



Safe and Secure Storage of Opiate Substitution Therapies (OST) During the Public Holiday Period December 2018 - January 2019

Guidance from Forth Valley Substance Misuse Services

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Introduction

This document builds on previous work by Forth Valley Alcohol & Drug Partnership to minimise risk for substance misusers who are prescribed opiate replacement therapy (OST), methadone and buprenorphine

This guidance provides advice on the minimisation of risk related to 'take home' OST medicine for clients, any children living with or visiting them, and the population of Forth Valley.

1. Background

- 1.1 Forth Valley rate of OST supervised consumption is 67%.
- 1.2 During public holiday periods, the majority of community pharmacies close and clients are given additional OST doses to take at home.
- 1.3 In the period 2018/2019, Christmas/Boxing Day and New Year holidays will fall on a Tuesday and Wednesday. Most community pharmacies will dispense on the Monday preceding the closures and will open again on the Thursday. Over this period, supervised clients and those on daily collection may have up to two days of 'take home' OST dispensed. Consideration should also be given to clients on other regimes who may have additional 'take home' doses.
- 1.4 Parents are also considered where OST stored at home may present a risk to their children's safety.

2. Community Pharmacy Safeguards

- 2.1 Primary Care Administration publishes a list of opening and closing times for Christmas and New Year periods (appendix 1). Pharmacies engaged in Injecting Equipment Provision and the Naloxone programme are detailed in appendix 2.
- 2.3 Community pharmacists reinforce safe storage with clients prescribed OST and issue safe storage leaflets and cards advising pharmacy opening hours.
- 2.6 Community pharmacists dispense 'take home' doses of methadone in individual bottles, with childproof locks to reduce the risk of accidental ingestion of large quantities. 'Store safely' warning labels are attached to all 'take home' bottles.

3. Community Alcohol and Drugs Service (CADS), Forth Valley Substance Treatment Service (FVSTS), Addiction Recovery Services (ARS) and General Practitioner Prescribing Service (GPPS)

- 3.1 Key workers from all prescribing services will reinforce safety issues according to an agreed checklist with all clients before Christmas. Information leaflets and emergency contact numbers will be issued to each client as part of a 'Public Holiday Safety Pack'. Overdose awareness and naloxone training and naloxone kits will be provided to all

clients. Further information about this programme is available from Signpost Recovery, telephone 01259 272112.

- 3.2 Changes to regular prescriptions should be kept to a minimum during December.
- 3.3 The period of titration where the dose is gradually increased is a period of risk for clients. The decision to commence OST during December and over the festive period will be made on a case by case basis.
- 3.4 A risk assessment is completed prior to removal of supervision, which looks at client's individual vulnerability, and safe storage in houses where children and young people spend time. Discussion with the Social Work Team is also documented.
- 3.5 Clients for whom the storage of additional doses at home presents unacceptable risk may be moved to a pharmacy with extended opening hours. The client and both pharmacies will be consulted and kept fully informed of arrangements.

Clients on methadone treatment and known to have children living in or visiting the household will be offered a lockable storage box.

4. Safeguards from other Agencies

4.1 Signpost Recovery Forth Valley

- 4.1.1 Signpost Recovery Forth Valley offer a helpline (telephone 01259 272112 or 0845 673 1774), which is available during fixed hours on public holidays (appendix 3).
- 4.1.2 Availability of the Harm Reduction Service over the Christmas and New Year periods are detailed in appendix 2.
- 4.1.3 Arrest Referral Service is operational for the Police custody suites throughout the period, inclusive of public holidays.

4.2 Courts

- 4.2.1 The days that Christmas and New Year holidays fall on this year indicates there is some disruption to court proceedings.
- 4.2.2 Courts in Falkirk, Alloa and Stirling will take place as follows:

	Falkirk Sheriff Court	Alloa Sheriff Court	Stirling Sheriff Court
W/c 17 th December	Normal Service	Normal Service	Normal Service
Mon. 24 th December	Normal Service	Normal Service	Normal Service
Tues. 25 th December	Closed	Closed	Closed
Wed. 26 th December	Closed	Closed	Closed
Thur..27 th December	Normal Service	Normal Service	Normal Service
Fri. 28 th December	Normal Service	Normal Service	Normal Service
Sat 29 th December	Closed	Closed	Closed
Sun. 30 th December	Closed	Closed	Closed
Mon. 31 st December	Normal Service	Normal Service	Normal Service
Tues. 1 st January	Closed	Closed	Closed
Wed. 2 nd January	Holiday Custody Court	Holiday Custody Court	Holiday Custody Court
Thur. 3 rd January →	Normal Service	Normal Service	Normal Service

4.3 Social Work

4.3.1 Social work operates a system of alerts, including issues relating to vulnerable families, which is passed to Emergency Duty Teams. These can trigger a variety of responses, including a scheduled visit where there is particular concern. It is important for substance misuse workers to share information to aid this process.

4.3.2 The social work team on call operates the same system for cover as at weekends. The emergency duty teams will provide additional support and cover from 5pm on Monday 24th December 2018 until 9am on Thursday 27th December 2018 and from 5pm on Monday 31st December 2018 until 9am on Thursday 3rd January 2019. They may be contacted by telephone on 01786 470500.

4.4 Scottish Prisons Service

Prescribing services liaise with the Scottish Prison Service to encourage early notification of liberations. The generic mailbox should be used for the initial point of contact for prisons regarding substitute prescribing services in Forth Valley. The generic mailbox will be checked by CADS staff and the referral managed accordingly.

4.5 Others

It is important to highlight to other agencies which clients may come in contact with, that the clients may have additional doses of OST at home. These include Maternity Services, Mental Health Services and the Acute Hospital. The Hospital Addiction Team can be contacted on 01324 566231 or radio page 1051/1651. Please refer to the guideline: [Managing Substance Misuse in the in-Patient Setting](#).

5. Summary

5.1 It is important that all agencies share information about vulnerable clients prior to holiday periods, so appropriate safeguards can be put in place.

5.2 This guidance will be disseminated to all Substance Misuse Services, Social Work Departments, Maternity Services, Police Scotland, Acute Hospital, Community Pharmacies, General Practitioners, Out of Hours Service, Scottish Prison Service, NHS 24 and other agencies who may come into contact with substance misusers over the holiday period. The aim is to promote consideration of the issues around the safety and security of OST prescriptions.

5.3 'Safe Storage of Methadone' leaflets and naloxone/overdose awareness leaflets are available from the ADP support team on 01786 - 464787 or FV-UHB.FVADP@nhs.net

5.4 Many specialist drug agencies close on public holidays and are unable to provide advice and assistance at these times. Signpost Recovery Forth Valley offer a helpline (telephone 01259 272112 or 0845 673 1774), which is available during fixed hours on public holidays (appendix 3).

5.5 Forth Valley Substitute Prescribing Services and staff available over the Christmas and New Year period with contact details are listed in appendix four.

Appendix 1

Community Pharmacy Opening Hours: Christmas and New Year 2018/2019

<u>ALLOA AREA</u>	<u>Opening Time</u>	<u>Tel. Number</u>
<u>Tuesday 25 December 2018 (Public Holiday)</u> Lloyds Pharmacy, Marshall, Alloa	1.00pm – 2.00pm	01259 218979
<u>Wednesday 26 December 2018 (Public Holiday)</u> Boots the Chemist, 36-40 High Street, Alloa	12noon – 4.00pm	01259 723246
<u>Tues 01 January 2019 (Public Holiday)</u> Well, 60 High Street, Alloa	1.00pm – 2.00pm	01259 218039
<u>Wednesday 02 January 2018 (Public Holiday)</u> Boots the Chemist, 36-40 High Street, Alloa	12noon – 4.00pm	01259 723246
<u>STIRLING AREA</u>	<u>Opening Time</u>	<u>Tel. Number</u>
<u>Tuesday 25 December 2018 (Public Holiday)</u> Right Medicine Pharmacy, 11 Main Street, Bannockburn	9.00am – 10.00am	01786 813460
<u>Wednesday 26 December 2018 (Public Holiday)</u> Boots the Chemist, 34-41 King's Mall, Thistle Centre, Stirling	8.00am – 5.00pm	01786 473628
Superdrug Pharmacy, Ochilview Mall, Thistle Centre, Stirling	8.30am – 5.30pm	01786 473548
Lloyds Pharmacy (Sainsbury Store), Drip Road, Stirling	9.00am – 6.00pm	01786 445121
<u>Tues 01 January 2019 (Public Holiday)</u> Cambusbarron Pharmacy, 4 Main Street, Cambusbarron	10.00am – 11.00am	01786 479079
<u>Wednesday 02 January 2018 (Public Holiday)</u> Boots the Chemist, 34-41 King's Mall, Thistle Centre, Stirling	10.00am – 5.00pm	01786 473628
Superdrug Pharmacy, Ochilview Mall, Thistle Centre, Stirling	10.00am – 5.30pm	01786 473548
Lloyds Pharmacy (Sainsbury Store), Drip Road, Stirling	8.00am – 9.00pm	01786 445121
<u>FALKIRK AREA</u>	<u>Opening Time</u>	<u>Tel. Number</u>
<u>Tuesday 25 December 2018 (Public Holiday)</u> Lloyds Pharmacy, 316-318 Main Street, Camelon	9.00am – 10.00am	01324 624491
<u>Wednesday 26 December 2018 (Public Holiday)</u> Boots the Chemist, 79-91 High Street, Falkirk	9.00am – 5.00pm	01324 620535
<u>Tues 01 January 2019 (Public Holiday)</u> Lloyds Pharmacy, Hallam Road, Stenhousemuir	11.00am – 12noon	01324 562007
<u>Wednesday 02 January 2018 (Public Holiday)</u> Boots the Chemist, 79-91 High Street, Falkirk	9.00am – 5.00pm	01324 620535
T. McLean & Sons, 13 King Street, Stenhousemuir	9.00am – 1.00pm	01324 553323

<u>GRANGEMOUTH / BO'NESS AREA</u>	<u>Opening Time</u>	<u>Tel. Number</u>
<u>Tuesday 25 December 2018 (Public Holiday)</u> Lindsay & Gilmour Pharmacy, 16 Central Avenue, Grangemouth	9.00am – 10.00am	01324 482079
<u>Wednesday 26 December 2018 (Public Holiday)</u> Boots the Chemist, 32-34 La Porte Precinct, Grangemouth	12noon – 4.00pm	01324 482118
<u>Tues 01 January 2019 (Public Holiday)</u> Boots Pharmacy, 60 South Street, Bo'ness	12noon – 1.00pm	01506 822106
<u>Wednesday 02 January 2018 (Public Holiday)</u> Boots the Chemist, 32-34 La Porte Precinct, Grangemouth	12noon – 4.00pm	01324 482118



**Harm Reduction Service
2018/2019 Christmas and New Year period**

Date	Venue	Location	Opening Hours
Mon–Fri 17 th - 21 st Dec - normal hours Closed Tues. 25th & Wed. 26th Dec Thur– Fri 27 th -28 th Dec – normal hours Mon 31 st Dec. normal hours Closed Tues 1st & Wed 2nd Jan Normal hours from 3 rd Jan 2019	Signpost	Cooperage Way, Alloa	9am - 5pm

For naloxone training and supply, contact Signpost Recovery ☎ 01259 272112

Community Pharmacies engaged in Injecting Equipment Provision (IEP)
Opening times are detailed in appendix 1.

Area	Pharmacy	Address
Clackmannan	R&J Marshall	130a Stirling Street, Alva
	Lindsay & Gilmour	81 Main Street, Sauchie
	Lloyds	Marshall, Alloa
	Boots	4 Tron Court, Tullibody
Falkirk	Lloyds	29 La Porte Precinct, Grangemouth
	Lloyds	96/98 Grahams Road, Falkirk
	Lloyds	1 Stirling Street, Denny
	Graeme	308 Main Street, Camelon
	AD Healthcare	94 Main Street, Larbert
	Boots	60 South Street, Bo'Ness
Stirling	Lindsay & Gilmour	5 Firs Entry, Bannockburn
	Lindsay & Gilmour	15 Bannockburn Road, St. Ninians
	Plean Pharmacy	Braefoot, Main Street, Plean
	Lloyds	39 Bannockburn Road, St. Ninians
	Superdrug	Thistle Centre, Stirling
	Cornton Pharmacy	54 Johnston Ave., Cornton

Pharmacies engaged in **naloxone provision** are listed on the [Forth Valley ADP website](#):



Signpost Recovery Forth Valley availability over 2018/2019 Christmas & New Year

Signpost Recovery helpline ☎ 01259 272112 or
0845 6730 1774

Date	Service Status
22 nd December	09:00 – 13:00 Telephone service
23 rd December	Closed
24 th December	Normal Service
25 th & 26 th December	09:00 – 13:00 Telephone service
27 th December	Normal Service
28 th December	Normal Service
29 th December	09:00 – 13:00 Telephone service
30 th December	Closed
31 st December	Normal Service
1 st & 2 nd January	09:00 – 13:00 Telephone service
3 rd January onwards	Normal Service

Contact	Contact Number	Availability
Addictions Support & Counselling	01324 874969	<p>Normal hours 9:00am to 5:00pm Mon-Fri 17th to 21st December 2018</p> <p>Festive Period Closed: Tuesday 25/12/18 & Wednesday 26/12/18 Tuesday 01/01/19 & Wednesday 02/01/19 Normal Hours from 3rd Jan 2019</p>

MOBILE HARM REDUCTION OUTREACH VEHICLE TIMETABLE
Lynn – 07970 786372 OR Lisa – 07837 756112
Main Office – 01259 272112

MONDAY'S

FALKIRK – BAIRD AVENUE CAR PARK, CAMELON	10:00AM – 12:00PM
FALKIRK – SALVATION ARMY WOODSIDE COURT	12:45PM – 2:00PM
GRANGEMOUTH – ABBOTSGRANGE RD CAR PARK	3:00PM – 4:00PM

THURSDAY'S

STIRLING – MAXWELL PLACE (OUTSIDE FUBAR)	1:30PM – 2:30PM
STIRLING – SALVATION ARMY RAPLOCH	3:00PM – 4:15PM

FRIDAY'S

FALKIRK – CALLENDAR ROAD	1:00PM – 4:00PM
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**IEP services also available at Signpost Recovery, Units 1&2, Block 7, Cooperage
Business Village, Cooperage Way, Alloa, FL10 3LP:**

**Monday, Wednesday, Thursday and Friday 9:00am – 4:45pm
Tuesday 9:00am – 7:45pm**

Forth Valley Substitute Prescribing Services 2018/2019 Christmas & New Year

1. CADS, ARS, FVSTS

Contact	Contact Number	Availability
Prescriptions: Falkirk Stirling/Clacks	01324 673670 01786 434433	Normal hours 8:30am to 5:00pm Monday to Friday 17 th to 21 st December and from 3 rd January 2019 Festive Season Closed: Tuesday 25/12/18 & Wednesday 26/12/18 Tuesday 01/01/19 & Wednesday 02/01/19
Key workers Falkirk CADS/ARS Stirling/Clacks CADS/ARS FVSTS	01324 673670 01786 434430 01786 434165 Or keyworker mobile	

2. Substance Misuse Pharmacy Team

Contact	Contact Number	Availability
Pharmacy advice	01786 454798 or 01324 567616 or Mobile: 07920 711 033	Normal hours 8:30am to 5:00pm Monday to Friday 17 th to 21 st December Available: 26 th , 27 th , 28 th December 2018 And From 3 rd January 2019

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