



Forth Valley ADPs

Introduction to Trauma

An introduction to the relationship between trauma and problematic drug and/or alcohol use.

This training will introduce the theory of trauma and will enable participants to identify and implement practical strategies to appropriately support service users who may experience trauma.

This training will allow support workers, project workers and other staff to become trauma-informed within their practice.

Learning Outcomes

- By the end of the session participants will be able to:
- Recognise the different types and causes of trauma which may be experienced by clients.
- Identify behaviours and coping strategies associated with trauma.
- Describe the relationship between drug/alcohol use and trauma.
- Recall techniques for managing disclosure of trauma.
- Identify how to support clients who may be experiencing trauma.
- Demonstrate trauma-informed practice.
- Identify techniques to recognise and manage issues experienced by supporting staff, eg. vicarious trauma.

Date: 5 September 2019 - Training will run from 9.30am - 4.30pm.

Venue: Forth Valley Sensory Centre, Redbrae Road, Camelon, FK1 4DD.

Booking Information:

To book a place please follow this link: [**INTRODUCTION TO TRAUMA**](#)

Please contact SDF Administration Team on: 0141 221 1175 or email: enquiries@sdf.org.uk if you have any general queries about these events.