



Forth Valley ADPs

Responding to alcohol use in the over 50s

Do you support or work with someone over 50?

Harmful drinking is decreasing in every other age group in the UK, except in older adults. However, despite the biological and physiological changes people go through as they age and the extra risks this can cause, alcohol related harm within this population remains a largely hidden problem.

Research has shown that 4 out of 5 adults at risk from their drinking had never been asked about their drinking by family, friends or health workers.

We are hosting free alcohol and ageing sessions to help you recognise and respond appropriately to alcohol use in the ageing population, as well as to consider some of the challenges we face in engaging with this age group.

Sessions are free to attend.

Date: Thursday 12 September 9:30am - 4:30pm

Venue: Signpost Recovery, Cooperage Way, Alloa FK10 3LP

Booking Information:

To Create an Account and book a place follow this link: [**Drink Wise Age Well**](#)

Please contact SDF Administration Team on: 0141 221 1175 or email: enquiries@sdf.org.uk if you have any general queries about these events.