

Drug-related deaths in Scotland in 2017

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Statistics of drug-related deaths in 2017 and earlier years, broken down by age, sex, selected drugs reported, underlying cause of death and NHS Board and Council areas.

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The tables which are listed below are not part of the publication. They are available via [the home page for this edition](#) of the publication.

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Main Points

The main findings from this report include the following:

- Based on the definition used for these statistics, 934 drug-related deaths were registered in Scotland in 2017, 66 (8%) more than in 2016. This was the largest number ever recorded, and 479 (105%) higher than the figure for 2007, which was 455 ([paragraph 3.1.1](#)).
- Males accounted for 70% of the drug-related deaths in 2017 ([paragraph 3.4.1](#)).
- In 2017, there were 360 drug-related deaths of people aged 35-44 (39% of all drug-related deaths), 268 in the 45-54 age-group (29%), and 185 drug-related deaths of 25-34 year olds (20%). There were 36 drug-related deaths at ages 15-24 (4%), and 64 of 55-64 year olds (7%) ([paragraph 3.4.2](#)).
- The NHS Board areas which accounted for most of the 934 drug-related deaths in 2017 were:
 - Greater Glasgow & Clyde - 280 (30%);
 - Lothian - 137 (15%);
 - Lanarkshire - 102 (11%); and
 - Tayside - 94 (10%) ([paragraph 4.1](#)).

Using the annual average for 2013-2017, to reduce the effect on the figures of year-to-year fluctuations:

- for Scotland as a whole, the average of 730 drug-related deaths per year represented a death rate of 0.14 per 1,000 population;
- the NHS Board area with the highest rate was Greater Glasgow & Clyde (0.19);
- the next highest rate was for Tayside (0.15) ([paragraph 4.3](#)).

However, there is a narrower (in percentage terms) range of values when death rates are calculated using the estimated numbers of problem drug users ([paragraph 4.9](#)).

Comparing the annual average for 2013-2017 with that for 2003-2007:

- the percentage increase in the number of drug-related deaths was greater for females (203%) than for males (68%) ([paragraph 3.4.1](#));
- the largest increase in numbers was for 35-44 year olds, the next largest was for people aged 45-54, and there was a fall in the number of drug-related deaths of people aged under 25 ([paragraph 3.4.2](#)); and
- the NHS Board areas with the largest increases in the number of drug-related deaths were Greater Glasgow & Clyde (up by 80), Lothian (up by 65) and Lanarkshire (up by 44) ([paragraph 4.2](#)).

The normal basis for the figures for individual drugs for 2008 and subsequent years is 'drugs which were implicated in, or which potentially contributed to, the cause of death'. Of the 934 drug-related deaths in 2017:

- heroin and/or morphine were implicated in, or potentially contributed to, the cause of 470 deaths (50% of the total);

- methadone was implicated in, or potentially contributed to, 439 deaths (47%);
- one or more opiates or opioids (including heroin/morphine and methadone) were implicated in, or potentially contributed to, 815 deaths (87%);
- benzodiazepines (for example diazepam and etizolam) were implicated in, or potentially contributed to, 552 deaths (59%);
- cocaine, ecstasy-type drugs and amphetamines were implicated in, or potentially contributed to, 176 deaths (19%), 27 deaths (3%) and 32 deaths (3%), respectively; and
- alcohol was implicated in, or potentially contributed to, 90 of the drug-related deaths (10%) ([paragraph 3.3.3](#)).

(The percentages add up to more than 100 because more than one drug was implicated in, or contributed to, many of the deaths.)

In 2017, methadone was implicated in, or potentially contributed to, more deaths than in any previous year (hitherto, the largest figure had been 362 in 2016). The number of deaths in 2017 was also more than ever before for opiates or opioids (including heroin/morphine and methadone) as a group (previous highest figure 766 in 2016), for benzodiazepines as a group (previous highest figure 426 in 2016), and for cocaine (previous highest figure 123 in 2016) ([paragraph 3.3.4](#)).

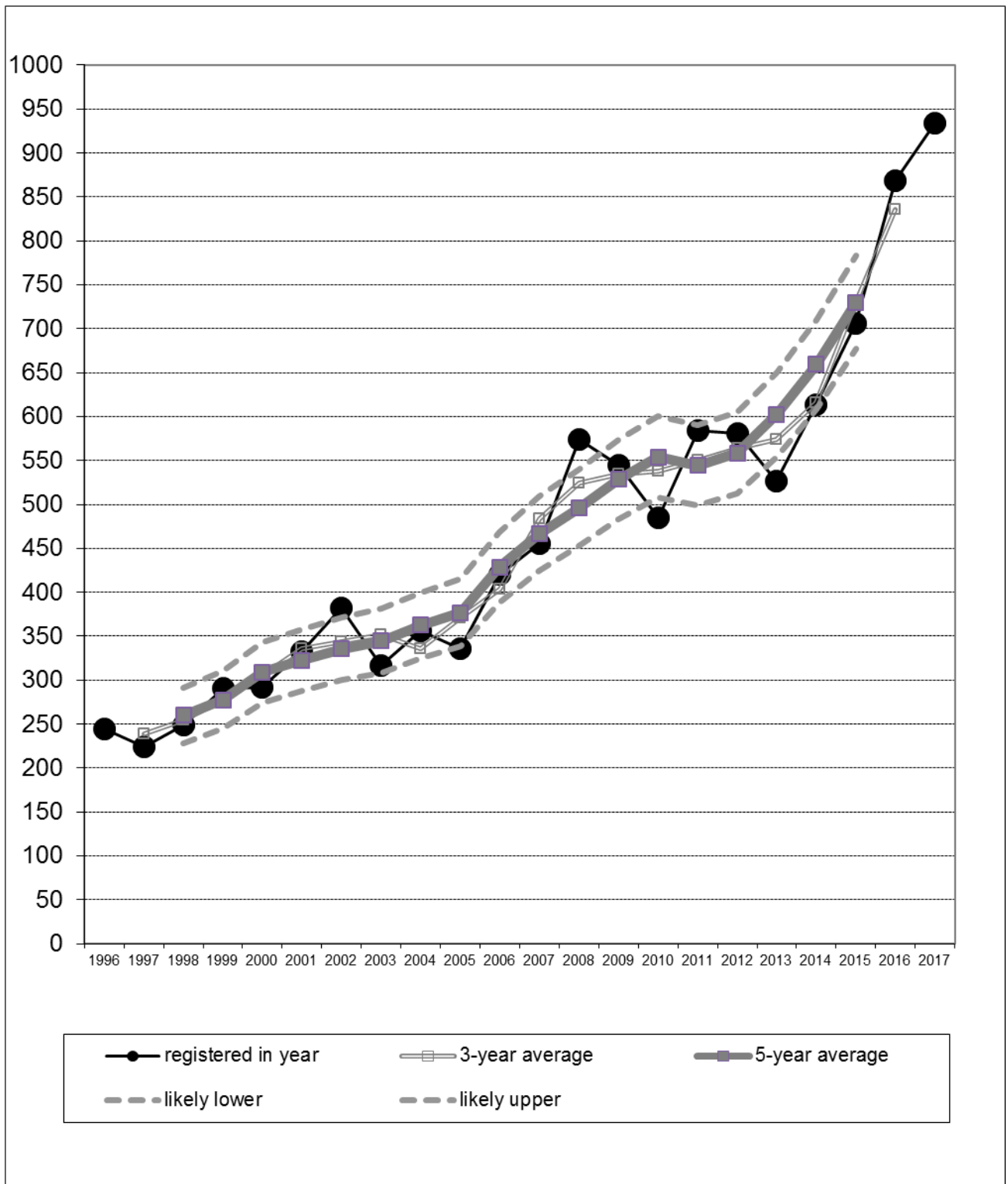
Most drug-related deaths are of people who took more than one substance. Of the 934 drug-related deaths in 2017, there were just 52 for which only one drug (and, perhaps, alcohol) was found to be present in the body. There were 169 cases where only one drug (and, perhaps, alcohol) was believed to have been implicated in, or potentially contributed to, the cause of the death. The latter figure covers both the ‘only one drug found’ deaths and cases where one drug was implicated and the other drugs present were not considered to have had any direct contribution to the death ([paragraph 3.3.9](#) to [3.3.11](#))

[Annex E](#) of this publication provides information about deaths which involved so-called ‘New Psychoactive Substances’ (NPSs). The definition used for the purpose of those figures is set out in first half of that Annex. On that basis, in 2017:

- there were 337 deaths for which NPSs were implicated in, or potentially contributed to the cause of death. In 336 cases, the only NPSs present were benzodiazepines (usually etizolam, but sometimes – for example - diclazepam or phenazepam); in one case another type of NPS was present; there was no deaths for which both benzodiazepine NPSs and other types of NPS were present. Almost all of these deaths (335 out of 337) fall within the definition of ‘drug-related deaths’ that is used to produce the main statistics in this report – that is, they are included in the 934 drug-related deaths. In only a small proportion (5 out of the 337 deaths) were NPSs the only substances implicated in the death. ([paragraph E9](#))
- there were 26 deaths for which NPSs were present but were not considered to have contributed to the death. In all cases, the only NPSs present were benzodiazepines; almost all of the deaths (25 out of 26) are included in the 934 drug-related deaths ([paragraph E11](#)).

Scotland’s drug-death rate (relative to the number of people aged 15 to 64) is higher than those reported for all the EU countries (though there are issues of coding, coverage and under-reporting in some countries), and Scotland’s drug-death rate (per head of population) is very roughly two and a half times that of the UK as a whole ([Annex G](#)).

Figure 1: Drug-related deaths in Scotland, 3- and 5-year moving averages, and likely range of values around 5-year moving average



1. Introduction

1.1 This annual publication provides statistics of drug-related deaths which were registered in Scotland over the period from 1996. The figures were produced using a definition of 'drug-related deaths' which was introduced in 2001 for the 'baseline' figures for the UK Drugs Strategy. This definition was agreed by a working party set up following the publication, by the Advisory Council on the Misuse of Drugs, of a report on 'Reducing drug related deaths'. The Office for National Statistics has also prepared data on drug-related deaths in England and Wales using this definition. These statistics are used in the development of policy by the Scottish Government and by a number of other interested parties such as the Partnership for Action on Drugs in Scotland, NHS Boards and local Alcohol and Drug Partnerships.

1.2 [Section 2](#) gives some background on the collection of information on drug-related deaths in Scotland. [Section 3](#) describes the figures for Scotland, [Section 4](#) covers the statistics for NHS Board areas, and [Section 5](#) refers to the figures for council areas and the potential problems that may affect the figures for these and smaller areas. [Annex A](#) sets out the standard (Drugs Strategy 'baseline') definition of drug-related deaths used here, [Annex B](#) refers to some other definitions of drug-related deaths, and gives figures for them and for deaths from some other causes that may be associated with present or past drug misuse. [Annex C](#) provides some References and [Annex D](#) contains the questionnaire used to collect further information about drug-related deaths with effect from 2014. [Annex E](#) covers so-called New Psychoactive Substances, [Annex F](#) explains the basis of the consistent series of drug-related death numbers, and [Annex G](#) provides some information about how Scotland's figures compare with those of various other European countries. The tables and charts can be grouped as follows:

- Tables 1 to 9, Figure 1 - statistics for Scotland;
- Tables HB1 to HB5, Figure 2 - statistics for NHS Board areas;
- Tables C1 to C5, Figure 3 - statistics for council areas; and
- Tables X to Z, NPS1 to NPS3, CS1 and CS2, EMCDDA, Figure 4 - statistics which are not on the standard basis.

In the tables, '..' indicates 'not available' or 'not applicable'. There may be slight discrepancies between some of the figures in different tables for some of the years from 2000 to 2006, due to the use of a new database (as explained at the end of [Annex A](#)).

1.3 The following improvements have been made for this edition:

- Table Z has been expanded to include the number of Volatile Substance Abuse deaths, using the definition specified for an Office for National Statistics (ONS) publication;
- Two new extra tables have been added to the website. They list all the substances reported for deaths, in each year from 2000, that have been counted as drug-related on the basis of, first, the standard (Drugs Strategy 'baseline') definition and, second, the ONS 'wide' definition. They are available via the link which appears near the start of the List of Extra Tables.

1.4 Users of the statistics are reminded that, with effect from the 2009 edition of this publication, the normal basis of the figures for individual drugs for 2008 and subsequent years is 'drugs which were implicated in, or which potentially contributed

to, the cause of death'. Section 2 of the 2009 edition included an explanation of why there was a change from the basis which was used before then ('all drugs which were [reported as having been] found present in the body'), which did not actually cover all drugs in all cases. Some information about this is given in paragraphs [2.3 to 2.5](#) of this edition.

- 1.5 [Table 6](#) allows users of the statistics to compare the figures for the latest year on the two bases, and also shows how the numbers on the two bases for the latest year break down by sex and by age-group. In addition, alternative versions of Tables HB3 and C3 are available on this web site (via links from the pages which give access to the editions for 2008 onwards), providing figures for NHS Boards and councils on the following bases:
 - for 2008 on the normal basis ('drugs which were implicated in, or which potentially contributed to, the cause of death'); and
 - for 2009 onwards on the basis which was used in the editions of the publication for 2008 and earlier years ('all drugs which were [reported as having been] found present in the body').
- 1.6 More detailed statistical information about the nature and circumstances of people whose deaths were drug-related is available in the reports from the NHS's National Drug Related Deaths Database, which are described briefly in paragraph B9 of [Annex B](#).
- 1.7 Some of the figures for 2016 that were published in the previous edition have been revised slightly, following a correction to the drug name 'look-up table' that is used to determine (for example) whether each drug that has been reported as being found in a body is one that should be counted as a controlled substance for the purpose of the standard (Drugs Strategy 'baseline') definition that is used to produce these statistics (refer to paragraph A6 of [Annex A](#)). An error in the look-up table entry for one drug led to one death wrongly not being counted as drug related. Correcting the error has raised the total number of drug-related deaths registered in 2016 from 867 to 868. Some of the other figures (for example, the number of males, and the number aged 45-54) have also increased as result.

2. Data sources

- 2.1 The National Records of Scotland (NRS) holds details of all deaths which are registered in Scotland. By convention, deaths are counted on the basis of the calendar year in which they are registered rather than the year of occurrence (as the latter might not be known). NRS closes its statistical database for a calendar year about four or five months after the end of the calendar year. The statistics for 2017 are based upon the information which NRS had obtained by 27 April 2018. NRS classifies the underlying cause of each death using International Statistical Classification of Diseases and Related Health Problems (ICD) codes, based on what appears in the medical certificate of the cause of death together with any additional information which is provided subsequently by (for example) certifying doctors, pathologists and Procurators Fiscal.
- 2.2 Drug-related deaths are identified using details from the death registrations supplemented by information from a specially-designed questionnaire, which is completed by forensic pathologists and lists the drugs and solvents that were found. NRS requests this information for all deaths involving drugs or persons known, or suspected, to be drug-dependent. Additionally, NRS follows up all cases of deaths of people where the information on the death certificate is vague or suggests that there

might be a background of drug abuse. This enhancement to the data collection system was described in a paper published by NRS in June 1995 (which is referred to in [Annex C](#)). A copy of the questionnaire that was used from 2008 to 2013 appears in those years' editions of this publication. A new version of the questionnaire was introduced at the start of 2014, a copy of which is in [Annex D](#). The new questionnaire did not change greatly what was collected in respect of each death, but covers a wider range of deaths than before. This does not change the definition of drug-related deaths used for these statistics, but will allow NRS to produce information about a wider range of deaths than that covered by the standard definition. (The form was revised slightly in July 2017, to include a bit more guidance on how a few questions should be answered, but this did not change the kinds of information provided.) It should be noted that, in the case of deaths which involved drugs which are available on prescription, NRS does not know whether those drugs had been prescribed to the deceased: such information is not collected by the death registration process nor by the pathologists' questionnaires. Therefore, NRS does not know how many of the deaths which involved (say) methadone were of people who had been prescribed the drug (some information about this is available from the NHS reports referred to in paragraph B9 of [Annex B](#)).

2.3 The questionnaire was revised for 2008, in order to collect more complete information about the substances present in the body. This caused a break in the series of figures for 'drugs reported' because:

- pre-2008, the form asked about the 'principal drug or solvent found in a fatal dose' and about 'any other drugs or solvents involved in this death' - so some pathologists reported only the substances which, they believed, contributed directly to each death; and
- the form now asks about the drugs or solvents 'implicated in, or which potentially contributed to, the cause of death' and about 'any other[s] which were present, but which were not considered to have had any direct contribution to this death'- so some pathologists now report substances which they would not have mentioned previously.

2.4 NRS's data from the questionnaires for 2008 onwards distinguish between (a) drugs which were implicated in, or which potentially contributed to, the cause of death and (b) any other drugs which were present, but which were not considered to have had any direct contribution to the death. As a result, NRS can produce figures for 2008 onwards:

- on the 'drugs which were implicated in, or which potentially contributed to, the cause of death' basis – that is, counting only drugs which were reported under (a); and
- on the 'all drugs which were found to be present in the body' basis – that is, covering drugs which were reported under either (a) or (b).

Following consultation with the National Forum on Drug-related Deaths, 'drugs which were implicated in, or which potentially contributed to, the cause of death' became the normal basis for the figures for 2008 onwards that NRS produces for individual drugs, with effect from the 2009 edition.

2.5 It should be noted that, although the old questionnaire referred to the 'principal drug ...' and 'other drugs ... involved', the figures for 2007 and earlier years are not directly comparable to the figures for 2008 onwards on the new normal basis. This is because, in 2007 and earlier years, some pathologists reported, in the old questionnaire, all the drugs that they found (that is, not just the drugs that they

believed were implicated in, or contributed to, the cause of death) - so they provided information on the 'all drugs which were found to be present in the body' basis (that is, not on the new normal basis). More information about the change (including why NRS cannot produce figures on the normal basis for 2007 or earlier years) is available in the 2009 edition.

- 2.6 At the start of 2011, NRS implemented a number of World Health Organisation (WHO) updates to the ICD rules for identifying the underlying cause of death. This caused a break in the series of figures for the underlying cause of death. 'Drug abuse' deaths from 'acute intoxication', which would previously have been counted under 'mental and behavioural disorders due to psychoactive substance use', are now counted under the appropriate 'poisoning' category. Examples are the deaths of known or suspected habitual drug abusers, for whom the cause of death was certified as 'adverse effects of heroin', 'methadone toxicity' or 'morphine intoxication'. Under the old coding rules, the underlying cause of those deaths would have been 'mental and behavioural disorders due to use of opioids' (unless NRS had been informed that the deaths were due to intentional self-harm, or assault, in which case the underlying cause would have been 'intentional self-poisoning ...' or 'assault by drugs ...', whichever was appropriate).
- 2.7 Under the new coding rules, the underlying cause of such deaths is the appropriate type of poisoning. For example, if NRS is informed that the overdose is believed to have been accidental, the underlying cause will be coded as 'accidental poisoning by and exposure to narcotics and psychodysleptics (hallucinogens)'. A note on the changes to the way in which NRS has coded the underlying cause of death with effect from the start of 2011 is available within the [Death Certificates and Coding Cause of Death](#) section of its website. NRS has estimated what the figures for 2011 onwards would have been, had the data been coded using the old rules. This makes it possible to see the changes between 2010 and 2011, and the longer-term trends, without a break in the series. NRS hopes to continue to estimate the breakdown by underlying cause of death on the basis of the old coding rules for at least a few more years.
- 2.8 The overall total number of drug-related deaths has not been affected by the changes to (i) the basis of the figures for individual drugs and (ii) how the underlying cause of death is coded. The first change has just reduced the number of drugs that are counted, for the purpose of the normal figures, for some deaths; the second has just altered the categories for the underlying cause of death against which many deaths are counted.
- 2.9 However, the total number of drug-related deaths has been affected by changes in the list of drugs which are controlled under the Misuse of Drugs Act. [Annex F](#) explains that the 'coverage' of NRS's standard (Drugs Strategy 'baseline') definition 'widens' every time another drug is added to the list of controlled substances, because all subsequent deaths from poisoning by that drug will be counted as drug-related. In practice, changes in the classification of drugs that occurred in the years up to and including 2013 had little effect on the figures (refer to paragraph F4 of Annex F), but the change in the classification of tramadol and zopiclone in 2014 could have caused a noticeable break in the continuity of NRS's figures (as explained in paragraph F5 of Annex F). Therefore, in order to give more accurate indications of changes and trends, NRS developed a 'consistent series' of numbers of drug-related deaths in previous years, which is based on the classification of each substance at the end of the latest year covered by the publication.

2.10 The statistics of drug-related deaths may be affected by other differences, between years and/or between areas, in the way in which the information was produced. For example:

- technical advances may enable the detection of small quantities of substances that could not have been found in the post-mortems that were performed several years ago;
- the range of substances for which tests are conducted may change – for example for a number of years, a laboratory did not routinely test for the presence of cannabis (because the view was that, in general, it did not contribute to causing deaths), but now does so more often, because Procurators Fiscal are now more likely to want to know whether the deceased had been using it. More generally, advice is that there is a demand to obtain more complete and thorough toxicology on all cases tested for drugs, which includes fuller examinations for, and hence a greater possibility of finding, more drugs;
- if pathologists in one area report any findings of benzodiazepines by referring to that group of drugs unless they are sure that only one particular benzodiazepine (for example diazepam) was used, the areas which they serve will appear to have low proportions of deaths for which diazepam is mentioned (compared to areas where diazepam is more likely to be named specifically, and where there are proportionately fewer reports of benzodiazepines as a group);
- pathologists may decide not to describe a drug as being ‘implicated in, or potentially contributing to, the cause of death’ if it is found at what they would regard as within the levels that one might expect for the therapeutic use of a drug, and may change what they regard as the minimum level for reporting a substance. For example, in one part of Scotland, diazepam used to be reported if its level was at least 0.4 mg/litre, but the ‘cut-off’ was raised to about 1 mg/litre. All else being equal, the area would then have fewer deaths in which diazepam was implicated, because cases with levels of between 0.4 and 1 mg/litre would no longer be counted; and
- there may be cases where different pathologists could have different views on whether a particular drug should be described as ‘implicated in, or potentially contributing to, a death’ - for example, because they have different views on what would have been a fatal dose of the drug for the person concerned, or (if the person had also taken other substances) on the level of harm that would be caused by the combination of the drug and one or more of the other substances taken.

3. Drug-related deaths: trends, causes of death, drugs reported, sex and age

3.1 Overall numbers

3.1.1 Based on the definition used for these statistics, there were 934 drug-related deaths in 2017, 66 (8%) more than in 2016. This was the highest number recorded since the series of figures began in 1996, and was 479 (105%) more than in 2007, when there were 455 such deaths. The ‘underlying’ increase since 2007 is only slightly smaller when account is taken of the effect on the statistics of changes in the classification of drugs – refer to paragraphs 3.1.4 to 3.1.6.

3.1.2 The figures on the left-hand side of [Table 1](#) show that the past ten years have had six rises and four falls in the number of drug-related deaths. The rises have

tended to be greater than the falls, and the trend in the number of drug-related deaths has been upwards. Because the statistics show some year to year fluctuations, moving annual averages are likely to provide a better guide to the long-term trend than the change between any two individual years. [Figure 1](#) illustrates this:

- the black dots show the figures for each year;
- the continuous grey lines show two moving annual averages - a 3-year average (thin hollow grey line) and a 5-year average (thick solid grey line). The latter should provide a better indication of the overall long-term trend; and
- the broken grey lines show the likely range of random statistical variation around the 5-year moving average. Statistical theory suggests that, if the number of deaths can be represented as the result of a Poisson process, for which the underlying rate at which the events (deaths) occur is given by the 5-year moving average, then random year to year variation would result in only about one year in 20 having a figure outwith this range (which is a '95% confidence interval', calculated thus: the underlying rate of occurrence plus or minus 1.96 times its standard deviation; for a Poisson process, the standard deviation is the square root of the underlying rate of occurrence).

3.1.3 Looking at the chart, it is clear that, up to (and including) 2007, the individual years' figures tended to fluctuate around a long-term upward trend, and were generally within the likely range for random statistical year to year variation about the trend. It also appears that:

- the figure for 2008 was unusually high (being above the upper end of the likely range of random statistical variation around the 5-year moving average);
- the figures for 2010 and 2013 were unusually low, relative to the long-term trend (the figures for both years being below the lower end of the likely range of random statistical variation);
- the figures for 2009, 2011, 2012, 2014 and 2015 were all close to the 5-year moving average value, and therefore broadly in line with what appears to be the long-term trend;
- the figures for 2016 and 2017 appear to be higher than what one would have expected the 5-year moving average to be, if the apparent trend over the previous decade were to be extrapolated to those years.

The chart and the table show that the 5-year moving average rose for many years, suggesting that there was a clear long-term upward trend, and that the figure for 2010 had been unusually low relative to that long-term trend. When the figure for 2013 was obtained, there was a slight fall in the 5-year moving average (from 554 for 2008 to 2012, to 544 for 2009 to 2013), because there were fewer deaths in the year which had entered the calculation (2013, with 527 deaths) than in the year which had dropped out of the calculation (2008, with 574 deaths). However, with 614 deaths in 2014, 706 in 2015, 868 in 2016 and 934 in 2017, the 5-year moving average has increased again, to 602 (for 2011 to 2015), then 659 (for 2012 to 2016) and 730 (for 2013 to 2017). The pattern of rises and falls in recent years meant that there was not much change in the 3-year moving average for several years: its values were 525 (for 2007 to 2009), 535, 538, 550, 564 and 574 (for 2012 to 2014), suggesting at most only a slight

upward trend (compared to much more rapid growth in earlier years). Therefore, there was a possibility that the large year-to-year increases and decreases in the period from 2010 to 2014 were fluctuations around the general level of the much more stable 3-year moving average. However, the large rises to 706 deaths in 2015, 868 deaths in 2016 and 934 deaths in 2017 have increased the 3-year moving average to 616 (for 2013 to 2015), 729 (for 2014 to 2016), and 836 (for 2015 to 2017), so the trend appears to be clearly upwards.

3.1.4 As mentioned in paragraph 2.9 (and explained in detail in [Annex F](#)) the 'coverage' of NRS's standard (Drugs Strategy 'baseline') definition of a drug-related death 'widens' every time another drug is added to the list of substances which are controlled under the Misuse of Drugs Act, because all subsequent deaths from poisoning by that drug will be counted as drug-related. Therefore, in order to give more accurate indications of changes and trends, NRS has developed a 'consistent series' which is based on the classification of drugs at the end of the latest year covered by the publication. The rightmost three columns of Table 1 show the consistent series' number of drug-related deaths, and the 'extra' deaths (number and percentage) that would be counted as drug-related on that basis.

3.1.5 As will be seen from Table 1, the consistent series' figures have never been as much as 6% above the number of drug-related deaths on the standard (Drugs Strategy 'baseline') definition (they were 5.6% higher in 2010, and 5.7% more in 2013). It follows that the changes in the classification of drugs have not had a great effect on the overall total number of drug-related deaths. The year-to-year variation in the number of 'extra' deaths has not been large, so the consistent series' patterns (of rises and falls, and of 'peaks' and 'troughs') are similar to those of the numbers produced by the standard definition.

3.1.6 The most noticeable break in the continuity of the number of drug-related deaths was caused by the change to the classification of tramadol and zopiclone in 2014. The relevant numbers and changes from 2013 are as follows:

- standard definition: 614 deaths in 2014, compared with 527 in 2013 – implying a rise of 87 or 17%; and
- consistent series: 621 deaths in 2014, compared with 557 in 2013 – implying a rise of 64 or 11%

Using the consistent series, the increase between 2007 and 2017 is 461, or 97%: only slightly smaller than the rise of 479 or 105% calculated using the standard definition.

3.2 Underlying causes of death

3.2.1 As explained in [paragraph 2.6](#), National Records of Scotland (NRS) implemented WHO updates to the coding rules at the start of 2011. This changed the classification of the underlying cause of many drug-related deaths. However, NRS has estimated what the figures for 2011 onwards would have been, had the data been coded using the old rules.

3.2.2 [Table 2](#) shows the number of drug-related deaths categorised by the underlying cause, defined in terms of groupings of the ICD codes. The penultimate row gives the figures for 2017 that were produced by applying the new coding rules: the majority of drug-related deaths (807, or 86%) were coded to 'accidental poisoning'. This covers the relevant categories within the ICD's section for

'Accidental poisoning by and exposure to noxious substances' (for example, it includes ICD-10 code X42 which is defined as 'Accidental poisoning by and exposure to narcotics and psychodysleptics [hallucinogens] not elsewhere classified').

- 3.2.3 [Table 2](#) also provides NRS's estimates of the figures that would have been produced for 2011 onwards, had the old coding rules been used. On that basis, the underlying cause for the majority of 2017's drug-related deaths (746, or 80%) would have been 'drug abuse', which covers the relevant categories within the ICD's section for 'Mental and behavioural disorders due to psychoactive substance use'.
- 3.2.4 Because some of the figures can fluctuate markedly from year-to-year, a better indication of the longer-term changes should be obtained from a comparison of the averages for 5-year periods. These show large percentage increases in deaths for which the underlying cause (on the basis of the old coding rules) was 'drug abuse' (from an average of 246 per year in 2003-2007 to an average of 538 per year in 2013-2017) and 'accidental poisoning' (from an average of 34 to an average of 111). There was not as much change in deaths caused by intentional self-poisoning (averages of 36 per year in 2003-2007 and 50 per year in 2013-2017) and 'undetermined intent' (from an average of 61 to an average of 32).

3.3 Selected drugs reported

- 3.3.1 The NRS database records a wide range of drug combinations (for example in 2006, diazepam was mentioned in almost a fifth of the deaths for which heroin or morphine were reported; and heroin, morphine or methadone were mentioned in over half of the deaths for which cocaine was reported). A complete list of all the substances which were reported to NRS for every death from poisoning (including deaths which are not counted as 'drug-related' for the purpose of these statistics) can be found in Table 6.12 of the annual [Vital Events Reference Tables](#), which are available on the NRS website. 'Unspecified drug(s)' is recorded in only a small proportion of drug-related deaths (on average, only a couple of per cent per year). [Table 3](#), [Table 6](#) and [Table 7](#) give information on the frequency of reporting of selected drugs, whether alone or in combination with other substances. The drugs listed in these tables are reported in the majority of drug-related deaths (for example, not counting alcohol, at least one of them was reported in 96% of the drug-related deaths in 2000, and in 97% of cases in 2017). The tables show a combined figure for 'heroin/morphine' because it is believed that, in the overwhelming majority of cases where morphine has been identified in post-mortem toxicological tests, its presence is a result of heroin use..
- 3.3.2 Since these tables record individual mentions of particular drugs, there will be multiple-counting of some deaths (for example if both heroin and diazepam were implicated in, or potentially contributed to, the cause of a death in the latest year, that death will be counted in five of the 'drug' columns of [Table 3](#): 'heroin/morphine', 'heroin/morphine, methadone or buprenorphine', 'any opiate or opioid', 'any benzodiazepine' and 'diazepam'). Therefore, these tables do not give the numbers of deaths that are attributable to each of the drugs mentioned. When more than one drug was reported for a particular death, it may not be possible to deduce, from the information held in the NRS database, which (if any) of them was thought to be the (main) cause of the death, except to the extent that, for 2008 onwards, the database distinguishes between (a) drugs

which were implicated in, or which potentially contributed to, the cause of death and (b) any other drugs which were present, but which were not considered to have had any direct contribution to the death. NRS's database has no information about the amounts of each drug that were found, or the possible consequences of taking particular combinations of drugs.

3.3.3 For 2008 onwards, the normal basis for figures for individual drugs is 'drugs which were implicated in, or which potentially contributed to, the cause of death' (further information about this is given in [Section 2](#)). [Table 3](#) shows that heroin/morphine was implicated in, or potentially contributed to, the cause of 470 (50%) of the 934 deaths in 2017; methadone was implicated in, or potentially contributed to, 439 (47%); one or more opiates or opioids (including heroin/morphine and methadone) were implicated in, or potentially contributed to, 815 deaths (87%); and benzodiazepines were implicated in, or potentially contributed to, 552 (59%). Cocaine, ecstasy-type drugs and amphetamines were implicated in, or potentially contributed to, 176 deaths (19%), 27 deaths (3%) and 32 deaths (3%), respectively. Alcohol was implicated in, or potentially contributed to, the cause of 90 (10%) of the 934 drug-related deaths in 2017.

3.3.4 From [Table 3](#), one can also see that many of the drugs shown have larger figures in 2017 than in any previous year for which the numbers can be compared. Examples of this are these numbers of deaths for which the specified drugs were implicated in, or potentially contributed to, the cause in 2017:

- 439 for methadone was 77 more than its previous peak of 362 in 2016;
- 815 for any opiate or opioid was 49 more than its previous largest number (766 in 2016);
- 552 for any benzodiazepine was 126 more than its previous highest figure, which was 426 in 2016;
- 176 for cocaine was 53 more than its previous record (123 in 2016).

The figures for benzodiazepines in 2016 (426) and 2017 (552) were well above the level seen from 2008 to 2015 (under 200 per year). However, there has not been a great increase in the figure for diazepam, which used to be the benzodiazepine that was most often implicated in deaths: its numbers were 154 (in 2016) and 205 (in 2017), having fluctuated between 84 and 160 in the period from 2008 to 2015. Most of the rise in the figure for benzodiazepines was due to 'new' ones, particularly etizolam: information from NRS's database (which does not appear in this publication, but in the extra [Table SUB1](#), which is available via the link near the start of the List of Extra Tables) shows that etizolam was implicated in, or potentially contributed to, the cause of 223 deaths in 2016 (representing more than half of the overall 'benzodiazepine' figure of 426 for that year), and 299 deaths in 2017 (more than half of the 552 'benzodiazepine' deaths). Of course, some deaths involved more than one benzodiazepine. Etizolam and some other 'new' benzodiazepines (such as diclazepam) were not controlled under the Misuse of Drugs Act until 31 May 2017, but were subject to the Psychoactive Substances Act when it came into force on 26 May 2016. They are not shown in [Table 3](#) because each was implicated in only single-figure numbers of deaths (if any) before 2014 (etizolam) and 2016 (diclazepam), as can be seen from the slightly larger figures (on the ONS/'wide' basis) for those two drugs given in [Table Y](#) (some other 'new' benzodiazepines have smaller numbers and so do not appear in [Table Y](#), but are shown in the extra [Table SUB1](#)). Finally, it should be noted that the relatively small numbers for ecstasy-

type drugs and amphetamines have had some large percentage year-to-year fluctuations.

3.3.5 It is not possible to make a direct comparison with the figures for 2007 and earlier years because there is a break in the series between 2007 and 2008, due to the revision of the questionnaire which collects information about the drugs found in the body (as explained in paragraphs 2.3 to 2.5). The statistics may also be affected by other differences, between years or between areas, in the reporting of drugs found in the body (examples of which are given in paragraph 2.8). Therefore, apparent changes in the numbers of deaths for which particular drugs were reported must be interpreted with caution, and with the knowledge that there is a clear break in the figures between 2007 and 2008. The change in the method of data collection may have contributed to the apparent large percentage increases, between 2007 and 2008, in the figures for methadone, benzodiazepines generally and diazepam specifically.

3.3.6 Because some of the figures can fluctuate markedly from year to year, the main changes before 2008 are best identified by comparing the averages for 1996-2000 and 2003-2007 (the latter being the final 5-year period before the break in the series). These show that there were marked increases in the numbers of deaths for which there were reports of:

- heroin and/or morphine - from an average of 128 per year in 1996-2000 to an average of 229 in 2003-2007;
- cocaine - from an average of 6 to an average of 38; and
- alcohol - from an average of 91 to an average of 129.

There was not much change in the numbers of deaths for which there were reports of:

- methadone (averages of 74 and 90);
- diazepam (averages of 116 and 103); and
- ecstasy-type (averages of 7 and 13).

It may also be noted that Table 3 in the editions of this publication for 2013 and some earlier years showed that there was a marked fall in the number of deaths for which temazepam was reported (from an average of 47 per year in 1996-2000 to an average of 12 in 2003-2007).

3.3.7 However, while comparing 5-year averages should reduce the effect of year-to-year fluctuations, it will not necessarily give the full picture. In this case, it does not reveal some marked changes during the period:

- the number of deaths for which diazepam was reported rose from under 100 in 1996 and 1997 to over 200 in 2002 and then fell back to under 100 in 2005, 2006 and 2007; and
- the number of deaths for which methadone was reported appeared to fall in the late 1990s, but then rose to 114 in 2007 - above the level recorded in 1996 (100).

3.3.8 As mentioned in [Section 2](#), NRS can also produce, for 2008 onwards, figures on the basis of 'all drugs which were found to be present in the body', including any other drugs which were present, but which were not considered to have had any direct contribution to the death. The lower half of [Table 6](#) shows figures for 2017 on this basis. There are large percentage differences between the two halves of

the table in the figures for benzodiazepines (and diazepam in particular): benzodiazepines were found to be present in the body in the case of 711 of the drug-related deaths in 2017, but had been implicated in, or potentially contributed to, only 552 of those deaths (for diazepam, the equivalent figures are 414 and 205). There are also notable percentage differences between the figures in the two halves of the table for codeine (or a codeine-containing compound), which was found in 68 deaths but was believed to have been implicated in, or to have contributed to, only 27 of them; for dihydrocodeine or a compound thereof (for which the numbers are 140 and 97, respectively) and for alcohol (323 and 90). The figures for heroin/morphine and methadone do not differ much (in percentage terms) between the two halves of the table: these drugs were believed to be implicated in, or to have contributed to, the death in almost every case in which they were found.

- 3.3.9 Most drug-related deaths are of people who took more than one drug. In such cases, it may not be possible to say which particular drug caused the death. [Table 7](#) shows the numbers of drug-related deaths for which only one drug was reported, which are the minimum numbers of deaths which may be wholly attributable to the specified drugs. The top half of the table shows that there were 52 deaths for which only one drug (and, perhaps, alcohol) was found to be present in the body: with a few possible exceptions (the footnote to the table gives further details), these deaths will be wholly attributable to the specified drug (or, perhaps, to that drug in combination with alcohol). These numbers are all small, when compared to the total number of drug-related deaths: there were 10 deaths for which the only drug reported was heroin/morphine; four deaths for which only methadone was mentioned; three deaths for which only a benzodiazepine was reported; eight deaths for which only cocaine was reported; and three deaths for which only an ecstasy-type drug was reported. Based on information from NRS's database (which does not appear in any of the tables), 12 of the remaining 'only one drug (and, perhaps, alcohol)' deaths were due to 'unspecified drug' and three were due to zopiclone; various other drugs were each responsible for a single death (including five other opiates/opioids, besides heroin/morphine and methadone). In total, there were 24 deaths for which alcohol was mentioned along with only one drug.
- 3.3.10 The lower half of [Table 7](#) shows deaths for which only one drug (and, perhaps, alcohol) was implicated in, or potentially contributed to, the death. The numbers here are larger, because this part of the table includes deaths for which other drugs were mentioned as being present but were not considered to have had any direct contribution to the death. So, for example, the figures for methadone are the numbers of deaths for which only methadone (and, perhaps, alcohol) was implicated in, or potentially contributed to, the death - any other drugs (such as diazepam) which were found to be present in the body were not considered to have had any direct contribution to the death. There were 48 deaths for which heroin/morphine was the only drug which was believed to have been implicated in, or to have contributed to, the death; 19 deaths for which methadone was the only such drug; six for codeine (or a compound thereof); six for dihydrocodeine (or a compound thereof); and 20 for another opiate or opioid. There were also five deaths due to benzodiazepines; 20 deaths for which cocaine was the only such drug; three for ecstasy-type drugs, nine for amphetamines and 32 for 'any other drug'. In 37 cases, alcohol was implicated in, or potentially contributed to, the cause of death, along with one drug..
- 3.3.11 Information from NRS's database (which does not appear in any of the tables) shows that oxycodone caused seven of the 20 'another opiate/opioid' deaths,

tramadol was responsible for seven, and five were due to fentanyl. NRS data also show that the 32 deaths which were caused by another drug which is not shown in the table included five cases where that drug was paracetamol, three cases where it was zopiclone, two cases where it was amitriptyline, and 12 cases where it was 'unspecified drug' (alcohol was also implicated in some of these deaths). There were also a number of drugs that were each responsible for only one death. In total, 169 deaths are counted in the lower half of Table 7. Therefore, in 2017, there were 169 deaths (18% of all drug-related deaths) for which only one drug (plus, perhaps, alcohol) was believed to have been implicated in, or potentially contributed to, the cause of death.

3.4 Sex and age

- 3.4.1 **Table 4** shows that males accounted for the majority (652, or 70%) of the drug-related deaths in 2017. This was the case throughout the past two decades, although the precise balance between the sexes has varied from year to year. For example, between 2008 and 2013, the number of male drug-related deaths dropped (from 461 to 393, having been as low as 363 in 2010) whereas the number of female deaths rose (from 113 to 134, having fallen back slightly from 165 in 2012) so the male percentage fell from 80% to 75%. Comparing the averages for 2003-2007 and 2013-2017, to reduce the effects of year-to-year fluctuations on the figures, the percentage increase in the number of drug-related deaths was greater for females (203%) than for males (68%).
- 3.4.2 From 2003 to 2014, of the age-groups shown, the largest number of drug-related deaths were among 25-34 and 35-44 year olds. However, recent years have seen large percentage increases in drug-related deaths in the 45-54 age-group. In 2017, there were 360 drug-related deaths of people aged 35-44 (representing 39% of that year's total number of drug-related deaths), 268 of 45-54 year olds (29%) and 185 in the 25-34 age-group (20% of the total). In addition, 36 people aged 15 to 24 died (4%), as did 64 in the 55 to 64 age-group (7%) and 18 people who were 65 or over (2%). There are very few drug-related deaths aged 14 and under. The table shows that the number of deaths in a particular age-group can fluctuate markedly over the years (for example, the number of 15 to 24 year olds who died was 100 in 2002, 47 in 2005, 94 in 2007, 65 in 2010, 32 in 2013, 46 in 2014 and 30 in 2015). However, some clear trends can be seen. Comparing the averages for 2003-2007 and 2013-2017 (to reduce the effects of year-to-year fluctuations on the figures), there have been large percentage increases in the number of deaths of 35-44 year olds (from an average of 115 per year in 2003-2007 to an average of 267 in 2013-2017) and people aged 45-54 (from an average of 38 to an average of 188); the number of deaths of 25-34 year olds rose less markedly (from an average of 134 to an average of 168). Deaths of people aged 55 to 64 rose (from an average of 10 to an average of 53), and there was a fall in the number of people aged under 25 who died (from an average of 74 to an average of 37).
- 3.4.3 Changes in the ages of drug-related deaths can also be seen from the values of the lower quartile age at death (a quarter of drug-related deaths were of people of this age or under), the median age at death (half the deaths were of people of this age or under) and the upper quartile age at death (a quarter of the deaths were of people of this age or older), which appear in the table:
- the lower quartile age at death rose from 22 years in 1996 to 35 years in 2017;

- the median age at death increased from 28 years in 1996 to 41 years in 2017; and
- the upper quartile age at death rose from 34 years in 1996 to 48 years in 2017 (having been 49 years in 2015).

The median is used (rather than the average) because it should be affected less by any unusually high (or low) values.

3.4.4 The lower part of [Table 5](#) shows that, when the underlying cause of death is determined using the old coding rules, 538 (83%) of the male deaths in 2017 were of known or suspected drug abusers compared to 208 (74%) of the female deaths. Of the 82 deaths aged 55 and over, only 38 (46%) were of people who were known, or suspected, to be drug-dependent. The table also provides a more detailed breakdown of the numbers by age-group for each sex.

3.4.5 [Table 6](#) provides information about the ages and sexes of people who died having taken various drugs (perhaps more than one of the substances listed in the table, and maybe other drugs as well). The top half of the table provides figures on the normal basis: 'drugs which were implicated in, or potentially contributed to, the cause of death'. As mentioned earlier, men accounted for 70% of all drug-related deaths in 2017. Where the drugs listed below were implicated in, or potentially contributed to, the cause of death, men accounted for the following percentages of the deaths (though it must be noted that such percentages may vary markedly from year to year, in the case of drugs which were involved in relatively small numbers of deaths):

- alcohol - 79% (71 out of 90);
- cocaine - 77% (136 out of 176);
- heroin/morphine - 74% (349 out of 470);
- benzodiazepines - 71% (391 out of 552);
- ecstasy-type drugs – 70% (19 out of 27);
- methadone - 67% (292 out of 439);
- codeine (or a codeine-containing compound) - 67% (18 out of 27);
- dihydrocodeine (or a dihydrocodeine-containing compound) - 57% (55 out of 97); and
- amphetamines – 44% (14 out of 32).

There were some differences between the distributions by age of people for whom the drugs listed in [Table 6](#) were implicated in, or potentially contributed to, the cause of their deaths. For example, the under 25s accounted for 41% of (the relatively small number of) deaths in which an ecstasy-type drug was implicated, or to which it potentially contributed, compared with only 4% of all drug-related deaths. In addition, 31% of the 176 'cocaine' deaths were of people who were aged 25-34, compared with 20% of all drug-related deaths. About 47% of the 97 'dihydrocodeine' deaths were of people aged 45 and over, compared with 37% of all drug-related deaths.

3.4.6 The lower part of [Table 6](#) provides figures for all drugs which were found present in the body, including those which were not considered to have had any direct contribution to the death. Women accounted for 30% of all drug-related deaths in 2017, but for 51% of the deaths for which amphetamines were found, for 41%

of deaths for which codeine (or a compound thereof) was found, for 40% of deaths for which dihydrocodeine (or a compound) was found, and for just 22% of deaths for which cocaine was found.

- 3.4.7 The top half of [Table 7](#) gives the numbers of deaths for which only one drug (and, perhaps, alcohol) was found to be present in the body. The numbers are all relatively small, so there is little that can be said about the ages and sexes of the people involved. The bottom half of the table shows deaths for which only one drug (and, perhaps, alcohol) was implicated in, or potentially contributed to, the death. [Paragraph 3.3.10](#) explained why these numbers are larger. However, only for heroin/morphine (48 deaths) might the figures for a particular drug be large enough for analysis of the ages and sexes of the people involved. The main point to note is that females accounted for 26% of all deaths in 2017 for which only one drug (and, perhaps, alcohol) was implicated in, or potentially contributed to, the cause of death, but for only 17% (8 out of 48) of the cases where heroin/morphine (and, perhaps, alcohol) was the only drug which was implicated in, or potentially contributed to, the cause of death.
- 3.4.8 [Table 8](#) provides drug-related death rates per 1,000 population for a number of age-groups, and shows how these have changed, from 2000 to 2017. For much of that period, the drug-related death rate per 1,000 population was highest for people aged 25-34: it was 0.25 in 2017 and averaged 0.24 over the latest five years (from 2013 to 2017). However, the rate for 35-44 year olds was higher in 2011 and every year since, was 0.54 per 1,000 population in 2017, and its latest 5-year average was 0.40. In recent years, there has been a large percentage increase in the rate for 45-54 year olds: it was 0.34 in 2017 and had a latest 5-year average of 0.24. For the 15-24 age-group, the rate per 1,000 population has latterly been much lower: it was 0.06 in 2017 and averaged 0.06 over the latest five years. The rate for 55-64 year olds has never been more than 0.10 per 1,000 population. Since 2000, there have been increases in the rates for all the age-groups apart from 15-24 year olds, whose rates have tended to decline (with some year-to-year fluctuations).

3.5 Death rates for problem drug users

- 3.5.1 The drug-related death rates per 1,000 population (shown in [Table 8](#)) are based on the size of the whole population of each age-group, the vast majority of whom do not use drugs. Therefore, those figures do not indicate the likely death rate for people who use drugs. Drug-related death rates for the part of the population whose put their lives at risk by using drugs can be calculated using the numbers of problem drug users (age 15-64) that are estimated by the Information Services Division (ISD) of NHS National Services Scotland. The latest such estimates, for the 2012/13 financial year, are [available from the ISD web-site](#) . For the purpose of ISD's estimates, 'problem drug use' is defined as the problematic use of opiates (including illicit and prescribed methadone use) and/or the illicit use of benzodiazepines, and implies routine and prolonged use (as opposed to recreational and occasional use). It follows that ISD's estimates will be smaller than the total number of people who used illicit drugs at some time during the year.
- 3.5.2 [Table 9](#) shows ISD's estimates of the number of problem drug users in 2012/13 along with the annual average number of drug-related deaths for 2011-2015 (rather than the annual averages for 2012-2016, or 2013-2017, because they would be less comparable with ISD's estimates for 2012/13). The first two figures on the first row show that Scotland had 602 drug-related deaths (of all

ages) per year (on average) between 2011 and 2015, and an estimated 61,500 problem drug users (aged 15-64) in 2012/13. Combining those figures gives an annual average of 9.8 drug-related deaths per 1,000 problem drug users. The difference between the coverage of the two figures ('all ages' for deaths; '15-64' for problem drug users) should not matter much, as Table 4 showed that there are relatively few drug-related deaths of people aged 0-14 or 65+.

- 3.5.3 Using ISD's estimates of the numbers of problem drug users by age and by sex in the same way, it appears that the annual average drug-death rate (per 1,000 problem drug users) is higher for males (10.0) than for females (9.2), and increases with age (4.0 for problem drug users who are aged 15-24, 7.6 for 25-34 year olds, and 13.0 for those aged 35-64). For each sex, the death rate clearly rises with age, though it should be noted that ISD did not consider the estimated numbers of female problem drug users broken down by age to be sufficiently reliable for publication.
- 3.5.4 The ISD publication explains that the estimates are produced by combining data from a number of sources, and provides '95% confidence intervals' to indicate the likely margins of error in some of the figures. For the estimated total number of problem drug users for 2012/13, the 95% confidence interval is from 59,900 to 63,300 (or roughly +/- 3%). The values of the lower and upper ends of the confidence intervals can be used to calculate a likely range for the drug-related death rate. Dividing the annual average of 602 drug-related deaths by the value at the upper end (63,300 problem drug users) gives a minimum for the drug-death rate of 9.5 per 1,000 problem drug users; dividing by the value at the lower end (59,900 problem drug users) gives a maximum for the drug-death rate of 10.1 per 1,000 problem drug users.
- 3.5.5 ISD did not calculate 95% confidence intervals for its estimates of problem drug users broken down by age and sex, but one would expect them to be wider (in percentage terms) for the smaller sub-groups of the population (that is generally the case for the 95% confidence intervals for NHS Board and council areas in Tables HB5 and C5).

4. NHS Board areas: trends, causes, drugs reported, and death rates by age-group and relative to the estimated number of problem drug users

- 4.1 Deaths are normally classified by geographical area on the basis of the usual place of residence of the deceased (or, if that is not known, or is outwith Scotland, on the basis of the location of the place of death). In this publication, the statistics for each NHS Board's area are based on the boundaries which apply with effect from 1 April 2014. The figures for earlier years show what the numbers would have been, had the new boundaries applied in those years. [Table HB1](#) shows the numbers of drug-related deaths for each NHS Board area. Of the 934 deaths in 2016, 280 (30%) were in the Greater Glasgow & Clyde NHS Board area. Lothian, with 137 (15%), had the next highest total followed by Lanarkshire (102 or 11%), Tayside (94 or 10%), Grampian (85 or 9%), Fife (66 or 7%) and Ayrshire & Arran (61 or 7%).
- 4.2 Because of the generally small numbers involved, particularly for some NHS Board areas, great care should be taken when assessing any apparent trends shown in the table. Year-to-year variation in the figures could result in apparently large percentage changes. This is more likely for the areas with smaller populations, but can also be seen sometimes in the figures for the more populous areas (for example some previous editions of this publication showed that Greater Glasgow & Clyde had 147 deaths in 2004, 109 in 2005 and 156 in 2006). Therefore, using 5-year moving

annual averages should 'smooth out' the effects of any fluctuations, and so provide a better indication of the longer-term trends. The areas with the largest increases between their annual averages for 2003-2007 and 2013-2017 were Greater Glasgow & Clyde (up by 80, from 137 to 217), Lothian (up by 65, from 47 to 112), Lanarkshire (up by 44, from 42 to 86), Tayside (up by 35, from 26 to 61), Ayrshire & Arran (up by 31, from 23 to 54), Fife (up by 29, from 19 to 48), Grampian (up by 24, from 38 to 62), Forth Valley (up by 15, from 18 to 33) and Highland (up by 15, from 13 to 28).

- 4.3 The table also shows the population of each NHS Board area, and what its average number of drug-related deaths per year (for 2013-2017) represented per 1,000 population (using the population in the middle of the 5-year period as a proxy for the average population over the whole period). For Scotland as a whole, the average of 730 drug-related deaths per year represented a rate of 0.14 per 1,000 population. The area with the highest rate was Greater Glasgow & Clyde (0.19); next highest was Tayside, with a rate of 0.15. Finally, the lower part of the table shows the number of 'extra' deaths that would be counted, for each area, in the consistent series (refer to paragraph 2.9 and Annex F). As all the figures are relatively small, it is clear that the use of the consistent series would not change markedly the level of, or the trend in, the number of drug-related deaths for any area.
- 4.4 [Table HB2](#) gives a breakdown by cause of death for each NHS Board area for 2017. [Table HB3](#) shows some geographical differences in the reporting of certain drugs: figures which should be used with particular care, in the light of the points mentioned in [sections 2](#) and [3.3](#), the effects of which could be proportionately greater on the figures of some of the areas with lower populations. Note also that the figures given in [Table HB3](#) are on the standard basis (drugs implicated in, or which potentially contributed to, the cause of death), and so are not comparable to figures (in the editions for 2008 and earlier years) on the basis of 'all drugs which were [reported as having been] found to be present in the body'. As mentioned earlier, this website has versions of [Table HB3](#) which give (i) figures for 2008 on the normal basis and (ii) figures for 2009 onwards on the 'all drugs which were found to be present in the body' basis.
- 4.5 [Table HB3](#) shows the drugs reported for NHS Board areas. Overall, heroin/morphine was believed to have been implicated in, or to have potentially contributed to, 50% of the total number of drug-related deaths in 2017, and the figures for most of the most populous areas were not too far from this level: broadly speaking, around 45-55%, with the exception of Lothian (54 out of 137, or 39%), Highland (13 out of 32, or 41%), Fife (41 out of 66, or 62%) and Tayside (62 out of 94, or 66%). Methadone was implicated in, or potentially contributed to, 47% of drug-related deaths overall, with the percentage being highest in Grampian (53 out of 85, or 62%) and lowest in Highland (10 out of 32, or 31%) and Lanarkshire (31 out of 102, or 30%). The table also shows that dihydrocodeine (or a compound containing it) was implicated in, or potentially contributed to, 10% of drug-related deaths overall, but the figure for Forth Valley was 31% (11 out of 36). Benzodiazepines were implicated in, or potentially contributed to, 59% of drug-related deaths in Scotland as a whole, with the percentage being highest in Tayside (65 out of 94, or 69%) and lowest in Lothian (66 out of 137, or 48%) - although this comparison might be affected by the differences in reporting practices which are mentioned in [section 2](#).
- 4.6 [Table HB4](#) provides, for each NHS Board area, for a number of age-groups, the drug-related death rate per 1,000 population. As with the overall rates in [Table HB1](#), the figures were calculated using the average number of drug-related deaths per year (for 2013-2017), by taking the population in the middle of the 5-year period as a proxy for the average population over the whole period. Even though the figures are

five-year averages, they must still be used with caution for the less populated areas (for example when the annual averages for 2007 to 2011 were calculated, just three 15-24 year old drug-related deaths in Shetland caused it to have a rate for that age-group which was double that of Scotland as a whole). Of the more populous areas, Greater Glasgow & Clyde had the highest drug-related death rates per 1,000 population for the three oldest of the five age-groups for which figures are provided: 0.58 for 35-44 year olds, 0.39 for the 45-54 age-group, and 0.13 for the 55-64 age-group; all well above the overall average rates for Scotland as a whole for the same 5-year period (0.40, 0.23 and 0.08 respectively). Ayrshire & Arran, Fife and Tayside had rates per 1,000 population for 25-34 year olds which were clearly above-average (0.36, 0.34 and 0.34, respectively, compared with 0.24 for Scotland as a whole); no area had an unusually high rate for 15-24 year olds when compared with 0.06 for Scotland as a whole

- 4.7 As mentioned in [Section 3.5](#), Information Services Division (ISD) has estimated the numbers of problem drug users (aged 15-64) for parts of Scotland. [Table HB5](#) provides those figures for NHS Board areas, with their '95% confidence intervals', each area's estimated drug-related death rate per 1,000 problem drug users, and the likely range of values for that figure; [Figure 2](#) shows the rates and their confidence intervals, and [Section 3.5](#) gives more information about the basis of the figures. For Scotland as a whole, it is estimated that (between 2011 and 2015) there were, on average, 9.8 drug-related deaths per year per 1,000 problem drug users.
- 4.8 Among the more populous areas, this rate was lowest in Forth Valley and Greater Glasgow & Clyde (both 8.8) and highest in Fife (13.9) and Highland (13.3). The table shows wide (in percentage terms) confidence intervals for some areas, particularly for the ones with relatively small populations. As a result, some areas have wide likely ranges of values for their death rates, including some of the more populous areas (for example, for Fife, the likely range of values for the drug-related death rate is from 11.8 to 15.5 per 1,000 problem drug users).
- 4.9 There is a narrower (in percentage terms) range of values for the 'mainland' NHS Board areas when drug-related death rates are calculated on this basis (which takes account of the number of people who put their lives at risk) than when they are calculated per 1,000 population. For example, [Table HB5](#) shows that the lowest 'mainland' drug-related death rate per 1,000 problem drug users was 8.0 (Dumfries & Galloway), and the highest was 13.9 (Fife), so the highest figure was less than twice the lowest one. In contrast, in [Table HB4](#), the lowest 'mainland' drug-related death rate per 1,000 population was 0.09 (for Highland), and the highest was 0.19 (Greater Glasgow & Clyde), so the highest figure was more than double the lowest one. (The 'island' areas are excluded from such comparisons because their relatively small numbers may lead to large percentage fluctuations in their rates.)

5. Council areas (trends, causes, drugs reported and death rates by age-group) and areas with smaller populations

- 5.1 [Tables C1 to C5](#) provide figures for individual council areas, and [Figure 3](#) shows their death rate per 1,000 problem drug users. Again, because of the relatively small numbers involved, particularly for some areas, great care should be taken when using these figures. Even the numbers for the most populous areas may be subject to large percentage year-to-year fluctuations (for example Glasgow's figures from 2004 to 2008 were as follows: 106, 75, 113, 90, 121; Edinburgh's from 2003 to 2009 were: 26, 17, 41, 30, 43, 66, 45). Again, the points mentioned in [sections 2](#) and [3.3](#) may have a proportionately greater effect on the numbers for some of the areas with smaller populations. Again, the figures given in [Table C3](#) are on the normal basis

(drugs implicated in, or which potentially contributed to, the cause of death), and so are not comparable to figures (in the editions for 2008 and earlier years) on the basis of 'all drugs which were [reported as having been] found to be present in the body'. As mentioned earlier, the web site has versions of [Table C3](#) which give (i) figures for 2008 on the normal basis and (ii) figures for 2009 onwards on the 'all drugs which were found to be present in the body' basis.

- 5.2 As the numbers of drug-related deaths for areas with smaller populations will be lower, and may be subject to proportionately larger year-to-year fluctuations, it is unlikely that much useful information could be obtained from looking at the figures for small areas for a single year, or for a few years taken together. There could also be concerns about the sensitivity of data relating to small areas, as it might be possible, in some circumstances, to infer something about identifiable individuals from such data. Therefore, one should only look at such figures for several years taken together. Even then, the smaller the areas are, the more (in percentage terms) their figures may be influenced by how NRS allocates deaths to areas, based upon the details that are collected by the registration process. Information about the basis of NRS's statistics about deaths, and examples of the fluctuations in and possible unreliability of figures for small areas, are available from the [Vital Events – General Background Information](#) and the [Deaths – Background Information](#) pages within the vital events section of the NRS website.
- 5.3 An example of the scale of the numbers for small areas is given by an analysis for the National Forum on Drug-related Deaths, which used data for postal districts for the eight years from 2000 to 2007 (inclusive). This was done in response to a request, at a Forum meeting in September 2008, to 'identify any geographical concentrations of drug-related deaths'. Postal districts are not normally used for statistical analysis, but in this case they provided a convenient way to describe the extent to which the numbers of drug-related deaths were concentrated in certain parts of Scotland, by using a geography that would be more meaningful to Forum members than, say, the data zones or intermediate zones that are used in Scottish Neighbourhood Statistics. The database had records for 2,893 drug-related deaths (on the basis of the standard definition) in Scotland in the specified eight years (paragraph A4 of [Annex A](#) explains why there is a slight difference from the total of the published figures for those years). Of the postal districts, 'G21' had the largest number (67 - an average of 8.4 per year). Four other postal districts had totals of 50 or more drug-related deaths for that period: 'G33' (54); 'G20' (53); 'G32' (51); and 'AB24' (50). Figures were not provided for every individual postal district, because of the numbers involved. There were 25 postal districts which each had 29 or more drug-related deaths over the eight years: each of them accounted for more than 1% of the total for Scotland for that period. Taken together, these 25 postal districts accounted for about a third of all drug-related deaths in Scotland between 2000 and 2007. The remaining two-thirds of drug-related deaths in that period were deaths of residents of postal districts which had, at most, 28 such deaths over the eight years – this is areas which had, on average, at most three and a half drug-related deaths per year (many averaged fewer than one drug-related death per year). It follows that, while some postal districts have markedly more drug-related deaths than others, the problem is clearly a very widespread one, with most deaths being of people living in areas which had relatively few drug-related deaths.

Annex A: The definition of drug-related deaths used for these statistics (the National Records of Scotland (NRS) implementation of the 'baseline' definition for the UK Drugs Strategy)

A1. Background

The definition of a 'drug-related death' is not straightforward. Useful discussions on definitional problems may be found in articles in the Office for National Statistics (ONS) publication 'Population Trends' and in the journal 'Drugs and Alcohol Today' (please go to References in [Annex C](#)). A report by the Advisory Council on the Misuse of Drugs (ACMD), which is mentioned in the References, considered (what were, at that time) the current systems used in the United Kingdom to collect and analyse data on drug related deaths. In its report, the ACMD recommended that 'a short life technical working group should be brought together to reach agreement on a consistent coding framework to be used in future across England, Wales, Scotland and Northern Ireland'. National Records of Scotland (NRS), formerly General Register Office for Scotland (GROS), was represented on this group, and this publication presents information on drug-related deaths using the approach that was agreed, on the basis of the definition as it was implemented by GROS and, now, NRS.

A2. The definition

The 'baseline' definition for the UK Drugs Strategy covers the following cause of death categories (the relevant codes from the International Statistical Classification of Diseases and Related Health Problems, Tenth Revision [ICD10], are given in brackets):

- a) deaths where the underlying cause of death has been coded to the following sub-categories of 'mental and behavioural disorders due to psychoactive substance use':
 - (i) opioids (F11);
 - (ii) cannabinoids (F12);
 - (iii) sedatives or hypnotics (F13);
 - (iv) cocaine (F14);
 - (v) other stimulants, including caffeine (F15);
 - (vi) hallucinogens (F16); and
 - (vii) multiple drug use and use of other psychoactive substances (F19).

- b) deaths coded to the following categories and where a drug listed under the Misuse of Drugs Act (1971) was known to be present in the body at the time of death (even if the pathologist did not consider the drug to have had any direct contribution to the death):
 - (i) accidental poisoning (X40 – X44);
 - (ii) intentional self-poisoning by drugs, medicaments and biological substances (X60 – X64);
 - (iii) assault by drugs, medicaments and biological substances (X85); and
 - (iv) event of undetermined intent, poisoning (Y10 – Y14).

A3. Deaths which are excluded from the NRS implementation of the definition

The NRS implementation of the definition excludes a small proportion of the deaths which were coded to one of the ICD10 codes listed in paragraph A2, specifically:

- deaths where a drug listed under the Misuse of Drugs Act was likely to be present only as part of a compound analgesic or cold remedy. Examples include:
 - co-proxamol (paracetamol and dextropropoxyphene);
 - co-dydramol (paracetamol and dihydrocodeine); and
 - co-codamol (paracetamol and codeine sulphate).

These deaths are excluded in order that deaths from overdoses of legally prescribed non-controlled medicines are not counted as 'drug-related'. As it is believed that dextropropoxyphene has rarely, if ever, been available other than as a constituent of a paracetamol compound, deaths caused by dextropropoxyphene have been excluded even if there is no mention of a compound analgesic or paracetamol. However, deaths for which codeine or dihydrocodeine were reported without any mention of paracetamol have been included, as these drugs are available on their own and are known to be abused in that form.

- deaths coded to drug abuse where the direct cause of death was secondary infections or later complications of drug use. The statistics therefore exclude deaths from:
 - secondary infections such as clostridium or anthrax infection resulting from the injection of contaminated drugs:
 - conditions which could be regarded as later complications of drug use, such as bronchopneumonia, lobar pneumonia, bilateral pneumonia, septicaemia or organ failure where drug misuse was not specified as the direct and immediate cause of death (even though it may have damaged greatly the person's health over the years).

A4. Exclusions do not apply to the immediate or short-term effects of drugs (provided that the drugs are ones that are counted for these statistics)

The exclusions described in the second half of the previous paragraph do not apply in the case of conditions which could be regarded as the immediate or short-term effects of drugs (provided that the drugs are ones that are counted for these statistics – that is, they are listed under the Misuse of Drugs Act and are not likely to be present only as part of a compound analgesic or cold remedy) and where terms such as 'intoxication', 'poisoning', 'toxicity', 'overdose', 'adverse effects of', 'possible intoxication' or 'suspected drug overdose' appear. For example, deaths for which the cause was given as

- bronchopneumonia [due to] heroin intoxication or
- hypoxic brain injury [due to] morphine and methadone intoxication or
- multi-organ failure [due to] cardiac arrest [due to] multi-drug intoxication

would be included in these statistics. It would be assumed either that the death was due to the effects of the drugs (rather than the medical condition) or that the medical condition was an immediate consequence of the drug-taking.

In cases where there is a reference to (for example) drug intoxication, deaths caused by the inhalation of gastric contents, aspiration pneumonia or choking on food are counted in these figures, as they are regarded as immediate consequences of drug intoxication. The statistics also include deaths for which the cause was given as 'cocaine-related cardiac arrhythmia' and 'acute intracerebral haemorrhage [due to] amphetamine use', unless it is clear that the drugs were not used recently.

A5. Some other points on the definition

If a drug's legal status changes, NRS aims to count it on the basis of its classification on the day the person died (as NRS does not know when the drug was taken). For example, mephedrone was banned under the Misuse of Drugs Act with effect from 00.01 on 16 April 2010. Therefore, if mephedrone was the only drug found to be present in the body, a death coded to one of the categories listed under (b) would not be counted in NRS's implementation of the Drugs Strategy 'baseline' definition if it occurred before 16 April 2010.

Examples of deaths which were not counted because they were due to a secondary infections are deaths caused by clostridium novyi infection: Annex A of 'Drug-related Deaths in Scotland in 2000' explained that 22 such cases had been identified when the 2000 deaths data file was closed in May 2001, adding that it was not clear whether additional deaths had subsequently been identified. Similarly, these figures exclude the 13 deaths which were caused by the outbreak of anthrax that was associated with contaminated heroin and started in December 2009.

A number of categories of what some might think should be counted as 'drug-related' deaths do not come within the scope of the definition because the underlying cause of death was not coded to one of the ICD10 codes listed above. Examples of deaths which are not counted for this reason are:

- deaths coded to mental and behavioural disorders due to the use of volatile substances;
- deaths from AIDS where the risk factor was believed to be the sharing of needles;
- deaths from drowning, falls, road traffic and other accidents which occurred under the influence of drugs; and
- deaths due to assault by a person who was under the influence of drugs, or as a result of being involved in drug-related criminal activities.

A6. Identifying deaths which are drug-related, and why there are slight discrepancies in the figures for a few years between 2000 and 2006

There are a few minor discrepancies between the figures for 2006 and earlier years that were published at the time and those which were produced more recently. This is due to a change in the way in which 'drug-related' deaths are identified using the data held by NRS. This process has two stages:

- first, extract all the records of deaths which satisfy the ONS 'wide' definition ([Annex B](#)). The method used for this stage has not been changed; and
- second, scrutinise the extracted records and set a 'flag' to identify the ones which should be counted under NRS's implementation of the Drugs Strategy 'baseline' definition. The method used for this stage was changed with effect from June 2008.

Previously, the data were examined by the former GROS Vital Events Statistician, who had considerable knowledge and experience of dealing with information about drug-related deaths. He used Excel's facilities to set a number of indicators, and so identified the cases which should be counted under GROS's implementation of the Drugs Strategy 'baseline' definition. This method clearly relied greatly on the Statistician's personal expertise. He retired in Spring 2008.

Now, most of this work is done by SAS computer programs, using a look-up table to identify particular types of drugs (John Corkery of the University of Hertfordshire and, prior to that, the Programme Manager of the National Programme on Substance Abuse Deaths supplied most of the content of the look-up table).

The database starts with data for 2000 because that was the first year for which NRS used ICD10. NRS used the classification's previous version (ICD9) for 1979 to 1999. Because the data are coded differently for the years up to 1999 and the years from 2000, NRS's current database starts with the data for 2000. It contains one record for every death which is counted by the ONS 'wide' definition. The database is not limited only to records for deaths which are counted by the standard (Drugs Strategy 'baseline') definition: NRS produces figures on the latter basis by selecting the records which have been 'flagged' appropriately.

The new method was tested by using it to prepare figures for each year for 2000 to 2006, inclusive. The results were the same as, or within just 1-2 of, the figures which had been published previously. After examining the cases which were being counted differently by the old and the new methods, it was concluded that any flaws in the new method were not significant, and that it should be used henceforth. However, to avoid confusing users of these statistics with minor changes to the figures, the tables which appeared in the editions of this publication which were produced before the method was changed give figures for 2006 and earlier years which were extracted from the database produced by the old method, and so are as published previously. However, new analyses of the data for 2000 onwards now use the database produced by the new method, and so may include some totals or sub-totals (for the years from 2000 to 2006, inclusive) that differ slightly from the figures which were published previously, because the new method was used to produce the database of relevant cases for those years.

Annex B: Some other definitions of drug-related deaths

- B1. Other bodies may use other definitions for other purposes: this annex gives some examples. It then discusses how some deaths from certain other causes might be counted as well, to obtain a wider view of mortality arising from drug misuse.

Office for National Statistics (ONS) 'wide' definition, and European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) 'general mortality register' definition

- B2. First, there is a 'wide' definition which is used by the Office for National Statistics (ONS) to provide figures for deaths from drug poisoning. It covers the following cause of death categories (the relevant codes from the International Statistical Classification of Diseases and Related Health Problems, Tenth Revision [ICD10], are given in brackets):
- a) deaths where the underlying cause of death has been coded to the following sub-categories of 'mental and behavioural disorders due to psychoactive substance use':
 - opioids (F11);
 - cannabinoids (F12);
 - sedatives or hypnotics (F13);
 - cocaine (F14);
 - other stimulants, including caffeine (F15);
 - hallucinogens (F16);
 - volatile solvents (F18); and
 - multiple drug use and use of other psychoactive substances (F19).
 - b) deaths coded to the following categories:
 - accidental poisoning (X40 – X44);
 - intentional self-poisoning by drugs, medicaments and biological substances (X60 – X64);
 - assault by drugs, medicaments and biological substances (X85); and
 - event of undetermined intent, poisoning (Y10 – Y14).

The main differences between this 'wide' definition and the one used to produce the statistics given in this publication (the 'baseline' definition for the UK Drugs Strategy) are:

- the first part also includes deaths coded to 'volatile substances' (F18); and
- the second part is not restricted to cases where a drug listed under the Misuse of Drugs Act (1971) was known to be present in the body at the time of death.

Therefore, the 'wide' definition's figures are markedly higher.

- B3. Second, there is the definition used by the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) for its 'general mortality register'. The rules for this definition refer to particular codes for the underlying causes and the types of substance involved, and (in some cases) specify the combinations that must occur for a death to be counted under this definition. It produces figures which are broadly similar to those of the standard (Drugs Strategy 'baseline') definition, but which cover deaths which involved the use of a different (albeit overlapping) range of drugs: so some deaths which are counted under the EMCDDA definition are not counted under the standard (Drugs Strategy 'baseline') definition, and vice versa. In the '... in 2015'

edition, the EMCDDA figures for some of the years from 2000 to 2014 were revised slightly from those published previously, following advice, from Public Health England (which co-ordinates the provision of figures for the UK to the EMCDDA) that deaths satisfying some other criteria should be counted in the EMCDDA definition.

- B4. Because National Records of Scotland (NRS) has details of all the deaths which were registered in Scotland, it can produce figures using the ONS 'wide' definition and the EMCDDA 'general mortality register' definition, as well as using the standard (Drugs Strategy 'baseline') definition. These are given in [Table X](#). As the table and [Figure 4](#) show, the numbers produced using the three definitions tend to rise and fall in broadly similar ways, and so all three definitions give similar impressions of the long-term trend, although they differ regarding the numbers of deaths in each year. Figures based on the ONS 'wide' definition have been provided for 1979 onwards, but numbers based on the other two definitions are only available for 1996 and later years. A separate note, '[Figures for drug-related deaths for Scotland for 1995 and earlier years](#)' is available on the NRS website, explains why NRS cannot produce figures for drug-related deaths for 1995 and earlier years on the basis of the standard (Drugs Strategy 'baseline') definition, comments on the potential reliability of the numbers on the basis of the ONS 'wide' definition for 1979 to 1999, and explains why it is not possible to produce reliable figures for drug-related deaths on that basis for 1978 or earlier years.
- B5. As explained above, the ONS 'wide' definition includes all deaths coded to accidental poisoning, and to intentional self-poisoning by drugs, medicaments and biological substances, whether or not a drug listed under the Misuse of Drugs Act was present in the body. [Table Y](#) shows the numbers of deaths (on this basis) in each year for the latest year, and over the previous ten years, for which a range of drugs (including anti-depressants, anti-psychotics, paracetamol or a compound, and tramadol) were reported. [Section 2](#) explains why there is a break in the series between 2007 and 2008. In some of the earlier editions of this publication, the table showed that, for example, the number of deaths for which anti-depressants were reported tended to be in the range 70-90 per year between 2000 and 2007, whereas for paracetamol or a compound the number fell from around 120 to about 60. The table also shows recent years' rises in the numbers of deaths involving certain drugs, such as diclazepam, etizolam, gabapentin and pregabalin.

Examples of definitions which have been used by the Police

- B6. The former Scottish Crime and Drug Enforcement Agency (SCDEA) used a different definition. In Autumn 2007, the then General Register Office for Scotland (GROS) compared some of the details of the drug-related deaths (in terms of the 'baseline' UK Drug Strategy definition) in 2006 that were held by GROS and the deaths that were recorded in an SCDEA database of drug-related deaths. The results may be summarised as follows:
- 321 deaths were counted by both GROS and SCDEA;
 - 100 deaths were counted by GROS but not by SCDEA. These included:
 - 14 deaths occurring in December 2005 which were not registered until 2006;
 - 28 definite suicides;
 - 19 probable suicides (classified as 'events of undetermined intent');
 - 8 cases coded to 'accidental overdose'; and

- 29 cases coded to 'drug abuse'.
- 53 cases were counted by SCDEA but not by GROS. These comprised:
 - 13 deaths occurring in December 2006 which were not registered until 2007 - most (if not all) of which will be included in the GROS figures for 2007;
 - 21 deaths for which drugs (whether named or unspecified) were recorded in the GROS database - but either the drugs mentioned were not covered by the 'baseline' definition or the deaths were coded to causes other than drug abuse or drug overdose;
 - 19 deaths which had no mention of drugs in the GROS database (13 were coded to 'unascertained' cause of death). Returns from Procurators Fiscal were still outstanding for several of these when the GROS database for 2006 was closed at the end of June 2007. SCDEA recorded the involvement of heroin or methadone in 15 deaths, so it is likely that some of them would have been counted in GROS's figures for drug-related deaths had all the relevant information been available before its database for 2006 closed.

B7. Because the numbers involved are smaller, and because there may be differences in the way in which cases are counted against geographical areas, there may be larger (in percentage terms) differences between NRS and other bodies in their figures for parts of Scotland. For example, in September 2010, the then Grampian Police investigated the difference between its figure of 43 and the then GROS's figure of 52 for the number of drug-deaths in the Grampian area in 2009. The Police's results may be summarised as follows:

- 39 deaths were counted by both the then GROS and the Police;
- 13 deaths were counted by the then GROS but not by the Police. These comprised of:
 - nine cases of suicide, or suspected suicide (the Police did not include suicides which involve drugs in their figures for 'drug-related' deaths);
 - two deaths which had been registered in 2009 but had actually occurred in 2008 (and so were not in the Police figures for 2009). As mentioned in [paragraph 2.1](#), NRS counts events on the basis of the date of registration, since the date of occurrence may not be known;
 - the death of someone from Grampian who had been living elsewhere in Scotland for 3 months. As explained in the information about the geographical basis of the Vital Events statistics (available via the vital events [general background information](#) section of the NRS website), NRS normally counts someone who had been living at an address for less than a year on the basis of the previous address. The Grampian Police had not known about this death, so could not have counted it; and
 - a death from an overdose of prescribed medication. The Police had not counted this death as 'drug-related' because the controlled substances which caused the death had been obtained legitimately, being medication which had been prescribed to the deceased.
- 4 deaths were counted by the Police but not by NRS (formerly GROS). These comprised of:
 - two deaths which occurred in December 2009 but which had not been registered until 2010 (and so were not in the GROS figures for 2009);

- a death caused by a medical condition upon which the consumption of controlled drugs had a bearing (GROS had counted this death as being due to the medical condition rather than as being drug-related); and
- the death in Grampian of someone who had been living elsewhere. (GROS counted this in its statistics for the other part of Scotland, because NRS's figures are based on its understanding of the area of residence of the deceased, if that was within Scotland).

Grampian Police also looked at the statistics for individual local authority areas, and found further differences between its figures and those of the then GROS. These were due to different practices for counting deaths against geographical areas. For example, the Police figures for Aberdeen City included deaths, which had occurred in Aberdeen, of people who had lived in Aberdeenshire or Moray. GROS counted such cases on the basis of its understanding of the area of residence of the deceased.

Other bodies' definitions: discussion

- B8. It follows that there will inevitably be differences between NRS's figures and those of other bodies, because different organisations may use different definitions, perhaps because their reasons for compiling their figures differ because they need to use them for different purposes. For example, the Police did not include suicides in their drug-related death figures because their need for such figures was to monitor the numbers of cases where people have died accidentally after taking controlled drugs, as they have a duty to investigate any potential criminal activity involved in the supply of controlled drugs to the deceased. The Police investigate suicides in a different way (for which it does not matter what method was used, such as legal or illegal drugs, hanging, or falling from a height), and therefore did not include suicides involving drugs in their drug-related death figures. In addition, NRS and other bodies may hold different information in some cases (for example when registering a young person's death, a parent may say that the person's usual place of residence was the family's home address, whereas the Police records may hold a different address). This may sometimes lead to differences in the direction of the year-to-year change shown by NRS's and another body's statistics (for example one set of data might suggest a slight rise, the other a slight fall). However, such differences between NRS's and other bodies' figures should not be a cause for concern, because they can be explained by the kinds of reasons given above. In addition, as mentioned in sections 4 and 5, the figures for any given part of Scotland may be subject to year-to-year fluctuations: using 5-year moving averages should provide a better indication of the level and any long-term trend than looking only at (say) the figure for the latest year and the change from the previous year.
- B9. Other organisations may interpret the term 'drug-related deaths' in other ways. For example, drug-related deaths which were known to be suicides were excluded from the National Drug-Related Deaths Database (Scotland) Report 2009, which was prepared by the Information Services Division (ISD) of NHS National Services Scotland, and is available (along with the corresponding reports for 2010 and later years) on the [ISD website](#). However, that definition of drug-related deaths was changed to include confirmed suicides for the first time in the ISD database for 2012. ISD's database was established to collect detailed information, from a range of local data sources, on the nature and circumstances of people who had died a drug-related death - for example, including data on the person's social circumstances, medical and drug use history, and previous contact with health and criminal justice services. The ISD publication for 2009 included sections on Sociodemographics, Drug Use History, Medical and Psychiatric History and Adverse Life Events, the Death, Toxicology and Substance Prescribing, and Contact With Services. It also had an appendix on the

reasons for differences between ISD's figures and those given here, which include some differences in coverage and definitions (such as the exclusion of confirmed suicides for the years before 2012) and the fact that ISD's local contacts did not provide data for some drug-related deaths.

Deaths counted in the 'wide' definition but not in the NRS implementation of the 'baseline' definition; some other causes of death that may be associated with drug misuse; and the numbers of volatile substance abuse deaths

B10. Among the recommendations made by the National Forum on Drug-related Deaths in its annual report for 2009/10 was one which relates to this publication:

'In recognition of the expanding range of causes of drug related deaths, and in keeping with the aims of the Advisory Committee on Misuse of Drugs report on Drug Related Deaths (published in 2000) to include a wider view of mortality caused by drug misuse, the forum recommends:

- that GROS include a table within their annual drug related deaths report that reflects deaths from 'some causes which may be associated with present or past drug misuse';
- that in the coming year, this includes detail on deaths caused by Hepatitis C and HIV; and
- that the forum and GROS explore the possibility of including violence, trauma and road traffic accidents in future reports.'

As a result, [Table Z](#) was added to a previous edition of this publication.

B11. The top part of [Table Z](#) gives the numbers of deaths counted as 'drug-related' on the basis of the 'wide' definition, with separate figures for:

- the basis used for the statistics in this publication (this is the Drug Strategy 'baseline' definition, as implemented by GROS/NRS);
- deaths which are within the 'baseline' definition but are excluded from the figures produced by GROS/NRS for reasons which are given in paragraph A3 of [Annex A](#);
- all other deaths which are counted as 'drug-related' in terms of the 'wide' definition.

B12. The next part of [Table Z](#) gives some information which was requested by members of the National Forum, starting with the numbers of deaths from some causes which may be associated with present or past drug misuse. At present, this shows only the following two causes of death:

- Hepatitis C - the virus may be transmitted through sharing needles when injecting recreational drugs. It has been estimated that nearly 40% of intravenous drug users have the infection and around 35% of people with the virus will have contracted it this way (source: www.bbc.co.uk, 27 July 2010). However, the infection can be transmitted in other ways, such as through a tattoo or body piercing with equipment that has not been properly sterilised, or a blood transfusion or medical treatment in a country where blood screening for hepatitis C is not routine, or where medical equipment is reused but not adequately sterilised. Therefore, only a proportion of deaths caused by Hepatitis C will be due to drug misuse.

- HIV - using a needle or syringe that has already been used by someone who is infected is one of the two main ways to become infected, the other being unprotected sexual intercourse with an infected person. Therefore, only a proportion of deaths caused by HIV will be due to drug misuse.

- B13. The final part of [Table Z](#) shows the number of volatile substance abuse deaths in Scotland. Two sets of figures are provided. The first used to be produced and published by the International Centre for Drug Policy (ICDP) at St George's, University of London. A few deaths per year could be counted as both 'drug-related' and 'volatile substance abuse' (for example if the cause was 'combined toxic effects of methadone and butane'). ICDP produced its figures for Scotland using information from NRS, the Crown Office and Procurator Fiscal Service, and other sources. More details of the figures that ICDP used to produce are given in its Volatile Substance Abuse Mortality Report, available via the [news and publication](#) section of the St George's website.
- B14. The second set of statistics of volatile substance abuse deaths was produced by NRS, on the basis which was used for an ONS publication which had figures for the whole of Great Britain. Again, some deaths may be counted as both 'drug-related' and 'volatile substance abuse'. More information about these figures is given in material which is part of the [Deaths section of the NRS website](#).

Annex C: References

Arrundale J and Cole S K	Collection of information on drug related deaths by the General Register Office for Scotland	General Register Office for Scotland 1995
Christophersen O, Rooney C and Kelly S	Drug related mortality: methods and trends	'Population Trends' 93, Office for National Statistics, 1998
Corkery, J	UK drug-related mortality – issues in definition and classification	'Drugs and Alcohol Today' volume 8 issue 2, Pavilion Journals, 2008
The Advisory Council on the Misuse of Drugs	Reducing drug related deaths	Home Office, 2000

Annex E: So-called 'New Psychoactive Substances'

- E1 The term 'New Psychoactive Substances' (NPSs) is meant to cover the kinds of substances that people have, in recent years, begun to use for intoxicating purposes. In general, when an NPS first became available, it would not have been a controlled substance under the Misuse of Drugs Act 1971. Some NPSs may still not be controlled under that Act: if so, they will be covered by the Psychoactive Substances Act, which came into force on 26 May 2016. The definition of NPSs therefore includes substances which some people have described as 'legal highs' (by which is meant substances which were legally available at the time of the death, whether or not they have since become controlled under the Misuse of Drugs Act or become subject to the Psychoactive Substances Act).
- E2 [Tables NPS1](#) to [NPS3](#) show the numbers of deaths involving NPSs. The main points from those figures are set out in paragraph E8 onwards, but first we must say something about the kinds of statistics that are available and which drugs are counted as NPSs. The tables distinguish between deaths for which NPSs:
- were implicated in, or potentially contributed to the death; and
 - were present but not considered to have contributed to the death.

In each case, the figures are sub-divided into:

- deaths which fall within the definition of 'drug-related deaths' that is used to produce the statistics that are given in the main body of this report (whether because the NPS was controlled at the time, or because the person had also used a controlled substance, like heroin or methadone); and
- deaths not counted in the statistics in the main body of this report (for example cases where the deceased person appears to have used only an NPS that was not controlled at that time).

In addition, the figures under (a) are further sub-divided, in order to show the extent to which deaths appear to have been due to the use of one (or more) NPSs alone or due to the use of combination of them and other types of substance.

- E3 Deaths involving a particular substance may be counted in different ways at different times, because the classification of that substance may have changed. For example, mephedrone is an NPS. It was a 'legal high' until 15 April 2010, because it was not a controlled substance until it became a Class B drug with effect from 00.01 hours on 16 April 2010. Therefore, a death which was due solely to mephedrone, with no other substance found to be present in the body, would be counted as follows:
- if it occurred up to 15 April 2010, it would not be included in this publication's statistics of drug-related deaths, because the death did not involve any substance that was controlled at the time of the death. However, it would be counted in the figures for deaths involving NPSs (for example, in the first line of part (a) (ii) of [Table NPS2](#)).
 - if it occurred after 15 April 2010, it would be included in this publication's statistics of drug-related deaths, because the death involved a substance that was controlled at the time of death. It would also be counted in the figures for deaths involving NPSs (for example, in the first line of part (a) (i) of [Table NPS2](#)).
- Note: National Records of Scotland (NRS) uses the date of death to determine how to count a drug because the information that NRS has does not include when the person used the drug.

- E4. The next three paragraphs list the NPSs which are counted for the purpose of statistics of deaths registered in Scotland up to the end of 2017, distinguishing between:
- NPSs which were already controlled substances at the start of 2009 (as that was the first year in which deaths involving NPSs were registered in Scotland);
 - NPSs which became controlled substances between the start of 2009 and the end of 2017 (that is, ones whose classification changed during the period covered by these figures for deaths involving NPSs); and
 - NPSs which were not controlled substances at the end of 2017 (some of which may have since become controlled substances).

Note that these are not comprehensive lists of NPSs: they cover only the NPSs which were involved in deaths which were registered in Scotland by the end of 2017. (They do not include a few other NPSs whose names are in the look-up table that NRS uses to identify the types of substance that are involved in drug-related deaths.)

- E5 The following NPSs were already controlled substances at the start of 2009:

- acetyl fentanyl
- PMA / paramethoxyamphetamine
- PMMA / paramethoxymethamphetamine

A death due solely to one of these drugs would be counted in this publication's statistics of drug-related deaths. It would also be counted in the figures for deaths involving NPSs.

- E6 The following NPSs became controlled substances between the start of 2009 and the end of 2017 (note: 'TCDO' means Temporary Class Drug Order).

Substance	Controlled with effect from:
BZP / Benzylpiperazine	23 December 2009
CPP / Chlorophenylpiperazine	23 December 2009
TFMPP / Trifluoromethylphenylpiperazine	23 December 2009
Chloromethcathinone	16 April 2010
MDPV / Methylenedioxypropylvalerone	16 April 2010
Mephedrone / 4-Methylmethcathinone	16 April 2010
4-MEC / Methylethcathinone	16 April 2010
Methylone	16 April 2010
PVP	16 April 2010
Naphyrone	23 July 2010
Phenazepam	13 June 2012
3-Methoxyphencyclidine	12 February 2013
APB / 2-aminopropyl-benzofuran/ 5 APB / 6 APB	10 June 2013 (TCDO); 10 June 2014 (Class B drug)
API / 5-API / 5-IT / 5-(2-aminopropyl)indole - APB	10 June 2013 (TCDO); 10 June 2014 (Class B drug)
AMT / Alphamethyltryptamine	7 January 2015
5-MEO-DALT	7 January 2015
4-4'DMAR	11 March 2015
Ethylphenidate	10 April 2015 (TCDO); 31 May 2017 (Class B drug)
MPA / Methylthienylpropamine / Methiopropamine	27 November 2015 (TCDO)
AKB48	14 December 2016
MDMB-CHMICA	14 December 2016
5F-PB-22	14 December 2016

Diclozepam	31 May 2017
Etizolam	31 May 2017
Flubromazepam	31 May 2017
Flubromazolam	31 May 2017
Pyrazolam	31 May 2017
4F-EPH / 4-Fluoroethylphenidate	31 May 2017

A death due solely to one of these drugs would not be counted in this publication's statistics of drug-related deaths if it occurred before the relevant date, because it would not have involved a drug that was controlled at the time. However, it would be counted in the figures for deaths involving NPSs.

A death due solely to one of these drugs would be counted in this publication's statistics of drug-related deaths if the person died on or after the specified date. It would also be counted in the figures for deaths involving NPSs.

E7 The following are among the NPSs that had not become controlled substances by the end of 2017:

- Camfetamine
- Diphenidine
- Kratom
- Mexedrone
- Mitragynine
- MXP

A death involving only these substances would not be counted in this publication's statistics of drug-related deaths because it would not have involved a drug that was controlled at the time. However, it would be counted in the figures for deaths involving NPSs.

E8 [Table NPS1](#) provides the numbers of deaths involving NPSs which were registered in Scotland in 2017. The figures are broken down as described in paragraph E2, and also by the type(s) of NPS that were involved, distinguishing between cases where:

- benzodiazepine-type NPSs were present, with no other types of NPS present;
- other types of NPS were present, with no benzodiazepine-type NPS present; and
- both benzodiazepine-type NPSs and other types of NPS were present.

The figures in [Table NPS1](#) may be understood better by looking also at [Table NPS3](#), which lists all the substances that were reported to NRS for every death, registered in Scotland in 2017, which involved NPSs (Note: because of its size, this table is not included here. It is available in the publication's Excel spreadsheet of Tables and Figures, which can be found via its [home page](#) on the NRS website.). From [Table NPS3](#), one can find out which NPSs were found in the body in each case, whether the person had taken more than one NPS, and whether other substances (such as heroin, methadone and/or other 'traditional' drugs) were also present.

E9. The top half of part (i) of [Table NPS1](#) shows that there were 337 deaths in 2017 for which one or more NPSs were implicated in, or potentially contributed to, the cause of death. In 336 cases, the only NPSs present were benzodiazepines (usually etizolam, but sometimes another, such as diclozepam or phenazepam); in one case, another type of NPS was present; there were no deaths for which both benzodiazepine NPSs and other types of NPS were present. Almost all of these deaths (335 out of 337) fall within the definition of 'drug-related deaths' that is used to produce the statistics given in the main body of this report – that is, 335 out of 337 are included in the 934 drug-related deaths that were registered in 2017. In only a small proportion of cases (5 out of 337) were NPSs the only substances that were implicated in the death. This can be seen from part (i) of [Table NPS3](#): its lists of the substances which were reported for

each death show that, in most cases, ‘traditional’ drugs (such as heroin and methadone) were also implicated in these deaths.

- E10. The lower half of part (i) of [Table NPS1](#) provides a breakdown of the 337 deaths (in which one or more NPSs were implicated in, or potentially contributed to, the cause of death) by the deceased’s person’s age (for example, there were 65 aged 25-34, 147 in the 35-44 age-group, and 105 who were 45-54) and sex (230 were men).
- E11. Part (ii) of [Table NPS1](#) shows that there were 26 deaths in 2017 for which NPSs were present but were not considered to have contributed to the death. In all cases the only NPSs present were benzodiazepines; and almost all of the deaths (25 out of 26) were counted in the statistics in the main body of this report – that is, 25 out of 26 are included in the 934 drug-related deaths that were registered in 2017. The table shows that most of these deaths were of people who were aged 25-34 (5), 35-44 (10) or 45-54 (8), and most were men (21). In [Table NPS3](#), part (ii) lists the substances which were reported for such deaths: it shows that ‘traditional’ drugs (such as heroin and methadone) were usually implicated in these deaths.
- E12. [Table NPS2](#) provides a summary of the numbers of deaths which have involved NPSs in recent years. It appears that the first Scottish deaths involving NPSs were registered in 2009. Of course, it is possible that NPSs were involved in some deaths in Scotland in earlier years, but their presence was not identified (for example, perhaps because other drugs were found, and it appeared to the investigators that those other drugs had caused the deaths) - but all the data can tell us is that none of the deaths that were registered in Scotland in 2008 or earlier years were reported to involve NPSs.
- E13. The number of deaths involving NPSs at first increased rapidly, from 4 in 2009 to 113 in 2013, was almost unchanged in 2014 and 2015, then more than trebled to 346 in 2016, and rose slightly to 363 in 2017. The sub-totals at the foot of [Table NPS2](#) show that this report’s statistics of drug-related deaths for each year include almost all the deaths which involved NPSs (3 out of 4 such deaths in 2009, 8 out of 11 in 2010, 45 out of 47 in 2011, 45 out of 47 in 2012, 110 out of 113 in 2013, 107 out of 114 in 2014, 108 out of 112 in 2015, 340 out of 346 in 2016, and 360 out of 363 in 2017).
- E14. [Table NPS2](#) also shows that deaths for which NPSs were the only substances implicated in, or potentially contributing to, the death, generally represented only a small proportion of deaths which involved NPSs. The relevant numbers are 0 out of 4 in 2009, 7 out of 11 in 2010, 1 out of 47 in 2011, 5 out of 47 in 2012, 6 out of 113 in 2013, 7 out of 114 in 2014, 3 out of 112 in 2015, 4 out of 346 in 2016 and 5 out of 363 in 2017: so the proportion was small in every year apart from 2010. The main reason for 2010 being the exception is that there were several deaths in that year for which mephedrone was the only substance that was implicated in the death.

Annex F: A consistent series of drug-related death numbers, based on the classification at the end of the latest year covered by the publication

- F1. The standard (Drugs Strategy 'baseline') definition of a drug-related death that National Records of Scotland (NRS) uses for its statistics is set out in paragraph A2 of Annex A. Simplifying slightly, NRS counts a death as 'drug-related' if:
- either (a) the underlying cause of death was coded to one of certain specified categories of mental and behavioural disorders due to psychoactive substance use
 - or (b) the underlying cause was coded to one of certain specified categories of poisoning (or self-poisoning) and a drug listed under the Misuse of Drugs Act (1971) was known to be present in the body at the time of death.
- F2. Following the definition, a note in paragraph A5 adds that:
If a drug's legal status changes, NRS aims to count it on the basis of its classification on the day the person died For example, mephedrone was banned under the Misuse of Drugs Act with effect from 00.01 on 16 April 2010. Therefore, if mephedrone was the only drug found to be present in the body, a death coded to one of the categories listed under (b) would not be counted in NRS's implementation of the Drugs Strategy 'baseline' definition if it occurred before 16 April 2010.
(Other notes explain why a few deaths in the specified categories are excluded.)
- F3. As the 'mephedrone' example indicates, the requirement that a drug listed under the Misuse of Drugs Act must be present for a death to be counted as drug-related (under part [b] of the standard definition) means that whether NRS will count as drug-related a death from poisoning by a drug which is now controlled depends on when the death occurred: pre- or post-control. So the 'coverage' of NRS's standard definition 'widens' every time another drug is added to the list of controlled substances, because all subsequent deaths from poisoning by that drug will be counted as drug-related. In theory, this could cause a break in the continuity of NRS's figures for drug-related deaths (using the standard [Drugs Strategy 'baseline'] definition) every time that another drug becomes controlled.
- F4. In practice, changes in the classification of drugs that occurred in the years up to and including 2013 had little effect on the figures: in that period, almost all the deaths which involved substances that were uncontrolled then, but are now controlled, also involved drugs that were already controlled, and so were counted as drug-related (in terms of the standard [Drugs Strategy 'baseline'] definition). For example, the foot of Table NPS2 (in the '... in 2013' edition of this publication) showed that almost all the deaths which involved New Psychoactive Substances (as defined for the purposes of that publication) were included in NRS's standard figures for drug-related deaths (in total, over the five years from 2009 to 2013, only 11 'NPS' deaths were not included in the standard figures). This is because (for example) there were few 'mephedrone only' deaths before it was controlled; any deaths from (say) 'mephedrone and diazepam intoxication' were counted as drug-related because (say) diazepam was present.
- F5. However, changes in the classification of drugs that occurred in 2014 could have caused a noticeable break in the continuity of NRS's figures (based on the standard definition). Tramadol became a controlled substance with effect from 10 June 2014, along with some other substances. In 2013, there were over two dozen 'poisoning' deaths which involved only tramadol, or only tramadol and one or more other substances which were not controlled at that time. Using NRS's standard (Drugs

Strategy 'baseline') definition, such deaths (and those like them in the first part of 2014) are not counted as drug-related, but their equivalents from 10 June 2014 are counted as drug-related. So tramadol being controlled with effect from 10 June 2014 could have increased the number of deaths in 2014 counted as drug-related by a few percent (compared to what would have happened without that change), and there could, in due course, have been a similar effect on the figure for 2015 (because that was the first year for which tramadol was controlled throughout). It follows that NRS's standard figures could give a misleading impression of changes and any trends in drug-related deaths between 2013 and 2014, and between 2014 and 2015.

- F6. Therefore, in order to give more accurate indications of changes and trends, NRS developed a 'consistent series' of numbers of drug-related deaths in previous years, which is based upon the classification of each substance at the end of the latest year covered by the publication. This 'consistent series' includes all the deaths involving tramadol, mephedrone and the other substances which have become controlled in recent years, regardless of their status at the time of death. It should show changes and trends which would be unaffected by the reclassification of substances. The consistent series goes back to 2000, as that is the first year of NRS's current drug-related deaths database.
- F7. For simplicity, the consistent series is based on the classification of drugs at the end of the latest year covered by the publication (rather than, say, at the time the publication was prepared), so it does not take account of any reclassifications after the final year for which the publication gives figures. The basis of the consistent series is therefore 'as at 31 December 2014' for the 'in 2014' edition, 'as at 31 December 2015' for the 'in 2015' edition, 'as at 31 December 2016' for the 'in 2016' edition, and so on. In consequence, the consistent series' figures for previous years may be revised retrospectively every year, following more substances becoming controlled, if those substances had been involved in deaths (registered in earlier years) which had not been counted in the consistent series before because none of the substances involved were controlled at the end of the previous year.
- F8. The consistent series appears in Table 1 in order to show the underlying trends for Scotland (comments on those figures can be found in Section 3.1). In addition, Tables CS1 and CS2 provide the consistent series' numbers of 'extra' deaths in each year (i.e. the deaths which have been added retrospectively to the numbers that were originally produced using the standard [Drugs Strategy 'baseline'] definition), broken down by the names of the relevant drugs (i.e. the drugs for which the change in classification has caused deaths which were not counted as drug-related at the time to be included in the consistent series) and by sex and age-group. Finally, the numbers of 'extra' deaths counted in the consistent series for NHS Board areas appear in Table HB1, in order to show their scale (comments on those figures can be found in Section 4). The consistent series and the numbers of 'extra' deaths do not appear in any other tables, because a proliferation of additional figures could cause confusion – especially as the consistent series figures may, in theory, be revised every year (for the reason given in the previous paragraph).
- F9. [Table CS1](#) shows how the number of 'extra' deaths, based on the classification of drugs at the end of the latest year covered by this edition, varied from year to year. It should be noted that the total number of 'extra' deaths could be less than the sum of the figures for the individual drugs, due to deaths which involved more than one of the drugs. For example, a death in (say) 2013 for which the cause was given as 'tramadol and zopiclone intoxication' would be counted in the figures for both of those drugs, but only once in the total number of 'extra' deaths.

- F10. The number of ‘extra’ deaths for 2014 (seven) is not on the same basis as the figure for 2013 (30), because the figure for 2014 includes (e.g.) ‘tramadol only’ deaths only for the period up to 9 June 2014 whereas the figure for 2013 includes such deaths for the whole of the year. ‘Tramadol only’ deaths in the rest of 2014 are included in the standard (Drugs Strategy ‘baseline’) definition (and are therefore not counted as ‘extra’ deaths) because tramadol became a controlled substance with effect from 10 June 2014.
- F11. The fact that the consistent series has only seven ‘extra’ deaths for 2014 indicates that the drug classification changes in 2014 (and later years) had less effect on the figures than one would have expected from the previous years’ numbers of (e.g.) ‘tramadol only’ deaths. With between 22 and 30 ‘extra’ deaths (involving any of the substances) in each of the previous five years, one would have expected a dozen or so between 1 January and 9 June 2014 (assuming that, say, ‘tramadol only’ deaths continued at the same rate, a dozen or so would be the ‘pro rata’ number for the part of 2014 for which they would not be counted in the standard definition). However, as it turned out, 1 January to 9 June 2014 had few (e.g.) ‘tramadol only’ deaths, so the consistent series has only seven ‘extra’ deaths for 2014. (It will be seen from [Table Y](#) that tramadol was implicated in, or potentially contributed to, the cause of 38 deaths in 2014: markedly fewer than the 64 in 2013. Note: these figures cover both ‘tramadol only’ deaths and those for which tramadol and one or more other drugs were implicated in, or potentially contributed to, the cause of death.)
- F12. The table shows that a majority of the ‘extra’ deaths involved tramadol, and most of the rest involved zopiclone (which has also been controlled from 10 June 2014). Three ‘extra’ deaths involved mephedrone, with none after 2010 because it has been controlled from 16 April 2010; similarly, there were no ‘extra’ deaths involving phenazepam after it became controlled on 13 June 2012. A few of the ‘extra’ deaths involved other substances, not controlled at the time, which were controlled by the end of the period covered by this edition, but none of tramadol, zopiclone, mephedrone or phenazepam.
- F13. It can be seen, from [Table CS2](#) that women tend to account for a higher proportion of the ‘extra’ deaths than of the deaths which are counted in the standard (Drugs Strategy ‘baseline’) definition: in some years, there were more ‘extra’ deaths of women than of men. The table also shows the number of ‘extra’ deaths in each of five age-groups: in some of the years, this has tended to be highest for the ‘55 and over’ age-group (in contrast to the standard figures for drug-related deaths, which are much higher for ‘25-34’, ‘35-44’ and ‘45-54’ than for ‘55 and over’ – see [Table 4](#)).
- F14. NRS data for the years 2000 to 2013 combined (which do not appear in a table) show that the vast majority of the ‘extra’ deaths which involved tramadol were of people who were aged 35 and over, and that, of all the age-groups, 55+ was the one which had the largest number (around a third) of the ‘extra’ deaths which involved tramadol. This was the case for both males and females. The position was broadly similar for the ‘extra’ deaths which involved zopiclone. The numbers of extra deaths involving other substances were too small for such analysis.

Annex G: Drug-related Deaths – comparison with other countries

- G1. This Annex uses figures for the latest year (at the time of writing) for which other countries' statistics were available from a European Monitoring Centre for Drugs and Drug Addiction (EMCDDA) report. It explains that Scotland's drug-related death figures imply a drug-death rate (relative to the number of people aged 15 to 64, inclusive) which is higher than those that have been reported by all the EU countries (although a footnote in the EMCDDA's table states that caution is required when comparing drug-induced deaths due to issues of coding, coverage and under-reporting in some countries). This Annex concludes by showing that the normally-published figures for Scotland imply a drug-death rate (relative to the size of the population of all ages) roughly two and a half times that of the UK as a whole.
- G2. When using the EMCDDA's figures for other countries, it must be remembered that the EMCDDA stated that
difference in the national practices of coding the causes of deaths implies that direct comparisons between countries in the numbers or rates of DRDs should be made with caution
(in the 'Limitations' section of its note on the ['Methods and Definitions'](#) used for the Statistical Bulletin which it published on 7 June 2018, which is available on the EMCDDA's website).
- G3. That note gives some examples of differences between countries, such as (Note: the points in square brackets have been added by NRS):
- ... differences in which codes are applied. In particular, in some countries 'T' codes [which, for deaths from poisoning, identify the types of substances that were involved] are never or rarely used, whereas in others they are more frequently used. Where 'T' codes are not applied, the number of drug-induced deaths [refer to paragraph G5] would be an underestimate;
 - ... differences between countries in procedures for recording cases, and in the frequency of post-mortem toxicological investigations; and
 - information exchange between General Mortality Registers [GMRs, such as NRS] and Special Registers (forensic or police) is insufficient or lacking in some countries, which may compromise the completeness of the information.
- G4. It has been suggested that better identification and recording of such deaths may be a reason for the drug-death rate appearing to be higher in the UK (and, hence, Scotland) than in several other countries. For example:
- NRS normally allocates a 'T' code for every substance that was reported as being present in the deceased's body - so there should be very little (if any) under-estimation in the figures for Scotland. NRS understands that the UK's other GMRs also make good use of 'T' codes, so the UK's figures should not be underestimates;
 - Scotland has a good exchange of information, as forensic pathologists provide NRS with details of many drug-deaths (using the form which is shown in Annex D) - so the data for Scotland should be more-or-less complete. NRS understands that the UK's other GMRs are usually told, by coroners, which drugs caused each death, so (again) the UK's figures should not be underestimates.
- G5. Table EMCDDA gives the number of 'drug-induced' deaths aged 15 to 64 inclusive, and the resulting rate per million population of that age, for various countries. These numbers were copied from Table A6 of the EMCDDA's ['European Drug Report 2018'](#), available on the EMCDDA website. 'Drug-induced deaths' is the EMCDDA's term for deaths directly caused by illegal drugs, which it defines in terms of particular codes for

the underlying causes of death, in some cases in combination with certain codes for the types of substance involved. The EU countries are listed in order of the native language versions of their names - for example, Germany appears between Denmark and Estonia; and Austria is between Netherlands and Poland. The commentary in the report indicates that 2016 as the latest year for which drug-death statistics are available, but some countries' data are for earlier years, and Public Health England (which supplies the EMCDDA with the statistics for the UK) has confirmed that the UK's figure in the EMCDDA's Table A6 is (broadly speaking) the number of such deaths which occurred in 2015. (The Scottish component of the UK figure is the number of such deaths that were registered in Scotland in that year. Because deaths in Scotland are normally registered within a few days, the number that were registered in Scotland in any given year will be similar to the number that occurred in Scotland in that year.)

- G6. The corresponding figures for Scotland for 2015 have been added at the foot of the table. They were produced as follows:
- 619 drug-induced deaths (using the EMCDDA definition) aged 15 to 64 inclusive were registered in that year – extracted from NRS's drug-related deaths database. This is slightly fewer than the 637 deaths on the basis of the EMCDDA 'general mortality register' definition (shown in Table X), because the latter figure includes deaths at ages 0-14 and 65+;
 - the drug-induced death rate (aged 15-64) per million population was then calculated by dividing the 619 drug-induced deaths aged 15-64 by the corresponding mid-year population estimate, of 3,534,330.
- G7. The resulting drug-induced death rate (aged 15-64) for Scotland is 175 per million population. This appears to be higher than for any of the countries shown in the EMCDDA table. The next highest rates are for Estonia (132 per million) and Sweden (88 per million). Scotland's drug-induced death rate is much higher than that of the UK as a whole, which is 70 per million – so the Scottish figure is roughly two and a half times that of the UK as a whole, which is what one would expect, given Scotland's share of the UK's drug-related/'misuse' deaths (refer to paragraphs G9 and G10, below).
- G8. It must be remembered that the figures for some countries may not be truly comparable with those for Scotland (or the UK as a whole), for reasons like those given in paragraphs G2 to G4. Table A6 in the the EMCDDA's report includes the following footnote:
- Caution is required when comparing drug-induced death statistics due to issues of coding, coverage and under-reporting in some countries
Because some countries' figures may be affected by (say) under-reporting, one cannot say that Scotland has a drug-induced death rate (aged 15-64) which is definitely 'X' times the level for the EU as a whole, or higher than that of exactly 'Y' EU countries. However, it appears certain that Scotland's rate is well above the level of most (if not all) of the EU countries.
- G9. Scotland's drug-related death rate is also seen to be much higher than that of the UK as a whole when the comparison uses the kind of drug-death figures that are normally published for Scotland, England and Wales, and Northern Ireland. As an example, in terms of the definition that is used for most of the statistics in this report (that introduced in 2001 for the 'baseline' figures for the UK Drugs Strategy), the following numbers of drug-related deaths (of all ages – not just of 15-64 year olds) were registered in 2015:
- 706 in Scotland – the 'standard definition' figure in Table 1;

- 2,479 in England and Wales – ‘drug misuse’ deaths (that being ONS’s term for the number of deaths based on the ‘Drug Strategy’ definition) – more information can be found via the [deaths related to drug poisoning in England and Wales statistical bulletins](#) page of the ONS website; and
- 114 in Northern Ireland – also referred to as ‘drug misuse’ deaths – more information can be found in the [Drug Related and Drug Misuse Deaths 2006-2016](#) section of the NISRA website.

So, the UK had a total of 3,299 drug-related/‘misuse’ deaths (at all ages) registered in 2015, of which around 21% were registered in Scotland. As Scotland accounts for only about 8% of the population of the UK, Scotland’s drug-death rate (per head of population) appeared to be very roughly two and a half times that of the UK as a whole. The relevant calculations (which use the figures for all ages, not just for 15-64 year olds) are:

- Scotland:
 - 706 drug-related deaths registered in 2015;
 - population of 5,373,000 at mid-2015;
 - hence 131 drug-related deaths per million population in 2015;
- UK as a whole:
 - 3,299 drug-related/‘misuse’ deaths registered in 2015;
 - population of 65,110,000 at mid-2015;
 - hence 51 drug-related/‘misuse’ deaths per million population in 2015;
- so the Scottish figure of 131 per million is very roughly two and a half times the figure for the UK as a whole of 51 per million.

G10. It should be noted that how information about drug-related/‘misuse’ deaths is collected differs between Scotland and other parts of the UK. In particular:

- in England and Wales, almost all drug-related deaths are certified by a coroner following an inquest, and cannot be registered until that is completed. As a result, about half of their drug-related deaths registered in (say) 2015 occurred in a previous year – more information can be found in the sections of the ONS publications on the effect of registration delays on the statistics. Very crudely, the England and Wales figures for (say) 2015 can be thought of as representing the deaths which occurred between (say) mid-2014 and mid-2015, so are less ‘up to date’ than Scottish figures for 2015, which can be thought of as representing the deaths which occurred in the whole of that year (as almost all Scottish deaths are registered within a few days of occurring);
- there is no English equivalent of the form (shown in Annex D) which is used by forensic pathologists in Scotland to provide details of deaths to NRS.
 - The UK’s other GMRs are usually told, by coroners, which drugs caused each death, but not about all the substances that were found in the body. It follows that some deaths could (in theory) be counted differently in, say, Scotland and England. For example, a death from intentional self-poisoning by an uncontrolled substance would be counted in Scotland (but not in England) if a controlled substance was present in the body but was not believed to have contributed to the death (because the presence of the controlled substance would not be recorded in the data for England)
 - NRS is more likely than ONS to be told which drugs caused a death. In Spring 2017, ONS said that:
 - in around 1 in 8 cases, it receives only a very generic description of the death, such as ‘drug overdose’ or ‘drug-related death’. In contrast, Scotland had only about 8 drug-deaths per year (on average, from 2008 to 2015) for which NRS was not told which drugs caused them.

- in around 10% of opiate deaths, ONS is not told which opiate was involved. In contrast, Scotland had an average of only about 4 drug-deaths per year caused by opiates (possibly in combination with other substances) for which NRS was not told which particular opiates were involved.

Such differences may affect the comparability of drug-death rates for Scotland and the UK as a whole, but are unlikely to account for the majority of the difference between those rates. For example:

- if the numbers of drug-related deaths were rising at 10% per year, their being registered (on average) six months earlier in Scotland than in England would increase the Scottish drug-death rate by only 5% (relative to the English one), all else being equal (because one would be comparing the Scottish number of deaths which occurred, broadly speaking, in [say] 2015 with the English number of deaths which occurred, broadly speaking, between [say] mid-2014 and mid-2015 – a period when drug-death rates were lower).
- on average, Scotland had only around 3 deaths per year from intentional self-poisoning by an uncontrolled substance for which a controlled substance was present in the body but was not believed to have contributed to the death. Such deaths are included in the drug-related death figures for Scotland, but not for England – but are too few in number to have much effect on the comparability of drug-death rates.
- ‘drug overdose’ and ‘opiate’ deaths in England are counted as drug-related/‘misuse’ deaths, so the lack of information about which drugs were involved does not affect the comparability of the overall drug-death rates. (However, it could have a noticeable effect on any comparison of figures for deaths which were caused by particular drugs, of course.)

It follows that the Scottish rate could well be at least double that of the UK as a whole even if there were no methodological differences.

Table 1: Drug-related deaths in Scotland, 1996 – 2017

Year	Drug-related deaths registered in year	Annual moving averages		Likely range of values around 5-year average ¹		Drug-related deaths: consistent series ²	Extra' deaths counted in consistent series ³	
		3-year average	5-year average	likely lower	likely upper		number	percent ⁴
1996	244							
1997	224	239						
1998	249	255	260	228	292			
1999	291	277	278	245	310			
2000	292	305	309	275	344	293	1	0.3%
2001	332	335	323	288	358	339	7	2.1%
2002	382	344	336	300	372	388	6	1.6%
2003	317	352	345	308	381	330	13	4.1%
2004	356	336	362	325	400	365	9	2.5%
2005	336	371	377	339	415	346	10	3.0%
2006	421	404	428	388	469	430	9	2.1%
2007	455	483	466	424	509	474	19	4.2%
2008	574	525	496	452	540	590	16	2.8%
2009	545	535	529	484	574	570	25	4.6%
2010	485	538	554	508	600	512	27	5.6%
2011	584	550	544	499	590	606	22	3.8%
2012	581	564	558	512	605	604	23	4.0%
2013	527	574	602	554	651	557	30	5.7%
2014	614	616	659	609	710	621	7	1.1%
2015	706	729	730	677	783	707	1	0.1%
2016	868	836				871	3	0.3%
2017	934					935	1	0.1%

Footnotes

- 1) More information can be found in paragraph 3.1.2 of the commentary.
- 2) Broadly speaking, counting deaths on the basis of the classification of the drugs at the end of the latest year which is covered by the publication (rather than on the standard definition basis of the classification at the time of the death). Refer to Annex F for the full definition. The year 2000 is the first for which a 'consistent series' figure is available, because that is the first year in National Records of Scotland's (NRS) current drug-related deaths database.
- 3) This includes deaths which are counted in the consistent series but are not counted in the standard definition.
- 4) Percentage of the total number of drug-related deaths on the basis of the standard definition.

Table 2: Drug-related deaths by underlying cause of death¹, Scotland, 1996 – 2017

Year	All causes of death	Underlying cause of death (ICD10 codes)				
		Drug abuse (F11-F16, F19)	Accidental poisoning (X40-X44)	Intentional self-poisoning (X60-X64)	Assault by drugs, etc. (X85)	Undetermined intent (Y10-Y14)
annual averages:						
1996-2000	260	189	13	34	0	25
2003-2007	377	246	34	36	0	61
1996	244	175	10	41	0	18
1997	224	142	14	42	0	26
1998	249	179	16	32	0	22
1999	291	227	12	19	1	32
2000	292	220	11	34	0	27
2001	332	227	19	34	0	52
2002	382	280	17	30	0	55
2003	317	216	15	40	0	46
2004	356	232	32	32	0	60
2005	336	204	31	43	0	58
2006	421	280	51	40	0	50
2007	455	299	39	27	0	90
2008	574	370	59	34	0	111
2009	545	380	60	34	0	71
2010	485	312	67	28	0	78
old rules - 2011	584	417	56	36	0	75
old rules - 2012	581	381	72	65	0	63
old rules - 2013	527	359	74	50	1	43
old rules - 2014	614	429	109	45	0	31
old rules - 2015	706	495	123	54	0	34
old rules - 2016	868	663	130	48	0	27
old rules - 2017	934	746	111	54	0	23
2013-2017 average (old coding rules)	730	538	109	50	0	32
new coding rules						
2011	584	12	346	36	0	190
2012	581	26	365	65	0	125
2013	527	22	366	50	1	88
2014	614	32	471	45	0	66
2015	706	49	553	54	0	50
2016	868	32	730	48	0	58
2017	934	34	807	54	0	39
2013-2017 average (new coding rules)	730	34	585	50	0	60

Footnote

1) The coding rules were changed with effect from the start of 2011, as explained in paragraph 2.6 of the commentary. Briefly, 'drug abuse' deaths from 'acute intoxication' were previously counted under 'mental and behavioural disorders due to psychoactive substance use' (unless they were known to be due to intentional self-harm or assault). They are now counted under the appropriate 'poisoning' category. For example, if the cause of death of a known drug abuser was given as 'adverse effects of heroin' (and it was not intentional self-harm or assault), the underlying cause of death would be coded as follows:

(a) up to 2010 - as 'F11 - mental and behavioural disorders due to use of opioids'.

(b) from 2011 - the appropriate 'poisoning' category, such as 'X42 - accidental poisoning by and exposure to narcotics and psychodysleptics

National Records of Scotland has estimated what the figures for 2011 onwards would have been, had the data been coded using the old rules.

Table 3: Drug-related deaths by selected drugs reported¹, Scotland, 1996 – 2017

Year	All drug-related deaths	Heroin / morphine ²	Methadone	Heroin / morphine, Methadone or Buprenorphine	Codeine or a codeine-containing compound	Dihydro-codeine or a d.h.c.-containing compound	Any opiate or opioid	Benzodiazepines		Cocaine	Ecstasy-type	Amphetamines	Alcohol
								Any benzo-diazepine	of which: Diazepam				
annual averages:													
1996-2000	260	128	74	116	6	7	..	91
2003-2007	377	229	90	292	19	47	334	128	103	38	13	11	129
1996	244	84	100	84	3	9	..	87
1997	224	74	86	93	5	2	..	70
1998	249	121	64	113	4	3	..	86
1999	291	167	63	142	12	8	..	89
2000	292	196	55	232	17	32	263	164	146	4	11	3	123
2001	332	216	69	253	9	51	301	182	156	19	20	5	140
2002	382	248	98	309	11	55	339	245	214	31	20	13	156
2003	317	175	87	239	18	51	285	186	153	29	14	10	128
2004	356	225	80	275	25	41	324	140	113	38	17	10	116
2005	336	194	72	246	12	49	288	110	90	44	10	11	114
2006	421	260	97	328	25	42	366	94	78	33	13	11	131
2007	455	289	114	370	15	50	409	109	79	47	11	11	157
2008	574	324	169	445	24	67	507	149	115	36	5	11	167
2009	545	322	173	432	33	64	498	154	116	32	2	6	165
2010	485	254	174	395	11	58	442	122	93	33	0	3	127
2011	584	206	275	430	32	85	524	185	123	36	8	24	129
2012	581	221	237	399	33	84	499	196	160	31	9	18	111
2013	527	221	216	383	33	81	461	149	106	45	17	27	103
2014	614	309	214	449	38	69	536	121	84	45	14	22	106
2015	706	345	251	493	31	94	606	191	121	93	15	17	107
2016	868	473	362	650	43	114	766	426	154	123	28	25	112
2017	934	470	439	709	27	97	815	552	205	176	27	32	90
annual averages:													
2003-2007	377	229	90	292	19	47	334	128	103	38	13	11	129
2008-2012	554	265	206	420	27	72	494	161	121	34	5	12	140
2013-2017	730	364	296	537	34	91	637	288	134	96	20	25	104

Footnotes

1) More than one drug may be reported per death. These are mentions of each drug, and should not be added to give total deaths. Up to 2007, some pathologists reported only those drugs which they thought caused, or contributed to, the death. From 2008, they report separately:

(a) drugs which were implicated in, or which potentially contributed to the cause of death; and

(b) other drugs which were present but which were not considered to have had any direct contribution to the death.

The figures for 2008 onwards are on the first basis - i.e. basis (a) - which became the normal basis for figures for individual drugs with effect from "Drug-related Deaths in Scotland in 2009".

There may be other differences between years and/or areas in the way in which the information was produced - more information can be found in Section 2 of the commentary.

2) More information can be found in paragraph 3.3.1 of the commentary.

Table 4: Drug-related deaths by sex and age, Scotland, 1996 – 2017

Year	Drug-related deaths	Sex		Age-group ¹							Age		
		Male	Female	14 and under	15 - 24	25 - 34	35 - 44	45 - 54	55 - 64	65 and over	Lower quartile	Median	Upper quartile
annual averages:													
1996-2000	260	207	53	83		108	46	12	10	
2003-2007	377	306	71	0	74	134	115	38	10	6
1996	244	185	59	86		103	32	13	10		22	28	34
1997	224	179	45	76		89	31	14	14		23	29	35
1998	249	194	55	88		103	37	9	12		23	27	34
1999	291	237	54	94		118	62	10	7		23	28	35
2000	292	239	53	0	73	126	69	16	3	5	25	30	36
2001	332	267	65	1	79	140	70	31	8	4	25	31	38
2002	382	321	61	0	100	153	92	27	7	3	24	30	37
2003	317	256	61	0	78	123	81	20	11	6	25	31	37
2004	356	289	67	0	81	138	92	35	2	8	25	31	38
2005	336	259	77	1	47	104	126	37	11	10	28	36	41
2006	421	334	87	0	69	154	127	54	15	1	27	34	40
2007	455	393	62	0	94	149	149	45	11	7	26	34	41
2008	574	461	113	0	92	211	174	71	17	9	27	34	41
2009	545	413	132	2	69	178	189	78	20	9	28	35	43
2010	485	363	122	0	65	161	158	76	20	5	28	35	43
2011	584	429	155	0	58	184	212	94	26	10	30	37	43
2012	581	416	165	0	46	171	199	115	34	16	31	38	46
2013	527	393	134	0	32	138	184	125	39	9	32	40	47
2014	614	453	161	1	46	157	213	148	37	12	32	40	47
2015	706	484	222	0	30	163	249	183	61	20	34	41	49
2016	868	593	275	0	42	199	327	214	66	20	34	41	47
2017	934	652	282	3	36	185	360	268	64	18	35	41	48
2013-2017 average	730	515	215	1	37	168	267	188	53	16
Males													
	All ages	24 and under	25 - 34	35 - 44	45 - 54	55 and over	Females						
							All ages	24 and under	25 - 34	35 - 44	45 - 54	55 and over	
2003-2007 average	306	63	114	92	28	10	71	11	20	23	10	7	
2000	239	58	104	60	12	5	53	15	22	9	4	3	
2001	267	65	115	58	24	5	66	15	25	12	7	7	
2002	321	85	131	78	21	6	61	15	22	14	6	4	
2003	256	65	106	64	11	11	61	13	17	17	9	6	
2004	289	72	114	75	24	4	67	9	24	17	11	6	
2005	259	36	89	98	26	10	77	12	15	28	11	11	
2006	334	61	123	97	40	12	87	8	31	30	14	4	
2007	393	80	138	125	39	11	62	14	11	24	6	7	
2008	461	68	178	145	56	14	113	24	33	29	15	12	
2009	413	52	136	146	56	23	132	19	42	43	22	6	
2010	363	49	124	126	50	14	122	16	37	32	26	11	
2011	429	47	144	160	59	19	155	11	40	52	35	17	
2012	416	33	136	148	72	27	165	13	35	51	43	23	
2013	393	28	107	141	87	30	134	4	31	43	38	18	
2014	453	37	117	161	110	28	161	10	40	52	38	21	
2015	484	24	118	170	122	50	222	6	45	79	61	31	
2016	593	25	151	237	132	48	275	17	48	90	82	38	
2017	652	31	148	234	192	47	282	8	37	126	76	35	
2013-2017 average	515	29	128	189	129	41	215	9	40	78	59	29	

Footnote

1) For 2001, 2003 and 2006, there are differences of one or two between the overall total for the year and the sum of the figures for the individual age-groups. This is due to the use of a new database - further information can be found at the end of Annex A.

Table 5: Drug-related deaths by sex, age and underlying cause of death¹, Scotland, 2017

	All causes of death	Underlying cause of death (ICD10 codes)				
		Drug abuse (F11-F16, F19)	Accidental poisoning (X40-X44)	Intentional self-poisoning (X60-X64)	Assault by drugs, etc. (X85)	Undetermined intent (Y10-Y14)
(i) New coding rules						
All deaths	934	34	807	54	0	39
Males	652	26	571	31	0	24
Females	282	8	236	23	0	15
Under 25	39	1	33	3	0	2
25-34	185	5	170	5	0	5
35-44	360	11	331	6	0	12
45-54	268	14	222	20	0	12
55 and over	82	3	51	20	0	8
Males						
Under 25	31	1	26	3	0	1
25-34	148	4	136	4	0	4
35-44	234	6	218	2	0	8
45-54	192	14	159	13	0	6
55 and over	47	1	32	9	0	5
Females						
Under 25	8	0	7	0	0	1
25-34	37	1	34	1	0	1
35-44	126	5	113	4	0	4
45-54	76	0	63	7	0	6
55 and over	35	2	19	11	0	3
(ii) Old coding rules						
All deaths	934	746	111	54	0	23
Males	652	538	70	31	0	13
Females	282	208	41	23	0	10
Under 25	39	24	10	3	0	2
25-34	185	162	16	5	0	2
35-44	360	311	39	6	0	4
45-54	268	211	29	20	0	8
55 and over	82	38	17	20	0	7
Males						
Under 25	31	19	8	3	0	1
25-34	148	133	9	4	0	2
35-44	234	205	25	2	0	2
45-54	192	157	18	13	0	4
55 and over	47	24	10	9	0	4
Females						
Under 25	8	5	2	0	0	1
25-34	37	29	7	1	0	0
35-44	126	106	14	4	0	2
45-54	76	54	11	7	0	4
55 and over	35	14	7	11	0	3

Footnote

1) The coding rules were changed with effect from the start of 2011, as explained in paragraph 2.6 of the commentary. Briefly, 'drug abuse' deaths from 'acute intoxication' were previously counted under 'mental and behavioural disorders due to psychoactive substance use' (unless they were known to be due to intentional self-harm or assault). They are now counted under the appropriate 'poisoning' category. For example, if the cause of death of a known drug abuser was given as 'adverse effects of heroin' (and it was not intentional self-harm or assault), the underlying cause of death would be coded as follows:

(a) up to 2010 - as 'F11 - mental and behavioural disorders due to use of opioids'.

(b) from 2011 - the appropriate 'poisoning' category, such as 'X42 - accidental poisoning by and exposure to narcotics and psychodysleptics (hallucinogens) not elsewhere classified'.

National Records of Scotland has estimated what the figures for 2017 would have been, had the data been coded using the old rules.

Table 6: Drug-related deaths by sex, age and selected drugs reported¹, Scotland, 2017

	All drug-related deaths	Heroin / morphine ²	Methadone	Heroin / morphine, Methadone or Buprenorphine	Codeine or a codeine-containing compound	Dihydro-codeine or a d.h.c.-containing compound	Any opiate or opioid	Benzodiazepines		Cocaine	Ecstasy-type	Amphetamines	Alcohol
								Any benzodiazepine	of which: Diazepam				
(i) drugs which were implicated in, or which potentially contributed to, the cause of death													
All deaths	934	470	439	709	27	97	815	552	205	176	27	32	90
Males	652	349	292	502	18	55	562	391	152	136	19	14	71
Females	282	121	147	207	9	42	253	161	53	40	8	18	19
Under 25	39	17	4	21	0	3	27	17	7	13	11	1	5
25-34	185	102	66	143	5	10	160	125	54	54	3	3	21
35-44	360	197	204	302	8	38	323	234	82	71	11	22	31
45-54	268	122	143	197	7	32	237	150	51	33	1	4	22
55 and over	82	32	22	46	7	14	68	26	11	5	1	2	11
Males													
Under 25	31	13	2	16	0	3	22	13	6	10	8	1	4
25-34	148	83	44	111	5	9	126	99	41	42	2	2	17
35-44	234	138	124	200	5	19	208	155	59	54	7	9	26
45-54	192	94	106	146	5	19	167	109	40	25	1	2	17
55 and over	47	21	16	29	3	5	39	15	6	5	1	0	7
Females													
Under 25	8	4	2	5	0	0	5	4	1	3	3	0	1
25-34	37	19	22	32	0	1	34	26	13	12	1	1	4
35-44	126	59	80	102	3	19	115	79	23	17	4	13	5
45-54	76	28	37	51	2	13	70	41	11	8	0	2	5
55 and over	35	11	6	17	4	9	29	11	5	0	0	2	4
(ii) all drugs which were found to be present in the body													
All deaths	934	485	449	729	68	140	846	711	414	203	29	37	323
Males	652	360	299	516	40	84	581	492	290	159	21	18	241
Females	282	125	150	213	28	56	265	219	124	44	8	19	82
Under 25	39	17	4	21	1	7	28	26	15	14	11	1	14
25-34	185	103	68	146	10	20	165	150	88	57	3	4	70
35-44	360	206	209	313	23	52	334	294	173	83	12	24	109
45-54	268	125	145	201	19	43	247	196	111	44	2	5	92
55 and over	82	34	23	48	15	18	72	45	27	5	1	3	38
Males													
Under 25	31	13	2	16	1	6	23	20	12	11	8	1	13
25-34	148	84	46	114	9	18	130	118	68	45	2	3	57
35-44	234	143	127	206	11	29	215	188	115	64	8	11	77
45-54	192	97	108	150	12	24	173	143	81	34	2	3	71
55 and over	47	23	16	30	7	7	40	23	14	5	1	0	23
Females													
Under 25	8	4	2	5	0	1	5	6	3	3	3	0	1
25-34	37	19	22	32	1	2	35	32	20	12	1	1	13
35-44	126	63	82	107	12	23	119	106	58	19	4	13	32
45-54	76	28	37	51	7	19	74	53	30	10	0	2	21
55 and over	35	11	7	18	8	11	32	22	13	0	0	3	15

Footnotes

1) More than one drug may be reported per death. These are mentions of each drug, and should not be added to give total deaths.

Part (i) counts only drugs which, the pathologist believed, were implicated in, or potentially contributed to, the cause of death.

Part (ii) counts all the drugs which the pathologist found to be present in the body, including those which the pathologist did not consider to have had any direct contribution to the death.

2) More information can be found in paragraph 3.3.1 of the commentary.

Table 7: Drug-related deaths involving only one drug by sex, age and selected drugs reported¹, Scotland, 2017

	Any drug: all such deaths	Heroin / morphine ²	Methadone	Heroin / morphine, Methadone or Buprenorphine	Codeine or a codeine-containing compound	Dihydrocodeine or a d.h.c.-containing compound	Benzodiazepines					Cocaine	Ecstasy-type	Amphetamines	Any other drug ³	Alcohol (with only one drug - see the examples given in footnote 1)
							Any opiate or opioid	Any benzodiazepine	of which: Diazepam							
(i) only one drug (and, perhaps, alcohol) was found to be present in the body																
All such deaths	52	10	4	14	1	1	19	3	0	8	3	1	18		24	
Males	47	10	4	14	1	1	19	3	0	8	2	1	14		23	
Females	5	0	0	0	0	0	0	0	0	0	1	0	4		1	
Under 25	3	0	0	0	0	0	0	0	0	0	2	1	0		0	
25-34	15	3	1	4	0	0	5	1	0	4	1	0	4		7	
35-44	15	4	1	5	0	0	6	2	0	4	0	0	3		6	
45-54	13	2	1	3	0	0	3	0	0	0	0	0	10		9	
55 and over	6	1	1	2	1	1	5	0	0	0	0	0	1		2	
Males																
Under 25	2	0	0	0	0	0	0	0	0	0	1	1	0		0	
25-34	14	3	1	4	0	0	5	1	0	4	1	0	3		7	
35-44	14	4	1	5	0	0	6	2	0	4	0	0	2		6	
45-54	12	2	1	3	0	0	3	0	0	0	0	0	9		8	
55 and over	5	1	1	2	1	1	5	0	0	0	0	0	0		2	
Females																
Under 25	1	0	0	0	0	0	0	0	0	0	1	0	0		0	
25-34	1	0	0	0	0	0	0	0	0	0	0	0	1		0	
35-44	1	0	0	0	0	0	0	0	0	0	0	0	1		0	
45-54	1	0	0	0	0	0	0	0	0	0	0	0	1		1	
55 and over	1	0	0	0	0	0	0	0	0	0	0	0	1		1	
(ii) only one drug (and, perhaps, alcohol) was implicated in, or potentially contributed to, the cause of death (other drugs may have been reported as being present, but were not considered to have had any direct contribution to the death)																
All such deaths	169	48	19	68	6	6	100	5	0	20	3	9	32		37	
Males	125	40	12	53	4	4	73	5	0	18	2	6	21		29	
Females	44	8	7	15	2	2	27	0	0	2	1	3	11		8	
Under 25	6	2	0	2	0	0	3	0	0	0	2	1	0		1	
25-34	38	12	4	16	1	0	20	2	0	9	1	0	6		10	
35-44	50	13	6	20	2	1	28	2	0	8	0	6	6		13	
45-54	46	11	5	16	2	3	29	0	0	1	0	2	14		7	
55 and over	29	10	4	14	1	2	20	1	0	2	0	0	6		6	
Males																
Under 25	5	2	0	2	0	0	3	0	0	0	1	1	0		1	
25-34	34	12	3	15	1	0	19	2	0	8	1	0	4		8	
35-44	33	11	2	14	1	0	17	2	0	7	0	4	3		12	
45-54	34	10	3	13	1	2	21	0	0	1	0	1	11		5	
55 and over	19	5	4	9	1	2	13	1	0	2	0	0	3		3	
Females																
Under 25	1	0	0	0	0	0	0	0	0	0	1	0	0		0	
25-34	4	0	1	1	0	0	1	0	0	1	0	0	2		2	
35-44	17	2	4	6	1	1	11	0	0	1	0	2	3		1	
45-54	12	1	2	3	1	1	8	0	0	0	0	1	3		2	
55 and over	10	5	0	5	0	0	7	0	0	0	0	0	3		3	

Footnotes

1) Part (i) of this table gives the number of deaths for which each of the specified drugs was the only drug which was found to be present in the body. For example, a death for which:

(a) both cocaine and alcohol were implicated would be counted twice: once under 'cocaine' and once under 'alcohol';

(b) both cocaine and alcohol were implicated, and methadone was found to be present in the body but was not considered to have had any direct contribution to the death, would not be counted at all in the upper part of the table.

The final column of part (i) gives the number of drug-related deaths for which alcohol was found to be present in the body together with only one drug.

Part (ii) of this table gives the number of deaths for which each of the specified drugs was the only drug which was considered to have been implicated in, or potentially contributed to, the cause of death. The pathologist may have reported that other drugs were present in the body - but, if so, the pathologist did not consider that they had any direct contribution to the death.

The final column of part (ii) gives the number of drug-related deaths for which alcohol was thought, by the pathologist, to be implicated in the cause of death together with only one drug. For example, a death for which:

(a) both cocaine and alcohol were implicated would be counted twice: once under 'cocaine' and once under 'alcohol'.

(b) both cocaine and alcohol were implicated, and methadone was found to be present in the body but was not considered to have had any direct contribution to the death, would also be counted under 'cocaine' and 'alcohol' (but it would not be counted under 'methadone').

(c) cocaine, methadone and alcohol were all implicated would not be counted at all in this table.

Note:

Almost all the deaths which are counted in part (i) of the table are also counted in part (ii) of the table.

However, there may be a few exceptions:

a drug-related death for which National Records of Scotland (NRS) was told that only one drug (and, perhaps, alcohol) was found to be present, and for which NRS was not told that it was considered to have been implicated in (or potentially contributed to) the cause of the death, will be counted in part (i) of the table but not in part (ii).

As a result, an occasional figure in part (i) of the table may be larger than the corresponding figure in part (ii) of the table.

2) More information can be found in paragraph 3.3.1 of the commentary.

3) This is any kind of drug other than an opiate or opioid, a benzodiazepine, cocaine, an ecstasy-type drug or an amphetamine.

Table 8: Drug-related deaths per 1,000 population, Scotland, 2000 to 2017

	Age-group					Ages 15 - 64	All ages ³
	15 - 24 ¹	25 - 34	35 - 44	45 - 54	55 - 64 ²		
average of rates for 2000 to 2004	0.13	0.20	0.10	0.04	0.01	0.10	0.07
average of rates for 2003 to 2007	0.11	0.21	0.14	0.05	0.02	0.11	0.07
2000	0.12	0.18	0.09	0.02	0.01	0.09	0.06
2001	0.12	0.20	0.09	0.04	0.01	0.10	0.07
2002	0.16	0.23	0.12	0.04	0.01	0.11	0.08
2003	0.12	0.19	0.10	0.03	0.02	0.09	0.06
2004	0.12	0.22	0.12	0.05	0.00	0.10	0.07
2005	0.07	0.16	0.16	0.05	0.02	0.10	0.07
2006	0.10	0.24	0.16	0.08	0.02	0.12	0.08
2007	0.14	0.23	0.19	0.06	0.02	0.13	0.09
2008	0.14	0.33	0.22	0.09	0.03	0.16	0.11
2009	0.10	0.27	0.25	0.10	0.03	0.15	0.10
2010	0.09	0.24	0.21	0.10	0.03	0.14	0.09
2011	0.08	0.27	0.29	0.12	0.04	0.16	0.11
2012	0.07	0.25	0.28	0.14	0.05	0.16	0.11
2013	0.05	0.20	0.27	0.16	0.06	0.15	0.10
2014	0.07	0.22	0.32	0.18	0.06	0.17	0.11
2015	0.04	0.23	0.37	0.23	0.09	0.19	0.13
2016	0.06	0.27	0.49	0.27	0.10	0.24	0.16
2017	0.06	0.25	0.54	0.34	0.09	0.26	0.17
average of rates for 2013 to 2017	0.06	0.24	0.40	0.24	0.08	0.20	0.14

Footnotes

1) Some other tables which provide figures by age-group give the number of drug-related deaths of people who were aged under 25. However, this column's figures are for ages 15-24, inclusive, as there are very few drug-related deaths of people aged 0-14.

2) Some other tables which provide figures by age-group give the number of drug-related deaths of people who were aged 55 and over. However, this column's figures are for ages 55-64, inclusive, as there are relatively few drug-related deaths of people aged 65 and over.

3) Including ages 0-14 and 65+.

Table 9: Drug-related deaths by sex and age-group: average for 2011 to 2015, and relative to the estimated number of problem drug users in 2012/13

	2011-2015 average number of drug-related deaths per year	<u>Problem drug users (aged 15-64) in 2012/13 ¹</u>				<u>Annual average drug-deaths: 2011-2015 per 1,000 problem drug users in 2012/13 ⁴</u>		
		<u>95% Confidence Interval ²</u>				<u>Likely range of values</u>		
		Estimate	Lower end	Upper end	+ / - ³	Estimate	from ⁵	to ⁵
All	602	61,500	59,900	63,300	3%	9.8	9.5	10.1
Males	435	43,300	10.0
Females	167	18,200	9.2
15 to 24	42	10,500	4.0
25 to 34	163	21,500	7.6
35 to 64	384	29,500	13.0
Males								
15 to 24	34	6,400	5.3
25 to 34	124	14,700	8.5
35 to 64	268	22,200	12.1
Females ⁶								
15 to 24	9	4,100	2.1
25 to 34	38	6,800	5.6
35 to 64	115	7,300	15.8

Footnotes

- 1) Estimates of problem drug users aged 15 to 64, as published by the Information Services Division (ISD) of NHS National Services Scotland. When this edition of the publication was produced, the latest estimates available were the revised estimates for 2012/13 that were published by ISD on 4 March 2016.
- 2) The 95% Confidence Intervals are the range within which it is expected that the true value will lie. On the basis of statistical theory, there is only a 5% chance that a 95% Confidence Interval will not include the (unknown) true value of the quantity which is being estimated - so, on average, one would expect that 19 out of 20 of all 95% Confidence Intervals will include the (unknown) true values. ISD did not publish confidence intervals for the numbers for each sex or for each age-group.
- 3) The average of the percentage differences between (a) the estimate and the lower end of the 95% Confidence Interval and (b) the estimate and the upper end of the 95% Confidence Interval. It is calculated using the rounded values of the estimate and the two ends.
- 4) These death rates are broad indications only, as (e.g.) the estimated numbers of problem drug users may be subject to wide confidence intervals.
- 5) The 'from' value in the range for the rate is calculated using the upper end of the 95% Confidence Interval for the estimated number of problem drug users, and the 'to' value in the range for the rate is calculated using the lower end of the 95% Confidence Interval for the estimated number of problem drug users.
- 6) The 'female' figure for each age-group has been estimated by subtracting the corresponding 'male' figure from the total for the age-group. ISD did not publish estimates of the number of female problem drug users broken down by age-group because of their potential unreliability.

Table HB1: Drug-related deaths by NHS Board area, 2007 - 2017 (with averages for 2003-2007 and 2013-2017)

NHS Board area ²												Annual averages		Population in 2015	2013-2017 average deaths per 1,000 population ¹	Males		Females	
	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2003 to 2007	2013 to 2017			2007	2017	2007	2017
(a) Drug-related deaths - standard definition																			
Scotland	455	574	545	485	584	581	527	614	706	868	934	377	730	5,373,000	0.14	393	652	62	282
Ayrshire & Arran	36	40	39	31	47	43	36	43	43	85	61	23	54	370,590	0.14	32	38	4	23
Borders	4	7	5	9	8	7	8	11	13	10	13	3	11	114,030	0.10	4	9	0	4
Dumfries & Galloway	10	9	8	6	12	6	9	14	11	17	22	8	15	149,670	0.10	9	19	1	3
Fife	28	37	32	35	34	38	39	46	44	45	66	19	48	368,080	0.13	25	40	3	26
Forth Valley	26	23	14	18	26	31	24	25	31	51	36	18	33	302,650	0.11	25	25	1	11
Grampian	45	41	52	44	58	31	50	36	69	68	85	38	62	587,820	0.10	40	60	5	25
Greater Glasgow & Clyde ³	147	188	193	158	183	187	138	189	221	257	280	137	217	1,149,890	0.19	125	194	22	86
Highland ³	16	24	21	10	33	22	18	25	35	29	32	13	28	321,000	0.09	13	24	3	8
Lanarkshire	58	53	54	62	61	67	75	67	73	113	102	42	86	654,490	0.13	49	68	9	34
Lothian	54	94	81	73	73	90	90	105	100	128	137	47	112	867,800	0.13	46	101	8	36
Orkney	0	1	0	2	0	1	1	0	1	1	1	0	1	21,670	0.04	0	0	0	1
Shetland	2	1	0	2	3	2	0	4	1	1	2	1	2	23,200	0.07	1	2	1	0
Tayside	29	53	44	34	45	55	37	48	63	62	94	26	61	415,040	0.15	24	69	5	25
Western Isles	0	3	2	1	1	1	2	1	1	1	3	1	2	27,070	0.06	0	3	0	0
(b) extra deaths counted in the consistent series ⁴																			
Scotland	19	16	25	27	22	23	30	7	1	3	1								
Ayrshire & Arran	3	0	1	2	2	1	1	2	0	0	0								
Borders	0	0	0	0	2	0	0	0	0	0	0								
Dumfries & Galloway	0	0	1	0	1	0	1	0	0	0	0								
Fife	2	0	2	3	2	3	1	0	0	0	0								
Forth Valley	0	1	1	0	0	1	0	0	0	0	0								
Grampian	1	2	5	3	1	1	3	1	0	0	0								
Greater Glasgow & Clyde ³	8	3	4	7	6	7	6	1	0	1	1								
Highland ³	0	0	1	3	3	2	1	0	0	0	0								
Lanarkshire	2	2	5	3	2	6	5	0	0	0	0								
Lothian	1	4	3	2	0	2	6	2	0	1	0								
Orkney	0	0	0	0	1	0	0	0	0	0	0								
Shetland	0	0	0	0	0	0	0	0	0	0	0								
Tayside	2	4	2	4	2	0	5	1	1	1	0								
Western Isles	0	0	0	0	0	0	1	0	0	0	0								

Footnotes

1) Using the population in the middle of the 5-year period as a proxy for the average population over the whole period.

2) The statistics for each area are based on the boundaries that apply with effect from 1 April 2014. Earlier years' figures show what the numbers would have been had the new boundaries applied in those years. For 2001, 2003 and 2006, there are differences of one or two between the overall total for the year and the sum of the figures for the individual areas. This is due to the use of a new database - further information can be found at the end of Annex A.

3) Including the relevant parts of the former Argyll & Clyde Board area.

4) Broadly speaking, the additional deaths which would be counted on the basis of the classification of the drugs at the end of the latest year which is covered by the publication (rather than on the standard definition basis of the classification at the time of the death). Refer to Annex F for the full definition.

Table HB2: Drug-related deaths by underlying cause of death¹ and NHS Board area, 2017

NHS Board area	All causes of death	Underlying cause of death (ICD10 codes)				
		Drug abuse (F11-F16, F19)	Accidental poisoning (X40-X44)	Intentional self-poisoning (X60-X64)	Assault by drugs, etc. (X85)	Undetermined intent (Y10-Y14)
(i) New coding rules						
Scotland	934	34	807	54	0	39
Ayrshire & Arran	61	1	54	3	0	3
Borders	13	0	11	2	0	0
Dumfries & Galloway	22	0	21	0	0	1
Fife	66	2	61	3	0	0
Forth Valley	36	0	32	1	0	3
Grampian	85	1	79	4	0	1
Greater Glasgow & Clyde	280	13	246	16	0	5
Highland	32	1	18	3	0	10
Lanarkshire	102	6	89	3	0	4
Lothian	137	6	109	14	0	8
Orkney	1	0	1	0	0	0
Shetland	2	0	2	0	0	0
Tayside	94	4	84	4	0	2
Western Isles	3	0	0	1	0	2
(ii) Old coding rules						
Scotland	934	746	111	54	0	23
Ayrshire & Arran	61	53	2	3	0	3
Borders	13	10	1	2	0	0
Dumfries & Galloway	22	21	0	0	0	1
Fife	66	56	7	3	0	0
Forth Valley	36	30	2	1	0	3
Grampian	85	73	7	4	0	1
Greater Glasgow & Clyde	280	219	40	16	0	5
Highland	32	26	3	3	0	0
Lanarkshire	102	72	23	3	0	4
Lothian	137	104	16	14	0	3
Orkney	1	1	0	0	0	0
Shetland	2	2	0	0	0	0
Tayside	94	79	10	4	0	1
Western Isles	3	0	0	1	0	2

Footnote

1) The coding rules were changed with effect from the start of 2011, as explained in paragraph 2.6 of the commentary.

Briefly, 'drug abuse' deaths from 'acute intoxication' were previously counted under 'mental and behavioural disorders due to psychoactive substance use' (unless they were known to be due to intentional self-harm or assault). They are now counted under the appropriate 'poisoning' category.

For example, if the cause of death of a known drug abuser was given as 'adverse effects of heroin' (and it was not intentional self-harm or assault), the underlying cause of death would be coded as follows:

(a) up to 2010 - as 'F11 - mental and behavioural disorders due to use of opioids'.

(b) from 2011 - the appropriate 'poisoning' category, such as 'X42 - accidental poisoning by and exposure to narcotics and psychodysleptics (hallucinogens) not elsewhere classified'.

National Records of Scotland has estimated what the figures for 2017 would have been, had the data been coded using the old rules.

Table HB3: Drug-related deaths by selected drugs reported¹ and NHS Board area, 2017

NHS Board area	All drug-related deaths	Heroin / morphine ²	Methadone	Heroin / morphine, Methadone or Buprenorphine	Codeine or a codeine-containing compound	Dihydro-codeine or a d.h.c.-containing compound	Any opiate or opioid	Benzodiazepines		Cocaine	Ecstasy-type	Amphetamines	Alcohol
								Any benzodiazepine	of which: Diazepam				
Scotland	934	470	439	709	27	97	815	552	205	176	27	32	90
Ayrshire & Arran	61	33	35	50	1	3	53	36	3	12	0	3	4
Borders	13	9	6	10	0	3	11	7	5	3	0	0	1
Dumfries & Galloway	22	14	11	20	1	1	22	6	4	2	1	0	4
Fife	66	41	30	53	2	6	62	39	28	8	4	2	2
Forth Valley	36	19	21	28	0	11	35	22	9	7	0	0	1
Grampian	85	41	53	65	3	11	75	58	48	26	1	2	11
Greater Glasgow & Clyde	280	133	137	216	8	16	242	180	16	48	5	15	32
Highland	32	13	10	21	1	7	29	19	10	4	2	1	2
Lanarkshire	102	49	31	66	4	11	87	51	5	21	4	2	7
Lothian	137	54	62	98	5	19	113	66	42	35	8	7	14
Orkney	1	1	0	1	0	0	1	1	1	1	1	0	0
Shetland	2	1	1	2	0	0	2	1	1	0	0	0	1
Tayside	94	62	42	79	2	9	83	65	32	9	1	0	10
Western Isles	3	0	0	0	0	0	0	1	1	0	0	0	1

Footnotes

1) More than one drug may be reported per death. These are mentions of each drug, and should not be added to give total deaths. Up to 2007, some pathologists reported only those drugs which they thought caused, or contributed to, the death. With effect from 2008, pathologists report separately (a) drugs which were implicated in, or which potentially contributed to, the cause of death and (b) other drugs which were present but which were not considered to have had any direct contribution to the death. The figures in this table are on the first basis - i.e. basis (a) - which has been the normal basis for figures for individual drugs with effect from 'Drug-related Deaths in Scotland in 2009'. There may be other differences between years and/or areas in the way in which the information was produced - more information can be found in Section 2 of the commentary.

2) More information can be found in paragraph 3.3.1 of the commentary.

Table HB4: Drug-related deaths per 1,000 population, NHS Board areas, annual averages for 2013 to 2017 ¹

	Age-group						
	15 - 24 ²	25 - 34	35 - 44	45 - 54	55 - 64 ³	Ages 15 - 64	All ages ⁴
Scotland ⁵	0.06	0.24	0.40	0.23	0.08	0.20	0.14
Ayrshire & Arran	0.05	0.36	0.52	0.21	0.04	0.23	0.14
Borders	0.09	0.27	0.24	0.18	0.04	0.15	0.10
Dumfries & Galloway	0.09	0.27	0.35	0.11	0.05	0.16	0.10
Fife	0.05	0.34	0.40	0.19	0.04	0.20	0.13
Forth Valley	0.06	0.23	0.32	0.16	0.06	0.17	0.11
Grampian	0.05	0.15	0.30	0.19	0.06	0.15	0.10
Greater Glasgow & Clyde	0.06	0.21	0.58	0.39	0.13	0.27	0.19
Highland	0.06	0.25	0.15	0.15	0.06	0.13	0.09
Lanarkshire	0.07	0.30	0.39	0.16	0.07	0.20	0.13
Lothian	0.05	0.18	0.33	0.24	0.10	0.18	0.13
Orkney	0.00	0.26	0.00	0.00	0.06	0.06	0.04
Shetland	0.00	0.07	0.27	0.00	0.20	0.11	0.07
Tayside	0.04	0.34	0.48	0.23	0.08	0.23	0.15
Western Isles	0.00	0.08	0.13	0.19	0.05	0.10	0.06

Footnotes

1) Calculated by dividing the average number of drug-related deaths per year over the specified 5-year period by the estimated population in the middle of the 5-year period (which is a proxy for the average population over the whole of the period).

2) Some other tables which provide figures by age-group give the number of drug-related deaths of people who were aged under 25. However, this column's figures are for ages 15-24, inclusive, as there are very few drug-related deaths of people aged 0-14.

3) Some other tables which provide figures by age-group give the number of drug-related deaths of people who were aged 55 and over. However, this column's figures are for ages 55-64, inclusive, as there are relatively few drug-related deaths of people aged 65 and over.

4) Including ages 0-14 and 65+.

5) An occasional figure for Scotland may differ slightly from the corresponding 5-year average in Table 8, because the latter was calculated simply by taking the average of the figures for Scotland for each of the five individual years (rather than by applying the method described in footnote 1 to the figures for Scotland).

Note

The figures for each area are based on the Board boundaries that apply with effect from 1 April 2014.

The figures that have been used for earlier years are the numbers that would have been seen had the new boundaries applied in those years.

Table HB5: Drug-related deaths by NHS Board area: average for 2011 to 2015, and relative to the estimated number of problem drug users in 2012/13

	2011-2015 annual average drug-deaths (all ages)	<u>Problem drug users (aged 15-64) in 2012/13 ¹</u>				<u>Annual average drug-deaths: 2011-2015 per 1,000 problem drug users in 2012/13 ⁴</u>		
		<u>95% Confidence Interval ²</u>			<u>+ / - ³</u>	<u>Likely range of values</u>		
		<u>Estimate</u>	<u>Lower end</u>	<u>Upper end</u>		<u>Estimate</u>	<u>from ⁵</u>	<u>to ⁵</u>
Scotland	602	61,500	59,900	63,300	3%	9.8	9.5	10.1
Ayrshire & Arran	42	4,100	3,800	4,500	9%	10.3	9.4	11.2
Borders	9	710	610	860	18%	13.2	10.9	15.4
Dumfries & Galloway	10	1,300	1,100	1,600	19%	8.0	6.5	9.5
Fife	40	2,900	2,600	3,400	14%	13.9	11.8	15.5
Forth Valley	27	3,100	2,800	3,500	11%	8.8	7.8	9.8
Grampian	49	4,600	4,100	5,000	10%	10.6	9.8	11.9
Greater Glasgow & Clyde	184	20,900	20,100	21,800	4%	8.8	8.4	9.1
Highland	27	2,000	1,800	2,300	13%	13.3	11.6	14.8
Lanarkshire	69	6,900	6,400	7,400	7%	9.9	9.3	10.7
Lothian	92	9,800	8,900	10,900	10%	9.3	8.4	10.3
Orkney	1	30	20	110	150%	20.0	5.5	30.0
Shetland	2	340	130	1,300	172%	5.9	1.5	15.4
Tayside	50	4,600	4,300	5,000	8%	10.8	9.9	11.5
Western Isles	1	110	70	240	77%	10.9	5.0	17.1

Footnotes

1) Estimates of problem drug users aged 15 to 64, as published by the Information Services Division (ISD) of NHS National Services Scotland. These (revised) estimates for 2012/13 were the latest estimates available when this publication was produced. Some of the estimates are subject to potentially large percentage margins of error, as indicated by the 95% Confidence Intervals.

2) The 95% Confidence Intervals are the range within which it is expected that the true value will lie. On the basis of statistical theory, there is only a 5% chance that a 95% Confidence Interval will not include the (unknown) true value of the quantity which is being estimated - so, on average, one would expect that 19 out of 20 of all 95% Confidence Intervals will include the (unknown) true values.

3) The average of the percentage differences between (a) the estimate and the lower end of the 95% Confidence Interval and (b) the estimate and the upper end of the 95% Confidence Interval. It is calculated using the rounded values of the estimate and the two ends.

4) These death rates are broad indications only, as (e.g.) the estimated numbers of problem drug users may be subject to wide confidence intervals.

5) The 'from' value in the range for the rate is calculated using the upper end of the 95% Confidence Interval for the estimated number of problem drug users, and the 'to' value in the range for the rate is calculated using the lower end of the 95% Confidence Interval for the estimated number of problem drug users,

Note

The numbers of drug-related deaths for each area are based on the Board boundaries that apply with effect from 1 April 2014.

The figures that have been used for earlier years are the numbers that would have been seen had the new boundaries applied in those years.

The estimated numbers of problem drug users are also based on the Board boundaries that applied with effect from April 2014

Figure 2: Drug-related deaths per 1,000 problem drug users - NHS Board areas

Note

These figures were calculated using the annual average number of drug-deaths for 2011-2015 and the estimated numbers of problem drug users for 2012/13. The 'error bars' indicate the likely ranges of values - refer to the text.

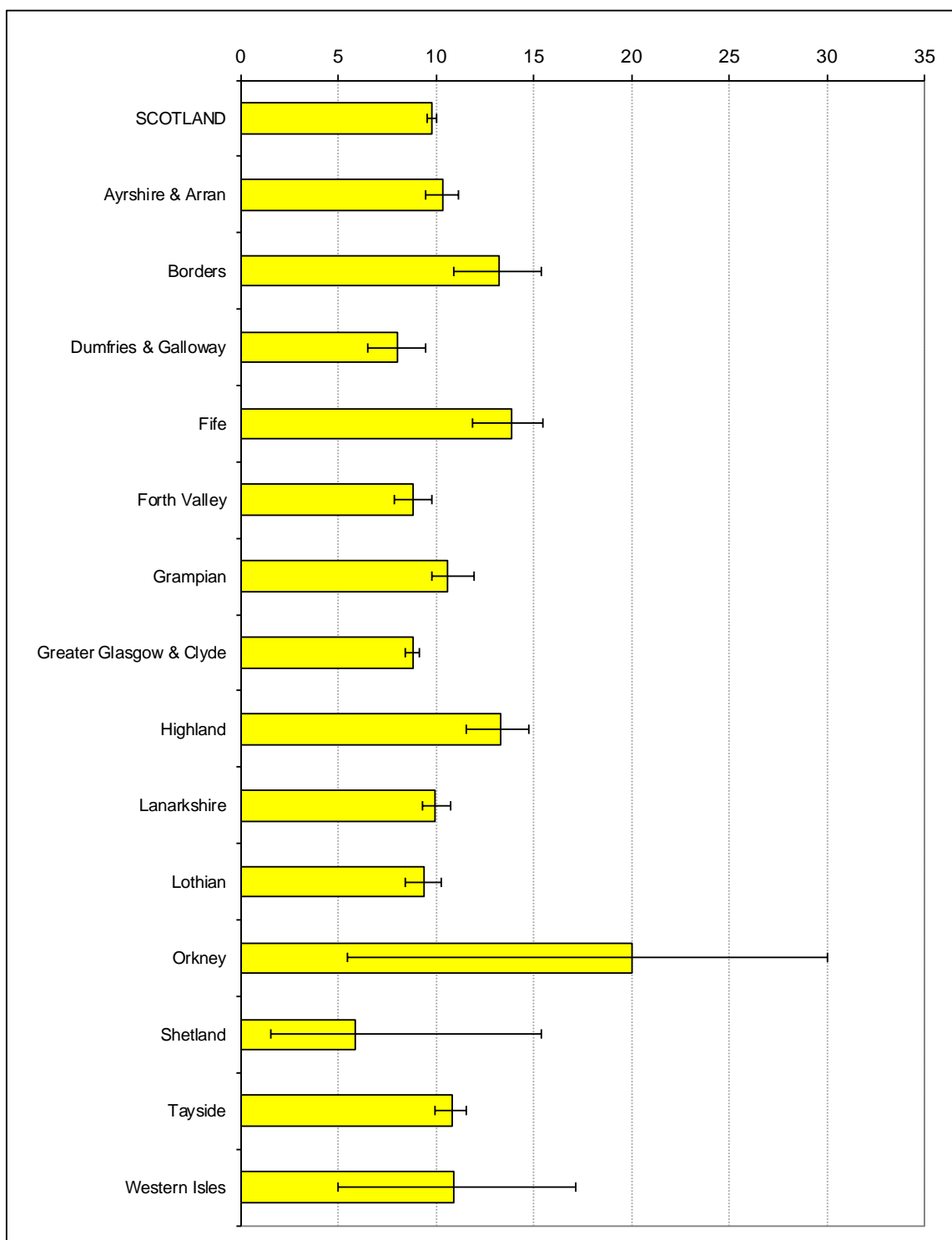


Table C1: Drug-related deaths by council area, 2007 - 2017 (with averages for 2003-2007 and 2013-2017)

Council area ¹	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	Annual averages		Population in 2015	2013-2017 average deaths per 1,000 population	Males		Females	
												2003 to 2007	2013 to 2017			2007	2017	2007	2017
Scotland	455	574	545	485	584	581	527	614	706	868	934	377	730	5,373,000	0.14	393	652	62	282
Aberdeen City	23	27	27	31	29	16	24	26	45	46	54	22	39	230,350	0.17	19	36	4	18
Aberdeenshire	17	11	18	10	19	9	21	8	14	12	24	13	16	261,960	0.06	16	18	1	6
Angus	3	8	9	9	8	8	10	8	17	13	18	7	13	116,900	0.11	3	14	0	4
Argyll & Bute	9	4	7	4	12	7	5	8	11	10	8	4	8	86,890	0.10	7	6	2	2
City of Edinburgh	43	66	45	47	48	57	64	71	69	90	84	31	76	498,810	0.15	35	59	8	25
Clackmannanshire	5	4	3	1	6	11	7	6	7	12	5	4	7	51,360	0.14	5	4	0	1
Dumfries & Galloway	10	9	8	6	12	6	9	14	11	17	22	8	15	149,670	0.10	9	19	1	3
Dundee City	23	29	30	22	32	39	24	31	36	38	57	14	37	148,210	0.25	19	41	4	16
East Ayrshire	13	13	12	11	17	15	12	17	14	29	24	7	19	122,060	0.16	13	14	0	10
East Dunbartonshire	7	6	5	6	2	4	1	4	9	7	8	4	6	106,960	0.05	7	5	0	3
East Lothian	4	7	6	7	8	6	8	11	10	11	12	4	10	103,050	0.10	4	10	0	2
East Renfrewshire	3	6	7	4	3	4	3	5	8	5	4	3	5	92,940	0.05	3	3	0	1
Falkirk	15	10	5	10	11	14	11	9	14	30	16	9	16	158,460	0.10	14	11	1	5
Fife	28	37	32	35	34	38	39	46	44	45	66	19	48	368,080	0.13	25	40	3	26
Glasgow City	90	121	135	94	117	121	103	114	157	170	192	95	147	606,340	0.24	75	136	15	56
Highland	7	20	14	6	21	15	13	17	24	19	24	9	19	234,110	0.08	6	18	1	6
Inverclyde	10	5	7	17	20	13	10	17	16	20	23	8	17	79,500	0.22	10	14	0	9
Midlothian	1	6	9	7	4	8	8	7	6	8	19	4	10	87,390	0.11	1	14	0	5
Moray	5	3	7	3	10	6	5	2	10	10	7	4	7	95,510	0.07	5	6	0	1
Na h-Eileanan Siar	0	3	2	1	1	1	2	1	1	1	3	1	2	27,070	0.06	0	3	0	0
North Ayrshire	18	15	19	12	16	19	11	15	15	32	25	11	20	136,130	0.14	14	16	4	9
North Lanarkshire	27	30	35	36	27	38	38	33	42	49	53	24	43	338,260	0.13	24	35	3	18
Orkney Islands	0	1	0	2	0	1	1	0	1	1	1	0	1	21,670	0.04	0	0	0	1
Perth & Kinross	3	16	5	3	5	8	3	9	10	11	19	5	10	149,930	0.07	2	14	1	5
Renfrewshire	21	27	26	19	24	26	13	30	19	42	38	15	28	174,560	0.16	18	27	3	11
Scottish Borders	4	7	5	9	8	7	8	11	13	10	13	3	11	114,030	0.10	4	9	0	4
Shetland Islands	2	1	0	2	3	2	0	4	1	1	2	1	2	23,200	0.07	1	2	1	0
South Ayrshire	5	12	8	8	14	9	13	11	14	24	12	5	15	112,400	0.13	5	8	0	4
South Lanarkshire	31	23	19	26	34	29	37	34	31	64	49	19	43	316,230	0.14	25	33	6	16
Stirling	6	9	6	7	9	6	6	10	10	9	15	5	10	92,830	0.11	6	10	0	5
West Dunbartonshire	16	23	13	18	17	19	8	19	12	13	15	11	13	89,590	0.15	12	9	4	6
West Lothian	6	15	21	12	13	19	10	16	15	19	22	8	16	178,550	0.09	6	18	0	4

Footnote

1) With effect from the "... in 2016" edition of this publication, the alphabetical order of the councils changed due to the adoption of the preferred forms of reference for the Edinburgh and Western Isles areas. Previous versions of this table used the forms 'Edinburgh, City of' and 'Eilean Siar'.

Table C2: Drug-related deaths by underlying cause¹ and council area, 2017

Council area ²	All causes of death	Underlying cause of death (ICD10 codes)				
		Drug abuse (F11-F16, F19)	Accidental poisoning (X40-X44)	Intentional self-poisoning (X60-X64)	Assault by drugs, etc. (X85)	Undetermined intent (Y10-Y14)
(i) New coding rules						
Scotland	934	34	807	54	0	39
Aberdeen City	54	1	52	0	0	1
Aberdeenshire	24	0	22	2	0	0
Angus	18	0	18	0	0	0
Argyll & Bute	8	1	5	0	0	2
City of Edinburgh	84	3	73	4	0	4
Clackmannanshire	5	0	4	0	0	1
Dumfries & Galloway	22	0	21	0	0	1
Dundee City	57	1	51	4	0	1
East Ayrshire	24	0	23	0	0	1
East Dunbartonshire	8	0	6	2	0	0
East Lothian	12	0	9	2	0	1
East Renfrewshire	4	1	2	1	0	0
Falkirk	16	0	15	0	0	1
Fife	66	2	61	3	0	0
Glasgow City	192	10	169	10	0	3
Highland	24	0	13	3	0	8
Inverclyde	23	1	21	0	0	1
Midlothian	19	0	15	4	0	0
Moray	7	0	5	2	0	0
Na h-Eileanan Siar	3	0	0	1	0	2
North Ayrshire	25	1	19	3	0	2
North Lanarkshire	53	3	46	2	0	2
Orkney Islands	1	0	1	0	0	0
Perth & Kinross	19	3	15	0	0	1
Renfrewshire	38	1	33	3	0	1
Scottish Borders	13	0	11	2	0	0
Shetland Islands	2	0	2	0	0	0
South Ayrshire	12	0	12	0	0	0
South Lanarkshire	49	3	43	1	0	2
Stirling	15	0	13	1	0	1
West Dunbartonshire	15	0	15	0	0	0
West Lothian	22	3	12	4	0	3
(ii) Old coding rules						
Scotland	934	746	111	54	0	23
Aberdeen City	54	52	1	0	0	1
Aberdeenshire	24	16	6	2	0	0
Angus	18	15	3	0	0	0
Argyll & Bute	8	8	0	0	0	0
City of Edinburgh	84	73	7	4	0	0
Clackmannanshire	5	4	0	0	0	1
Dumfries & Galloway	22	21	0	0	0	1
Dundee City	57	50	3	4	0	0
East Ayrshire	24	23	0	0	0	1
East Dunbartonshire	8	5	1	2	0	0
East Lothian	12	5	4	2	0	1
East Renfrewshire	4	2	1	1	0	0
Falkirk	16	14	1	0	0	1
Fife	66	56	7	3	0	0
Glasgow City	192	151	28	10	0	3
Highland	24	18	3	3	0	0
Inverclyde	23	18	4	0	0	1
Midlothian	19	13	2	4	0	0
Moray	7	5	0	2	0	0
Na h-Eileanan Siar	3	0	0	1	0	2
North Ayrshire	25	20	0	3	0	2
North Lanarkshire	53	37	12	2	0	2
Orkney Islands	1	1	0	0	0	0
Perth & Kinross	19	14	4	0	0	1
Renfrewshire	38	30	4	3	0	1
Scottish Borders	13	10	1	2	0	0
Shetland Islands	2	2	0	0	0	0
South Ayrshire	12	10	2	0	0	0
South Lanarkshire	49	35	11	1	0	2
Stirling	15	12	1	1	0	1
West Dunbartonshire	15	13	2	0	0	0
West Lothian	22	13	3	4	0	2

Footnotes

1) The coding rules were changed with effect from the start of 2011, as explained in paragraph 2.6 of the commentary.

Briefly, 'drug abuse' deaths from 'acute intoxication' were previously counted under 'mental and behavioural disorders due to psychoactive substance use' (unless they were known to be due to intentional self-harm or assault). They are now counted under the appropriate 'poisoning' category.

For example, if the cause of death of a known drug abuser was given as 'adverse effects of heroin' (and it was not intentional self-harm or assault), the underlying cause of death would be coded as follows:

(a) up to 2010 - as 'F11 - mental and behavioural disorders due to use of opioids'

(b) from 2011 - the appropriate 'poisoning' category, such as 'X42 - accidental poisoning by and exposure to narcotics and psychodysleptics (hallucinogens) not elsewhere classified'

National Records of Scotland has estimated what the figures for 2017 would have been, had the data been coded using the old rules.

2) With effect from the "... in 2016" edition of this publication, the alphabetical order of the councils changed due to the adoption of the preferred forms of reference for the Edinburgh and Western Isles areas. Previous versions of this table used the forms 'Edinburgh, City of' and 'Eilean Siar'.

Table C3: Drug-related deaths by selected drugs reported¹ and council area, 2017

Council area ³	All drug-related deaths	Heroin / morphine ²	Methadone	Heroin / morphine, Methadone or Buprenorphine	Codeine or a codeine-containing compound	Dihydro-codeine or a d.h.c.-containing compound	Any opiate or opioid	Benzodiazepines		Cocaine	Ecstasy-type	Amphetamines	Alcohol
								Any benzodiazepine	of which: Diazepam				
Scotland	934	470	439	709	27	97	815	552	205	176	27	32	90
Aberdeen City	54	28	38	45	1	6	49	41	36	16	0	1	6
Aberdeenshire	24	10	11	15	2	4	20	11	7	9	1	1	2
Angus	18	9	9	15	1	3	16	11	7	0	1	0	3
Argyll & Bute	8	3	0	4	1	0	7	2	0	1	1	0	1
City of Edinburgh	84	32	48	63	2	10	70	47	30	23	5	2	10
Clackmannanshire	5	2	2	3	0	1	5	3	0	0	0	0	0
Dumfries & Galloway	22	14	11	20	1	1	22	6	4	2	1	0	4
Dundee City	57	42	27	51	1	4	53	44	17	7	0	0	5
East Ayrshire	24	14	15	22	0	0	22	16	0	5	0	0	0
East Dunbartonshire	8	3	2	4	0	0	5	3	0	3	0	1	2
East Lothian	12	6	2	9	2	2	11	9	3	2	2	1	2
East Renfrewshire	4	0	2	2	1	0	3	2	0	1	0	1	0
Falkirk	16	9	11	13	0	4	15	9	3	5	0	0	1
Fife	66	41	30	53	2	6	62	39	28	8	4	2	2
Glasgow City	192	91	95	150	6	12	168	121	8	25	2	8	21
Highland	24	10	10	17	0	7	22	17	10	3	1	1	1
Inverclyde	23	9	13	16	1	1	19	13	1	4	1	1	3
Midlothian	19	6	8	12	0	6	15	9	6	5	1	2	0
Moray	7	3	4	5	0	1	6	6	5	1	0	0	3
Na h-Eileanan Siar	3	0	0	0	0	0	0	1	1	0	0	0	1
North Ayrshire	25	15	15	19	1	3	22	14	3	4	0	2	2
North Lanarkshire	53	26	12	31	3	5	44	18	5	16	3	1	4
Orkney Islands	1	1	0	1	0	0	1	1	1	1	1	0	0
Perth & Kinross	19	11	6	13	0	2	14	10	8	2	0	0	2
Renfrewshire	38	18	19	30	0	3	33	29	4	12	1	3	5
Scottish Borders	13	9	6	10	0	3	11	7	5	3	0	0	1
Shetland Islands	2	1	1	2	0	0	2	1	1	0	0	0	1
South Ayrshire	12	4	5	9	0	0	9	6	0	3	0	1	2
South Lanarkshire	49	23	19	35	1	6	43	33	0	5	1	1	3
Stirling	15	8	8	12	0	6	15	10	6	2	0	0	0
West Dunbartonshire	15	12	6	14	0	0	14	12	3	3	1	1	1
West Lothian	22	10	4	14	1	1	17	7	4	5	0	2	2

Footnotes

1) More than one drug may be reported per death. These are mentions of each drug, and should not be added to give total deaths. Up to 2007, some pathologists reported only those drugs which they thought caused, or contributed to, the death. With effect from 2008, pathologists report separately (a) drugs which were implicated in, or which potentially contributed to, the cause of death and (b) other drugs which were present but which were not considered to have had any direct contribution to the death.

The figures in this table are on the first basis - i.e. basis (a) which has been the normal basis for the figures for individual drugs with effect from "Drug-related Deaths in Scotland in 2009"

There may be other differences between years and/or areas in the way in which the information was produced - more information can be found in Section 2 of the commentary.

2) More information can be found in paragraph 3.3.1 of the commentary.

3) With effect from the "... in 2016" edition of this publication, the alphabetical order of the councils changed due to the adoption of the preferred forms of reference for the Edinburgh and Western Isles areas. Previous versions of this table used the forms 'Edinburgh, City of' and 'Eilean Siar'.

Table C4: Drug-related deaths per 1,000 population, council areas, annual averages for 2013 to 2017 ¹

Council area ⁶	Age-group					Ages 15 - 64	All ages ⁴
	15 - 24 ²	25 - 34	35 - 44	45 - 54	55 - 64 ³		
Scotland ⁵	0.06	0.24	0.40	0.23	0.08	0.20	0.14
Aberdeen City	0.05	0.18	0.50	0.38	0.07	0.23	0.17
Aberdeenshire	0.05	0.08	0.18	0.09	0.04	0.09	0.06
Angus	0.06	0.28	0.31	0.24	0.02	0.18	0.11
Argyll + Bute	0.08	0.27	0.15	0.16	0.09	0.15	0.10
City of Edinburgh	0.05	0.16	0.38	0.33	0.11	0.21	0.15
Clackmannanshire	0.00	0.42	0.50	0.17	0.03	0.22	0.14
Dumfries + Galloway	0.09	0.27	0.35	0.11	0.05	0.16	0.10
Dundee City	0.02	0.47	0.90	0.43	0.15	0.37	0.25
East Ayrshire	0.07	0.35	0.54	0.23	0.05	0.24	0.16
East Dunbartonshire	0.06	0.06	0.26	0.02	0.05	0.09	0.05
East Lothian	0.03	0.26	0.28	0.15	0.06	0.15	0.10
East Renfrewshire	0.00	0.14	0.23	0.06	0.03	0.09	0.05
Falkirk	0.07	0.23	0.25	0.14	0.06	0.15	0.10
Fife	0.05	0.34	0.40	0.19	0.04	0.20	0.13
Glasgow City	0.05	0.19	0.70	0.60	0.19	0.34	0.24
Highland	0.06	0.25	0.15	0.14	0.05	0.13	0.08
Inverclyde	0.04	0.42	0.68	0.39	0.16	0.33	0.22
Midlothian	0.12	0.12	0.33	0.12	0.14	0.16	0.11
Moray	0.04	0.18	0.12	0.11	0.10	0.11	0.07
Na h-Eileanan Siar	0.00	0.08	0.13	0.19	0.05	0.10	0.06
North Ayrshire	0.02	0.28	0.53	0.26	0.05	0.22	0.14
North Lanarkshire	0.07	0.30	0.35	0.16	0.07	0.19	0.13
Orkney Islands	0.00	0.26	0.00	0.00	0.06	0.06	0.04
Perth + Kinross	0.04	0.20	0.21	0.07	0.06	0.11	0.07
Renfrewshire	0.09	0.28	0.50	0.26	0.06	0.24	0.16
Scottish Borders	0.09	0.27	0.24	0.18	0.04	0.15	0.10
Shetland Islands	0.00	0.07	0.27	0.00	0.20	0.11	0.07
South Ayrshire	0.07	0.48	0.47	0.14	0.02	0.21	0.13
South Lanarkshire	0.07	0.31	0.43	0.17	0.07	0.21	0.14
Stirling	0.08	0.11	0.35	0.21	0.07	0.16	0.11
West Dunbartonshire	0.13	0.27	0.50	0.20	0.08	0.23	0.15
West Lothian	0.04	0.25	0.19	0.13	0.07	0.14	0.09

Footnotes

1) Calculated by dividing the average number of drug-related deaths per year over the specified 5-year period by the estimated population in the middle of the 5-year period (which is a proxy for the average population over the whole of the period).

2) Some other tables which provide figures by age-group give the number of drug-related deaths of people who were aged under 25. However, this column's figures are for ages 15-24, inclusive, as there are very few drug-related deaths of people aged 0-14.

3) Some other tables which provide figures by age-group give the number of drug-related deaths of people who were aged 55 and over. However, this column's figures are for ages 55-64, inclusive, as there are relatively few drug-related deaths of people aged 65 and over.

4) Including ages 0-14 and 65+.

5) An occasional figure for Scotland may differ slightly from the corresponding 5-year average in Table 8, because the latter was calculated simply by taking the average of the figures for Scotland for each of the five individual years (rather than by applying the method described in footnote 1 to the figures for Scotland).

6) With effect from the "... in 2016" edition of this publication, the alphabetical order of the councils changed due to the adoption of the preferred forms of reference for the Edinburgh and Western Isles areas. Previous versions of this table used the forms 'Edinburgh, City of' and 'Eilean Siar'.

Table C5: Drug-related deaths by council area: average for 2011 to 2015, and relative to estimated problem drug user numbers in 2012/13

Council area ⁶	2011-2015 average drug- deaths per year (all ages)	Problem drug users (aged 15-64) in 2012/13 ¹				Annual average drug-deaths: 2011-2015 per 1,000 problem drug users in 2012/13 ⁴		
		Estimate	95% Confidence Interval ²		+ / - ³	Estimate	Likely range of values	
			Lower end	Upper end			from ⁵	to ⁵
Scotland	602	61,500	59,900	63,300	3%	9.8	9.5	10.1
Aberdeen City	28	3,100	2,700	3,500	13%	9.0	8.0	10.4
Aberdeenshire	14	1,100	970	1,300	15%	12.9	10.9	14.6
Angus	10	700	590	860	19%	14.6	11.9	17.3
Argyll & Bute	9	710	590	900	22%	12.1	9.6	14.6
City of Edinburgh	62	6,600	5,900	7,500	12%	9.4	8.2	10.5
Clackmannanshire	7	630	550	740	15%	11.7	10.0	13.5
Dumfries & Galloway	10	1,300	1,100	1,600	19%	8.0	6.5	9.5
Dundee City	32	2,800	2,500	3,100	11%	11.6	10.5	13.0
East Ayrshire	15	1,600	1,400	1,800	13%	9.4	8.3	10.7
East Dunbartonshire	4	390	300	530	29%	10.3	7.5	13.3
East Lothian	9	880	640	1,300	38%	9.8	6.6	13.4
East Renfrewshire	5	900	770	1,100	18%	5.1	4.2	6.0
Falkirk	12	1,700	1,400	2,100	21%	6.9	5.6	8.4
Fife	40	2,900	2,600	3,400	14%	13.9	11.8	15.5
Glasgow City	122	13,600	13,000	14,500	6%	9.0	8.4	9.4
Highland	18	1,300	1,200	1,500	12%	13.8	12.0	15.0
Inverclyde	15	1,700	1,500	1,900	12%	8.9	8.0	10.1
Midlothian	7	920	620	1,500	48%	7.2	4.4	10.6
Moray	7	350	260	510	36%	18.9	12.9	25.4
Na h-Eileanan Siar	1	110	70	240	77%	10.9	5.0	17.1
North Ayrshire	15	1,800	1,600	2,100	14%	8.4	7.2	9.5
North Lanarkshire	36	3,700	3,400	4,100	9%	9.6	8.7	10.5
Orkney Islands	1	30	20	110	150%	20.0	5.5	30.0
Perth & Kinross	7	1,100	920	1,400	22%	6.4	5.0	7.6
Renfrewshire	22	2,800	2,500	3,200	13%	8.0	7.0	9.0
Scottish Borders	9	710	610	860	18%	13.2	10.9	15.4
Shetland Islands	2	340	130	1,300	172%	5.9	1.5	15.4
South Ayrshire	12	780	670	930	17%	15.6	13.1	18.2
South Lanarkshire	33	3,200	2,800	3,600	13%	10.3	9.2	11.8
Stirling	8	820	710	970	16%	10.0	8.5	11.5
West Dunbartonshire	15	1,500	1,300	1,800	17%	10.0	8.3	11.5
West Lothian	15	1,400	1,200	1,700	18%	10.4	8.6	12.2

Footnotes

1) to 5) refer to the corresponding footnotes to Table HB5.

6) With effect from the "... in 2016" edition of this publication, the alphabetical order of the councils changed due to the adoption of the preferred forms of reference for the Edinburgh and Western Isles areas. Previous versions of this table used the forms 'Edinburgh, City of' and 'Eilean Siar'.

Figure 3: Drug-related deaths per 1,000 problem drug users - council areas

Note

These figures were calculated using the annual average number of drug-deaths for 2011-2015 and the estimated numbers of problem drug users for 2012/13. The 'error bars' indicate the likely ranges of values - refer to the text.

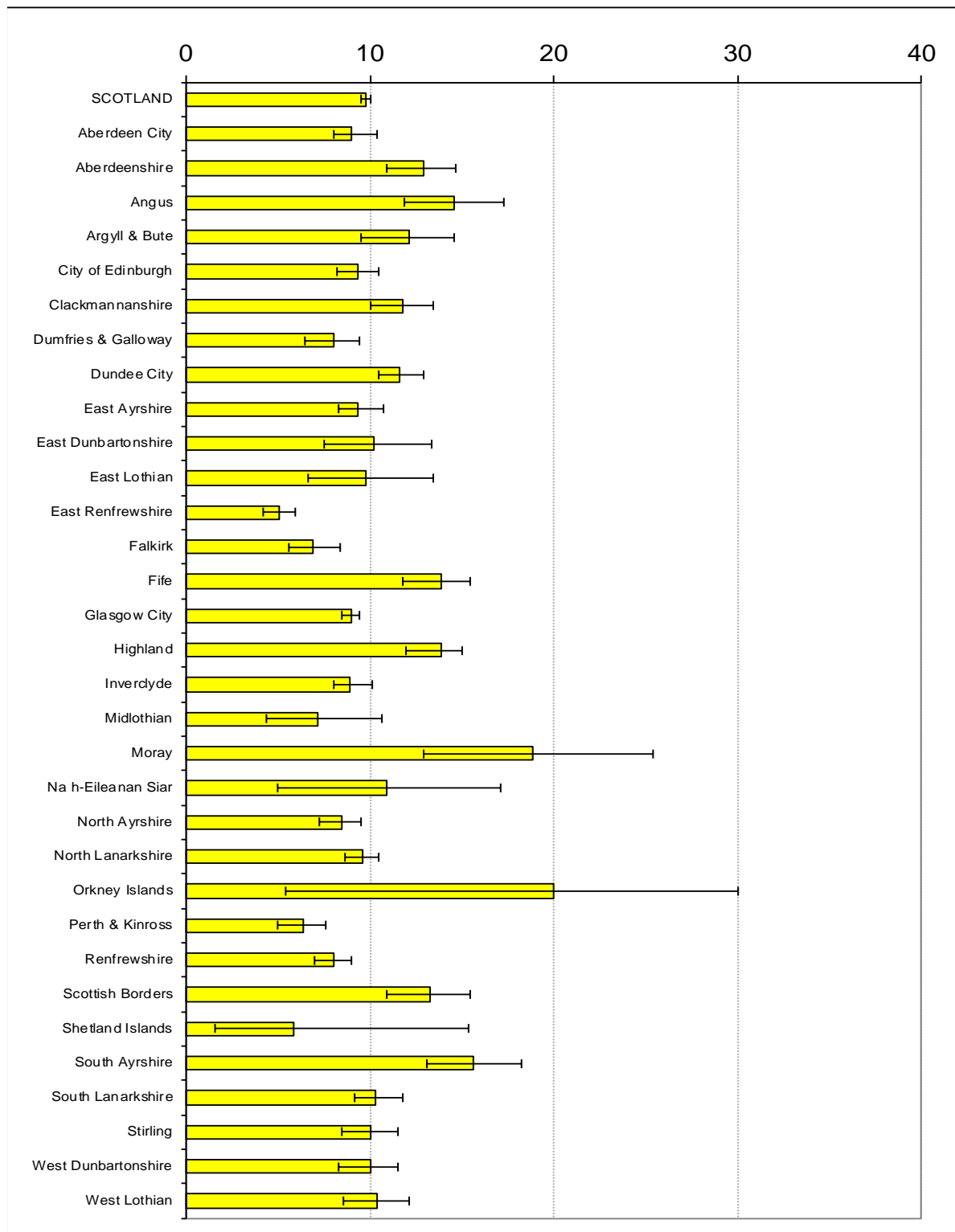


Table X: Drug-related deaths in Scotland - different definitions¹, 1979 – 2017

Year	Number of drug-related deaths, on the basis of:			Population	Drug-deaths per million population		
	this paper (based on UK Drug Strategy 'baseline' definition)	Office for National Statistics 'wide' definition	European Monitoring Centre for Drugs and Drug Addiction 'general mortality register' definition ²		this paper (based on UK Drug Strategy 'baseline' definition)	Office for National Statistics 'wide' definition	European Monitoring Centre for Drugs and Drug Addiction 'general mortality register' definition ²
1979		339		5,203,600			65.1
1980		306		5,193,900			58.9
1981		307		5,180,200			59.3
1982		265		5,164,540			51.3
1983		212		5,148,120			41.2
1984		201		5,138,880			39.1
1985		242		5,127,890			47.2
1986		223		5,111,760			43.6
1987		250		5,099,020			49.0
1988		238		5,077,440			46.9
1989		264		5,078,190			52.0
1990		275		5,081,270			54.1
1991		275		5,083,330			54.1
1992		311		5,085,620			61.2
1993		372		5,092,460			73.0
1994		422		5,102,210			82.7
1995		426		5,103,690			83.5
1996	244	460	208	5,092,190	47.9	90.3	40.8
1997	224	447	188	5,083,340	44.1	87.9	37.0
1998	249	449	230	5,077,070	49.0	88.4	45.3
1999	291	492	272	5,071,950	57.4	97.0	53.6
2000	292	495	320	5,062,940	57.7	97.8	63.2
2001	332	551	378	5,064,200	65.6	108.8	74.6
2002	382	566	417	5,066,000	75.4	111.7	82.3
2003	317	493	331	5,068,500	62.5	97.3	65.3
2004	356	546	387	5,084,300	70.0	107.4	76.1
2005	336	480	352	5,110,200	65.8	93.9	68.9
2006	421	577	415	5,133,100	82.0	112.4	80.8
2007	455	630	450	5,170,000	88.0	121.9	87.0
2008	574	737	559	5,202,900	110.3	141.7	107.4
2009	545	716	534	5,231,900	104.2	136.9	102.1
2010	485	692	482	5,262,200	92.2	131.5	91.6
2011	584	749	558	5,299,900	110.2	141.3	105.3
2012	581	734	549	5,313,600	109.3	138.1	103.3
2013	527	685	516	5,327,700	98.9	128.6	96.9
2014	614	743	574	5,347,600	114.8	138.9	107.3
2015	706	813	637	5,373,000	131.4	151.3	118.6
2016	868	997	772	5,404,700	160.6	184.5	142.8
2017	934	1,045	828	5,424,800	172.2	192.6	152.6

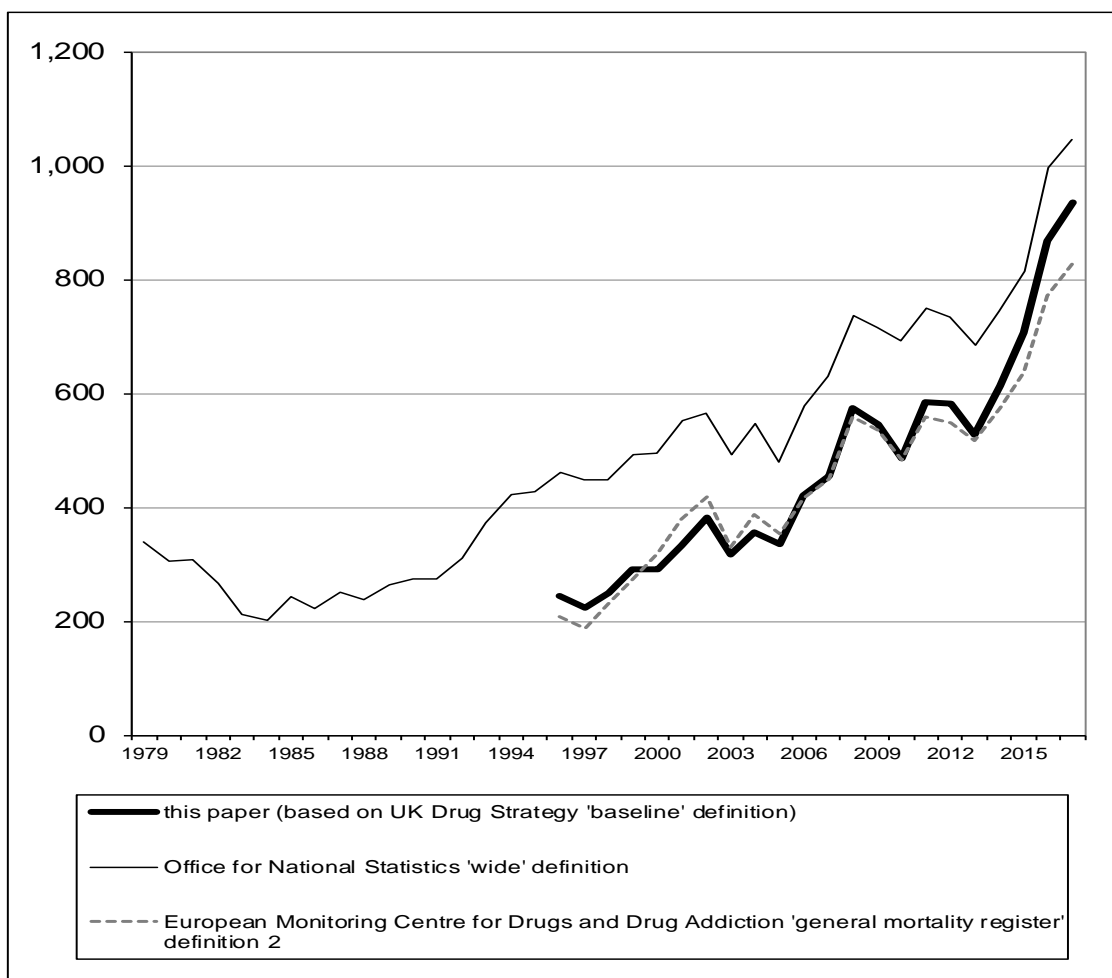
Footnotes

1) Refer to Annex B for information about the other definitions.

2) In 2016, the figures for some of the years from 2000 to 2014 were revised slightly from those that were published in 'Drug-related Deaths in Scotland in 2014'.

Figure 4: Drug-related deaths in Scotland - different definitions

numbers



per million population

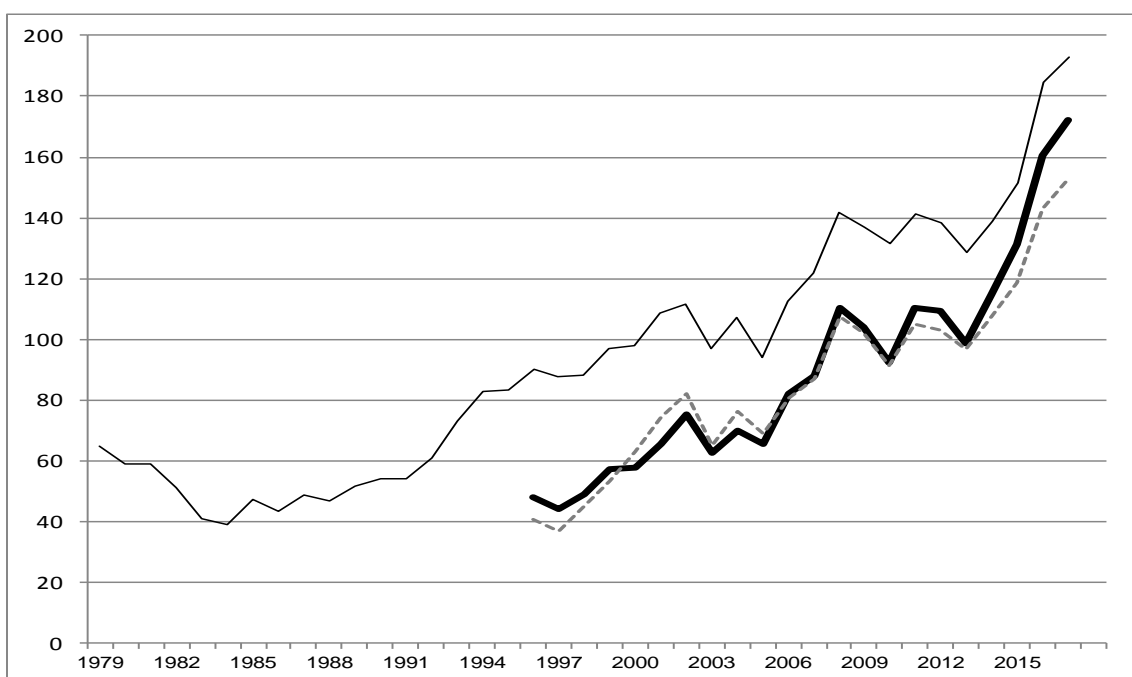


Table Y: Drug-related deaths, on the basis of the Office for National Statistics (ONS) 'wide' definition, by selected drugs reported, 2007 – 2017

Drugs ^{1, 2}	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
All drug-related deaths (on the 'wide' definition)	630	737	716	692	749	734	685	743	813	997	1,045
Alprazolam	0	1	1	0	1	0	0	0	2	24	99
Amitriptyline	24	41	32	41	37	44	60	41	47	54	42
Amphetamines	12	12	7	3	24	18	27	22	17	26	33
Anti-depressants ³	84	101	97	123	116	121	120	103	132	130	148
Anti-psychotics ⁴	26	25	19	21	32	35	29	23	30	29	30
Benzodiazepines ⁵	109	150	158	124	187	198	149	125	192	431	555
Buprenorphine	2	0	2	4	10	8	11	29	25	40	36
Cannabis	8	1	0	0	0	0	0	2	7	5	2
Citalopram	22	19	20	26	22	18	13	11	18	11	9
Cocaine	47	41	33	34	36	31	45	45	94	123	176
Codeine or a compound thereof ⁶	30	40	46	20	48	41	46	45	40	45	40
Delorazepam	0	0	0	0	0	0	0	0	1	21	13
Dihydrocodeine or a compound thereof ⁷	55	74	65	65	87	86	81	72	95	115	101
Diazepam	79	116	120	94	124	161	106	85	122	154	205
Diclozepam	0	0	0	0	0	0	1	6	9	75	26
Ecstasy-type	12	5	2	0	9	9	17	14	15	29	27
Etizolam	0	0	0	0	0	1	8	37	43	225	300
Fluoxetine	11	6	7	16	11	13	9	10	11	16	16
Gabapentin	0	3	2	4	10	24	51	67	102	154	144
Heroin/diamorphine or Morphine ⁸	291	327	326	256	207	222	221	312	349	477	475
Heroin / morphine, Methadone or Buprenorphine ⁹	372	449	440	400	431	403	383	454	497	656	716
Methadone	115	171	177	177	275	241	216	216	252	366	443
Mirtazepine	8	12	14	9	18	24	26	20	39	35	65
Olanzapine	10	8	6	7	9	14	8	5	11	11	11
Opiate or opioid ¹⁰	451	550	540	480	558	531	499	553	619	776	840
Oxycodone	1	8	6	3	12	11	9	7	12	17	20
Paracetamol or a compound ¹¹	56	55	43	48	45	37	38	43	36	41	54
Phenazepam	0	0	0	0	14	20	34	6	8	8	37
Pregabalin	0	0	0	1	1	5	12	26	42	71	121
Propranolol	8	4	9	5	11	15	18	17	13	15	20
Sertraline	2	4	2	6	3	6	7	11	13	16	16
Temazepam	4	7	9	3	8	6	4	4	8	8	7
Tramadol	26	32	40	40	34	48	64	38	53	64	60
Zopiclone	4	5	9	12	14	16	16	9	20	22	29
Alcohol	181	196	187	151	148	136	129	116	123	135	107

Footnotes

1) More than one drug may be reported per death. These are mentions of each drug, so do not add up to the overall total. Up to 2007, some pathologists reported only those drugs which they thought caused, or contributed to, the death. With effect from 2008, pathologists report separately:

(a) drugs which were implicated in, or which potentially contributed to, the cause of death; and

(b) other drugs which were present but which were not considered to have had any direct contribution to the death.

The figures for 2008 onwards are on the first basis - i.e. basis (a) - which has been the standard basis for figures for individual drugs with effect from the "... in 2009" edition.

There may be other differences between years and/or areas in the way in which the information was produced - more information can be found in Section 2 of the commentary.

2) The figures for some of the 'controlled' drugs may differ slightly from those given in earlier tables for two reasons. First, they were produced from what was the then General Register Office for Scotland's new database, rather than the old database (more information can be found in paragraph A4). Second, a small proportion of the deaths which involved controlled drugs were excluded from the figures which appear in the earlier tables, for reasons such as those given in paragraph A3.

3) For example; amitriptyline, citalopram, dothiepin, fluoxetine, prothaiden.

4) For example; chlorpromazine, clozapine, olanzapine.

5) For example; diazepam and temazepam.

6) For example; co-codamol.

7) For example; co-dydramol.

8) More information can be found in paragraph 3.3.1 of the commentary.

9) This is one or more of heroin/diamorphine, morphine, methadone and buprenorphine.

10) Any opiate or opioid, including (e.g.) co-codamol, codeine, dihydrocodeine, heroin, methadone, morphine, oxycodone and tramadol.

11) For example; co-codamol or co-proxamol, or mention of dextropropoxyphene or propoxyphene (even if there is no mention of paracetamol or a compound analgesic).

Table Z: Drug-related deaths, on the basis of the Office for National Statistics (ONS) 'wide' definition, by how they relate to the Drug Strategy 'baseline' definition, deaths from some causes which may be associated with present or past drug misuse, and volatile substance abuse deaths, 2007 – 2017

Cause of death	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
All drug-related deaths (on the 'wide' definition)	630	737	716	692	749	734	685	743	813	997	1,045
of which:											
on the basis used for this report's statistics (i.e. the Drug Strategy 'baseline' definition, as implemented by National Records of Scotland (NRS))	455	574	545	485	584	581	527	614	706	868	934
deaths within the Drug Strategy 'baseline' definition, but excluded from this report's statistics because: ¹											
(a) cause of death was a secondary infection or a related complication ²	10	23	22	33	16	14	22	22	23	27	21
(b) controlled substance was present only as part of a compound analgesic or a cold remedy	8	10	3	5	4	1	4	5	4	3	10
other deaths counted as 'drug-related' by the 'wide' definition - but not on the basis used for this report ³	157	130	146	169	145	138	132	102	80	99	80
Deaths from some causes which may be associated with present or past drug misuse ⁴											
Underlying cause of death, with its ICD10 ⁵ code(s):											
Hepatitis C (B18.2)	12	18	21	19	25	22	23	18	45	25	21
HIV (B20-24)	21	18	17	21	16	18	14	14	12	24	6
Total all deaths from the specified causes	33	36	38	40	41	40	37	32	57	49	27
Volatile Substance Abuse deaths											
International Centre for Drugs Policy (ICDP) figures for Scotland ⁶	10	3	4	17		
Figures produced by NRS using the definition specified for an ONS publication ⁷	12	6	16	10	25	18	12	14	9	13	8

Footnotes

- 1) Paragraph A3 in Annex A explains why these kinds of deaths are excluded from the standard definition of 'drug-related death' figures produced by National Records of Scotland (NRS.)
- 2) Including, for example, deaths caused by infections that resulted from the use of heroin which was contaminated by, say, anthrax.
- 3) Including, for example, accidental deaths which were caused by the use of drugs which were not controlled at the time, such as those before 16 April 2010 which resulted from using mephedrone (assuming that no controlled drugs were found in the body).
- 4) Only a proportion of deaths from these causes can be attributed to drug misuse - more information can be found in paragraph B8 of Annex B.
- 5) 'ICD10' is the International Statistical Classification of Diseases and Related Health Problems, Tenth Revision.
- 6) More information can be found in paragraph B13 of Annex B about the statistics that the ICDP produced. A few deaths per year may be counted both in the 'ICDP' figures and in the standard drug-related death statistics produced by NRS.
- 7) More information can be found in paragraph B14 of Annex B. Again, some deaths are counted both in these figures and in the standard drug-related death statistics.

Table NPS1: Drug-related deaths, on the basis of the Office for National Statistics (ONS) 'wide' definition, which involved New Psychoactive Substances, 2017

(i) Deaths for which one or more NPSs was implicated in, or potentially contributed to, the death

	Type(s) of NPS that were present			All type(s) of NPS
	Benzodiazepine-type NPS present; no other types of NPS	Other types of NPS present; no Benzodiazepine-type NPS	Both benzodiazepine-type NPS and other types of NPS	
Included in this report's statistics ²				
NPS the only substance(s)* implicated in the death	3	1	0	4
Other substance(s)** implicated in the death	331	0	0	331
All	334	1	0	335
NOT included in this report's statistics				
NPS the only substance(s)* implicated in the death	1	0	0	1
Other substance(s)** implicated in the death	1	0	0	1
All	2	0	0	2
All deaths for which one or more NPSs was implicated in, or potentially contributed to, the death				
NPS the only substance(s)* implicated in the death	4	1	0	5
Other substance(s)** implicated in the death	332	0	0	332
All	336	1	0	337

	Age at Death					All	Sex	
	under 25	25 to 34	35 to 44	45 to 54	55 & over		Male	Female
Included in this report's statistics ²								
Benzodiazepine-type NPS present; no other types of NPS	9	65	145	104	11	334	228	106
Other types of NPS present; no Benzodiazepine-type NPS	0	0	0	1	0	1	1	0
Both Benzodiazepine-type NPS and other types of NPS present	0	0	0	0	0	0	0	0
All	9	65	145	105	11	335	229	106
NOT included in this report's statistics								
Benzodiazepine-type NPS present; no other types of NPS	0	0	2	0	0	2	1	1
Other types of NPS present; no Benzodiazepine-type NPS	0	0	0	0	0	0	0	0
Both Benzodiazepine-type NPS and other types of NPS present	0	0	0	0	0	0	0	0
All	0	0	2	0	0	2	1	1
All deaths for which one or more NPSs was implicated in, or potentially contributed to, the death								
Benzodiazepine-type NPS present; no other types of NPS	9	65	147	104	11	336	229	107
Other types of NPS present; no Benzodiazepine-type NPS	0	0	0	1	0	1	1	0
Both Benzodiazepine-type NPS and other types of NPS present	0	0	0	0	0	0	0	0
All	9	65	147	105	11	337	230	107

(ii) Deaths for which NPSs were present but were NOT considered to have contributed to the death

	Age at Death					All	Sex	
	under 25	25 to 34	35 to 44	45 to 54	55 & over		Male	Female
Included in this report's statistics ²								
Benzodiazepine-type NPS present; no other types of NPS	2	5	10	7	1	25	21	4
Other types of NPS present; no Benzodiazepine-type NPS	0	0	0	0	0	0	0	0
Both Benzodiazepine-type NPS and other types of NPS present	0	0	0	0	0	0	0	0
All	2	5	10	7	1	25	21	4
NOT included in this report's statistics								
Benzodiazepine-type NPS present; no other types of NPS	0	0	0	1	0	1	0	1
Other types of NPS present; no Benzodiazepine-type NPS	0	0	0	0	0	0	0	0
Both Benzodiazepine-type NPS and other types of NPS present	0	0	0	0	0	0	0	0
All	0	0	0	1	0	1	0	1
All deaths for which NPSs were present but were not considered to have contributed to the death								
Benzodiazepine-type NPS present; no other types of NPS	2	5	10	8	1	26	21	5
Other types of NPS present; no Benzodiazepine-type NPS	0	0	0	0	0	0	0	0
Both Benzodiazepine-type NPS and other types of NPS present	0	0	0	0	0	0	0	0
All	2	5	10	8	1	26	21	5

Footnotes

- 1) The substances which are counted (for the purpose of these figures) as New Psychoactive Substances are described in Annex E.
- 2) This is within the Drug Strategy 'baseline' definition, as implemented by National Records of Scotland * apart, perhaps, from alcohol. For example, a death for which mephedrone and alcohol were the only substances that were implicated in the death would be counted under 'NPS the only substance(s) implicated in the death'.
- ** apart, perhaps, from alcohol.

Table NPS2: Drug-related deaths, on the basis of the Office for National Statistics (ONS) 'wide' definition, which involved New Psychoactive Substances, 2007 to 2017

	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
All drug-related deaths (on the 'wide' definition)	630	737	716	692	749	734	685	743	813	997	1,045
Deaths which involved 'New Psychoactive Substances'¹	0	0	4	11	47	47	113	114	112	346	363
<i>of which:</i>											
(a) deaths for which one (or more) New Psychoactive Substances was implicated in, or potentially contributed, to the death	0	0	3	9	28	32	60	62	74	286	337
(i) included in this report's statistics (i.e. in the Drug Strategy 'baseline' definition, as implemented by <i>of which:</i>	0	0	2	6	26	30	58	56	72	281	335
NPS the only substance(s)* implicated in the death ²	0	0	0	4	0	3	4	3	2	2	4
Other substance(s)** also implicated in the death ³	0	0	2	2	26	27	54	53	70	279	331
(ii) <u>not</u> included in this report's statistics <i>of which:</i>	0	0	1	3	2	2	2	6	2	5	2
NPS the only substance(s)* implicated in the death ⁴	0	0	0	3	1	2	2	4	1	2	1
Other substance(s)** also implicated in the death ⁵	0	0	1	0	1	0	0	2	1	3	1
(iii) total of (i) + (ii):											
NPS the only substance(s)* implicated in the death	0	0	0	7	1	5	6	7	3	4	5
Other substance(s)** also implicated in the death	0	0	3	2	27	27	54	55	71	282	332
(b) deaths for which one (or more) New Psychoactive Substances was present but <u>not</u> considered to have contributed to the death <i>of which:</i>	0	0	1	2	19	15	53	52	38	60	26
(i) included in this report's statistics ⁶	0	0	1	2	19	15	52	51	36	59	25
(ii) <u>not</u> included in this report's statistics ⁷	0	0	0	0	0	0	1	1	2	1	1
Total: all deaths which involved New Psychoactive Substances	0	0	4	11	47	47	113	114	112	346	363
<i>of which:</i>											
(i) included in this report's statistics	0	0	3	8	45	45	110	107	108	340	360
(ii) <u>not</u> included in this report's statistics	0	0	1	3	2	2	3	7	4	6	3

Footnotes

- 1) The substances which are counted (for the purpose of these figures) as 'New Psychoactive Substances' are described in Annex E.
 - 2) For example, the death was after 15 April 2010, the cause of death was certified as 'mephedrone intoxication', and no other substance was said to have been found.
 - 3) For example, the cause of death was certified as 'adverse effects of methadone and mephedrone'. Note that the date of death is not a factor, because methadone has 'always' been controlled.
 - 4) For example, the death occurred up to 15 April 2010, the cause of death was certified as 'mephedrone intoxication', and no other substance was said to have been found.
 - 5) For example, the death occurred up to 15 April 2010, and both mephedrone and an uncontrolled volatile substance were said to be implicated in, or potentially contributed, to the death.
 - 6) For example, the cause of death was given as 'heroin, alcohol and diazepam toxicity', and BZP and TFMP were also present.
 - 7) An artificial example would be a death which occurred up to 15 April 2010, co-codamol was said to be implicated in, or potentially contributed, to the death; mephedrone was said to be present but did not contribute to the death.
- * apart, perhaps, from alcohol.
** apart, perhaps, from alcohol.

Table NPS3: Drug-related deaths, on the basis of the Office for National Statistics (ONS) 'wide' definition, which involved New Psychoactive Substances, 2017

Note: because of its size, this table is not included here. It is available in the workbook which contains spreadsheet versions of all the publication's Tables and Figures, which can be found via its [home page](#) on the NRS website.

Table CS1: Consistent series of drug-related deaths – ‘extra’ deaths and which of the drugs that were present for each of the ‘extra’ deaths meant that they were counted in the consistent series: 2000 to 2017

	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Drug-related deaths: consistent series ¹	293	339	388	330	365	346	430	474	590	570	512	606	604	557	621	707	871	935
Drug-related deaths: standard definition ²	292	332	382	317	356	336	421	455	574	545	485	584	581	527	614	706	868	934
'Extra' deaths counted in the consistent series ³	1	7	6	13	9	10	9	19	16	25	27	22	23	30	7	1	3	1
<i>of which:</i>																		
Mephedrone ⁴ present	0	0	0	0	0	0	0	0	0	0	3	0	0	0	0	0	0	0
Phenazepam ⁵ present	0	0	0	0	0	0	0	0	0	0	0	1	1	0	0	0	0	0
Tramadol ⁶ present	0	5	2	12	8	9	9	16	14	19	17	12	17	27	3	0	0	0
Zopiclone ⁶ present	1	2	4	1	1	1	0	4	2	6	7	9	7	1	0	0	0	0
None of the above, but one or more other substances which are now controlled were present ⁷	0	0	0	0	0	0	0	0	0	1	0	0	1	2	4	1	3	1

Footnotes

- 1) Broadly speaking, counting deaths on the basis of the classification of the drugs at the end of the latest year which is covered by the publication. Refer to Annex F for the full definition.
- 2) Broadly speaking, counting deaths on the basis of the classification of the drugs at the time of death. Refer to Annex A for the full definition.
- 3) These are deaths which are counted in the consistent series but are not counted in the standard definition.
- 4) Mephedrone has been a controlled substance with effect from 16 April 2010, so subsequent deaths involving it are counted in the 'standard definition' figures (and not 'extra' deaths).
- 5) Phenazepam has been a controlled substance with effect from 13 June 2012, so subsequent deaths involving it are counted in the 'standard definition' figures (and not 'extra' deaths).
- 6) Tramadol and zopiclone have been controlled substances with effect from 10 June 2014, so subsequent deaths involving either (or both) of them are counted in the 'standard definition' figures (and not 'extra' deaths).
- 7) For example one or more of APB, API and BZP were present.

Table CS2: Consistent series of drug-related deaths – ‘extra’ deaths by sex and age: 2000 to 2017

	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
Drug-related deaths: consistent series ¹	293	339	388	330	365	346	430	474	590	570	512	606	604	557	621	707	871	935
Drug-related deaths: standard definition ²	292	332	382	317	356	336	421	455	574	545	485	584	581	527	614	706	868	934
'Extra' deaths counted in the consistent series ³ <i>of which:</i>	1	7	6	13	9	10	9	19	16	25	27	22	23	30	7	1	3	1
Male	0	3	3	6	2	6	7	6	10	13	16	12	15	19	5	0	2	1
Female	1	4	3	7	7	4	2	13	6	12	11	10	8	11	2	1	1	0
under 25	0	0	0	2	0	0	2	0	2	1	3	0	0	3	1	0	0	0
25 to 34	0	0	1	2	2	1	2	0	2	2	0	2	3	4	1	0	3	0
35 to 44	0	3	2	3	2	2	2	4	4	7	8	6	2	8	3	1	0	1
45 to 54	1	3	1	0	2	4	3	6	1	6	7	9	7	4	0	0	0	0
55 and over	0	1	2	6	3	3	0	9	7	9	9	5	11	11	2	0	0	0
Males																		
under 25	0	0	0	0	0	0	2	0	2	1	3	0	0	1	0	0	0	0
25 to 34	0	0	0	1	1	0	1	0	1	2	0	0	2	3	1	0	2	0
35 to 44	0	2	0	2	0	2	1	1	3	3	4	6	2	5	3	0	0	1
45 to 54	0	1	1	0	0	1	3	2	1	2	4	4	4	4	0	0	0	0
55 and over	0	0	2	3	1	3	0	3	3	5	5	2	7	6	1	0	0	0
Females																		
under 25	0	0	0	2	0	0	0	0	0	0	0	0	0	2	1	0	0	0
25 to 34	0	0	1	1	1	1	1	0	1	0	0	2	1	1	0	0	1	0
35 to 44	0	1	2	1	2	0	1	3	1	4	4	0	0	3	0	1	0	0
45 to 54	1	2	0	0	2	3	0	4	0	4	3	5	3	0	0	0	0	0
55 and over	0	1	0	3	2	0	0	6	4	4	4	3	4	5	1	0	0	0

Footnotes

- 1) Broadly speaking, counting deaths on the basis of the classification of the drugs at the end of the latest year which is covered by the publication. Refer to Annex F for the full definition.
- 2) Broadly speaking, counting deaths on the basis of the classification of the drugs at the time of death. Refer to Annex A for the full definition.
- 3) These are deaths which are counted in the consistent series but are not counted in the standard definition.

Table EMCDDA: 'Drug-induced' deaths aged 15-64: reported number and rate per million population, latest year's figures

	'Drug-induced' deaths¹ aged 15-64	
	Number reported for latest year²	per million population²
Belgium	60	8
Bulgaria	21	4
Czech Republic	30	4
Denmark	181	49
Germany	1,274	24
Estonia	113	132
Ireland	215	70
Greece
Spain	390	13
France	291	7
Croatia	56	20
Italy	263	7
Cyprus	6	10
Latvia	18	14
Lithuania	107	56
Luxembourg	5	13
Hungary	26	4
Malta	5	17
Netherlands	209	19
Austria	163	28
Poland	237	9
Portugal	26	4
Romania	19	1
Slovenia	40	29
Slovakia	19	5
Finland	184	53
Sweden	543	88
United Kingdom ³	2,942	70
European Union	7,443	22.4
Turkey	779	15
Norway	278	81
EU, Turkey and Norway	8,500	21.8
<hr/>		
Scotland ³	619	175

Footnotes

1) As defined by the European Monitoring Centre for Drugs and Drug Addiction (EMCDDA).

2) For all countries apart from Scotland, the figures are taken from Table A6 of the EMCDDA's 'European Drug Report 2018', which is available via this link:

<http://www.emcdda.europa.eu/publications/edr/trends-developments/2018>

Most countries' figures are for 2016, but some are for 2015 or earlier years.

The EMCDDA's Table A6 includes the following footnote:

Caution is required when comparing drug-induced death statistics due to issues of coding, coverage and under-reporting in some countries.

3) Public Health England advised NRS that the figures for the UK are for 2015 - so, for consistency, NRS has used Scotland's figures for that year.

6. Notes on statistical publications

National Statistics

The United Kingdom Statistics Authority (UKSA) has designated these statistics as National Statistics, in line with the Statistics and Registration Service Act 2007 and signifying compliance with the Code of Practice for Official Statistics (available on the [UKSA](#) website).

National Statistics status means that official statistics meet the highest standards of trustworthiness, quality and public value.

All official statistics should comply with all aspects of the Code of Practice for Official Statistics. They are awarded National Statistics status following an assessment by the Authority's regulatory arm. The Authority considers whether the statistics meet the highest standards of Code compliance, including the value they add to public decisions and debate.

It is National Records of Scotland's responsibility to maintain compliance with the standards expected of National Statistics. If we become concerned about whether these statistics are still meeting the appropriate standards, we will discuss any concerns with the Authority promptly. National Statistics status can be removed at any point when the highest standards are not maintained, and reinstated when standards are restored.

Information on background and source data

Further details on data source(s), timeframe of data and timeliness, continuity of data, accuracy, etc can be found in the About this Publication document that is published alongside this publication on the NRS website.

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Preserving the past – We look after Scotland's national archives so that they are available for current and future generations, and we make available important information for family history.

Recording the present – At our network of local offices, we register births, marriages, civil partnerships, deaths, divorces and adoptions in Scotland.

Informing the future – We are responsible for the Census of Population in Scotland which we use, with other sources of information, to produce statistics on the population and households.

You can get other detailed statistics that we have produced from the [Statistics](#) section of our website. Scottish Census statistics are available on the [Scotland's Census](#) website.

We also provide information about [future publications](#) on our website. If you would like us to tell you about future statistical publications, you can register your interest on the Scottish Government [ScotStat website](#).

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Enquiries and suggestions

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Email: statisticscustomerservices@nrscotland.gov.uk

If you have comments or suggestions that would help us improve our standards of service, please contact:

Alan Ferrier
Senior Statistician
National Records of Scotland
Room 1/2/12
Ladywell House
Ladywell Road
Edinburgh
EH12 7TF

Phone: 0131 314 4530

Email: alan.ferrier@nrscotland.gov.uk

7. Related organisations

Organisation	Contact
<p>The Scottish Government (SG) forms the bulk of the devolved Scottish Administration. The aim of the statistical service in the SG is to provide relevant and reliable statistical information, analysis and advice that meets the needs of government, business and the people of Scotland.</p>	<p>Office of the Chief Statistician and Strategic Analysis Scottish Government 2W, St Andrews House Edinburgh EH1 3DG</p> <p>Phone: 0131 244 0442</p> <p>Email: statistics.enquiries@gov.scot</p> <p>Website: http://www.gov.scot/Topics/Statistics</p>
<p>The Office for National Statistics (ONS) is responsible for producing a wide range of economic and social statistics. It also carries out the Census of Population for England and Wales</p>	<p>Customer Contact Centre Office for National Statistics Room 1.101 Government Buildings Cardiff Road Newport NP10 8XG</p> <p>Phone: 0845 601 3034 Minicom: 01633 815044</p> <p>Email: info@statistics.gsi.gov.uk</p> <p>Website: www.ons.gov.uk/</p>
<p>The Northern Ireland Statistics and Research Agency (NISRA) is Northern Ireland's official statistics organisation. The agency is also responsible for registering births, marriages, adoptions and deaths in Northern Ireland, and the Census of Population.</p>	<p>Northern Ireland Statistics and Research Agency McAuley House 2-14 Castle Street Belfast BT1 1SA</p> <p>Phone: 028 9034 8100</p> <p>Email: info.nisra@dfpni.gov.uk</p> <p>Website: www.nisra.gov.uk</p>

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