthcare Centre,
Hallpark Road, Sauchie FK10 3JQ.



01259 290194 (Monday, Wednesday, Thursday & Friday)
01786 433867 (Tuesday)



m.smith7@nhs.net

Available visit times: Monday 10am to 2pm (by appointment only)

Falkirk and Stirling Areas and Forth Valley Library



Scott Findlay



Health Improvement Resource Library, CSD, Unit 2,
Colquhoun Street, Stirling FK7 7PX



01786 454589 (Monday to Thursday)
01786 433867 (Friday)



scottfindlay@nhs.net

Available visit times: Tuesday to Thursday, 10am to 3pm
(by appointment only)

Orders

Post



Health Improvement Resource Service, NHS Forth Valley,
Central Supplies Department, Unit 2, Colquhoun St,
Stirling FK7 7PX



01786 451156



FV-UHB.HIRS-group-mailbox@nhs.net

Young Carers

Clackmannanshire

 01259 226 839

 centre@centralcarers.co.uk

Falkirk

 01324 611510

 centre@centralcarers.co.uk

Stirling

 01786 447003

 info@stirlingcarers.co.uk

Stirling Council Youth Services

 3rd Floor Municipal Buildings,
8-10 Corn Exchange Road, Stirling FK8 2HU

 01786 233562

 YouthServices@stirling.gov.uk

 www.stirling.gov.uk/youth

▶ **Overall Aim of Service:**

Youth Services aims to work in partnership with a range of other agencies to address the needs of vulnerable young people and provide the highest level of co-ordinated services and support to enable young people to achieve their potential.

▶ **Catchment Area**

Stirling Local Authority Area

▶ **Opening Times**

Monday to Friday 9am to 5pm (In person or by phone)

Outwith the above hours: None

 01324 590900

 hello@falkirkcommunitytrust.org

 www.falkirkcommunitytrust.org

▶ **Overall Aim of Service:**

Falkirk Community Trust is a company limited by guarantee with charitable status and was established by Falkirk Council. On 1 July 2011 the company assumed responsibility for the management and operation of a range of community-facing sports, recreation, arts, heritage and library services. As a not-for-profit organisation they strive to support community aspirations, deliver inspiring services and ensure that the experiences offered provide equality of opportunity and access for all.

To lead culture and sport to enrich people's lives in the Falkirk area and to ensure that Falkirk's communities are the most creative and active they can possibly be. Valuing the positive difference people make and placing people's needs at the heart of everything.

▶ **Catchment Area**

Falkirk, Bo'ness and Grangemouth



▶ **Opening Times**

For a full list of activities and dates refer to the "What's On" section of the Falkirk Community Trust website.





Scottish Prison Service Establishments

-  Generic email for all SPS Healthcare Staff in Forth Valley
FV-UHB.AllHMPHealthcareStaff@nhs.net
 -  www.sps.gov.uk
www.familiesoutside.org.uk
-

HMP & YOI Cornton Vale

-  Health Care Manager
-  Cornton Road, Stirling FK9 5NU
-  01786 833951
-  FV-UHB.HMPCorntonValeLineManagers@nhs.net
FV-UHB.HMPCorntonValeAllHealthcareStaff@nhs.net

HM YOI Polmont

-  Health Care Manager
-  Brightons, Falkirk FK2 0AB
-  01324 722233
-  FV-UHB.HMPPolmontYOILineManagers@nhs.net
FV-UHB.HMPPolmontYOIAllHealthcareStaff@nhs.net

HMP Glenochil

-  Health Care Manager
-  Tullibody, Clackmannanshire FK10 3AD
-  01259 767308
-  FV-UHB.HMPGlenochilLineManagers@nhs.net
FV-UHB.HMPGlenochilAllHealthcareStaff@nhs.net

Generic Support Services

Skills Development Scotland

CONTACTS: See Careers Centres below

 **Stirling:** 66 Upper Craigs, Stirling FK8 2DS
 01786 462036

Opening Hours: Monday to Friday 9am to 5pm

 **Alloa:** 39 - 43 Bank Street, Alloa FK10 1HP
 01259 215214

Opening Hours: Monday 10am to 5pm, Tuesday to Friday 9am to 5pm

 **Falkirk:** 100 Manor Street, Falkirk FK1 1NU
 01324 620311

Opening Hours: Monday to Friday 9am to 5pm

***Outwith the above hours:** By arrangement

 www.skillsdevelopmentscotland.co.uk

 Skills Development Scotland
National number: 0800 917 8000



Forth Valley Alcohol & Drug Partnership
Administration Area 5, Stirling Community Hospital,
Livilands, Stirling, FK8 2AU
Tel: 01786 454787
www.forthvalleyadp.org.uk