

Forth Valley ADPs

Introduction to Trauma and Working with People who use Substances

An introduction to the relationship between trauma and problematic drug and/or alcohol use.

This training will introduce the theory of trauma and will enable participants to identify and implement practical strategies to appropriately support service users who may experience trauma.

This training will allow support workers, project workers and other staff to become trauma-informed within their practice.

Learning Outcomes

By the end of the course, participants will be able to:

- Recognise the different types and causes of trauma which may be experienced by clients.
- Identify behaviours and coping strategies associated with trauma.
- Describe the relationship between drug/alcohol use and trauma.
- Recall techniques for managing disclosure of trauma.
- Identify how to support clients who may be experiencing trauma.
- Demonstrate trauma-informed practice.
- Identify techniques to recognise and manage issues experienced by supporting staff, e.g. Vicarious trauma.

Date: 21 February 2019

Venue: Signpost Recovery, Cooperage Way, Alloa FK10 3LP.

Training will run from 9.30am - 4.30pm.

Booking Information:

To book a place please follow this link: [INTRODUCTION TO TRAUMA](#)

Please contact SDF Administration Team on: 0141 221 1175

or email: enquiries@sdf.org.uk if you have any general queries about these events.

Scottish Drugs Forum Charity No. SC008075.